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MK NEWS

Wakeboarders a wow at Willen

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Mosque visit by prison officers

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

PRISON staff have visited a city mosque to help prevent young Muslim prisoners from being 'radicalised' by extremist inmates.

Luke Serjeant, governor of Woodhill prison on Tattenhoe Street, said staff aim to develop better understanding and links with Muslim communities to help protect the 100 Muslim prisoners at Woodhill from being targeted by Islamic extremists.

Mr Serjeant was featured on Channel 4 documentary Dispatches on Monday night, as it focused on the spread of Islamic extremism throughout British prisons.

The programme revealed evidence that extremists were targeting young, vulnerable inmates who feel alienated from society and want a sense of purpose.

The extremists tell the youngsters that their criminal activities can be seen as part of a religious war against non-Muslims.

Mr Serjeant told MK NEWS the prison service is taking the issue very seriously, but that prison officers can only play a limited role in tackling the problem.

One of the ways the service is responding is to provide a carefully vetted Islamic leader, or Imam, in each jail to guide and teach followers of the religion.

"There are some extremist prisoners in the prison system who will take the opportunity to distort the teachings of the Koran, so the role of the Imam in setting the context and counter-balancing any extreme views is very important," said Mr Serjeant.

"The answers do not just lie with me, or with the prison officers working here, they must come from the Muslim community to have credibility with our prisoner population."

To this end, staff at Woodhill visited the mosque at Granby earlier this month.

"They were made to feel very welcome, were able to observe the Friday Prayers and have reported how helpful this visit was in gaining a better understanding of the faith," added Mr Serjeant.

"We hope to continue to build on this with further visits and continue to develop our understanding and links with the Muslim communities across Milton Keynes."

What are these officers doing limbering up? See page 9 to find out

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Crash, bang, wallop – emergencies go on priority hit list

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

FLU, road accidents and explosions are among the top major risks to residents of Milton Keynes this year, according to emergency planners.

A list of the top risks identified for Milton Keynes has been drawn up by emergency planning officers at Milton Keynes Council, together with the police, fire and ambulance services, Milton Keynes Hospital, the local primary care trust (PCT) and other partners.

The potential risks are prioritised using national criteria and the likelihood of something happening.

Top of the list this year is influenza pandemic, followed by major road traffic accidents, major explosions, gas shortage, heatwave and flooding.

A spokesman for Milton Keynes Council said: "These priorities are reviewed annually, but of course we do meet regularly with our partners.

"The 'top' risks are rated based on the seriousness of the event and the likelihood of it happening.

"For example, the influenza pandemic has been identified by the World Health Organization as a very serious threat, which will happen at some stage. The impact of pandemic flu is measured in millions of fatalities worldwide, hence a maximum rating."

The council is currently drawing up plans to prepare for any spread of an influenza pandemic, including schemes to make sure if much of the city's work force becomes ill, staff at the council are able to concentrate on supplying the vital needs of the community.

The planners are also working with partners including the PCT and hospital to make sure all of the services' plans complement one another.

Soap star to play Peter Pan

TV star Louisa Lytton has been announced to play the title role in the city's Christmas panto, Peter Pan.

The actress best known for her work in The Bill and Eastenders will take on Henry 'The Fonz' Winkler who will play the dastardly Captain Hook.

Louisa starred as the gangster's daughter Ruby Allen in BBC1's Eastenders and more recently as the likeable PC Beth Green in ITV1's long-running police drama.

She was also on the hit BBC show Strictly Come Dancing and was named Sexiest Female at the British Soap Awards in 2006.

Speaking after the announcement, Louisa said: "I'm so excited, what a way to start my panto career – playing Peter Pan. I never thought I would be sword-fighting with Henry Winkler."

Peter Pan is at MK Theatre from December 5 to January 18, 2009.

To book tickets call 0870 060 6652 (bkg fee) or visit www.milton-keynestheatre.com

Second tier of Dons' stadium put on hold

MK DONS fans will have to wait a little longer before their stadium is completed.

Plans to finish the upper tier at stadiummk, known as phase two, have been put on hold.

More than 17,000 fans attended MK Dons' final match of the season in May.

But for the new season the capacity will remain at 20,000 in the lower bowl.

During the close season builders have been working hard on the corporate boxes that will provide extra income needed to continue developments elsewhere.

The 54 west stand upper tier boxes are set to be open in August in time for the new season.

They will include a private balcony with padded seats for ten people and will eventually double-up as pitch view rooms for the hotel which is hoped to be open by April next year.

"We're getting on with things," said MK Dons chairman Pete Winkelman, "we're doing it slower than we would have liked but if you come to the stadium every day you can see work is going on.

"But it's not happening like it did a few years ago."

Winkelman also admitted the progression of phase two had been hit by the current financial crisis as developments surrounding the stadium at the Denbigh north site, which were due to fund the upper tier, have ground to a halt.

"The credit crunch and complete change in the economy of course effects major developments and it's definitely effecting us with the stadium.

"The big capital expenditure, property developments are on hold. Whether Marks and Spencers end up on the M&S site, we'll have to see in the future.

"That development is key to the completion of the upper part of the stadium."

However, there is good news for Dons fans when it comes to watching the game.

The wheels are in motion to have a large screen which doubles up as a scoreboard in place for the new season. It will be situated in the north end of stadiummk, just left of centre.

To start with the match will not be shown on the big screen, although it is hoped that will be possible later down the line.

However, it is likely to screen interviews before the match, the Dons Show and goals from previous games.

Wakey, wakey!

WILLEN Lake was taken over by adrenaline junkies at the weekend.

The world's best cable wakeboarders were in the city to take part in The European Cable Wakeboard Tour.

Thousands of people watched the spectacle which was also blessed by fine weather.

Competitors came from Europe, Africa and the Middle East to entertain in the UK leg which contributed points to their world rankings and their World Championship status.

The three day event, which started on Friday, had five categories which include open women, open men, junior ladies, junior men and masters men.

WakeMK ensured the whole family enjoyed the action packed weekend by providing live music with a range of bands performing.

Hero dad applauded

Father cared for Chernobyl kids

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A HERO dad who offered hope to children from Chernobyl and Milton Keynes has received an award for outstanding achievement in fatherhood.

While John Moffoot, head of democratic services at Milton Keynes Council, is keen to play down his efforts, hundreds of people applauded him at an award ceremony by the Milton Keynes-based charity Fatherhood UK.

John has raised two sons with his wife Muriel but has also cared for orphans of the Chernobyl disaster and deprived children from Milton Keynes.

After receiving the award he told MK NEWS: "I had no idea about this at all.

"We work on the basis that all kids are fundamentally good.

"We've given them things to fulfil their lives.

"If they are given the proper background and upbringing there's no reason why they won't become good citizens."

Fatherhood UK aims to empower and assist men, fathers and families, with the belief that a father's positive interaction in a child's life promotes healthy families as well as safe and stable communities.

John helped to establish a local branch of Friends of Chernobyl's Children and cared for two young children, Egor and Loisha, offering them a safe home to escape and play for over five years.

In 2005 he contacted the council about fostering children from Milton Keynes and is now caring for an 11-year-old girl until she turns 18.

John said: "We decided it was a good thing to give a home to needy children and there are a lot of needy children in Milton Keynes.

"It's great to see youngsters from deprived backgrounds fulfil their potential.

"I hope this publicity can be good for foster carers and fathers around the country."

City petrol stations run dry

AT least five petrol stations in Milton Keynes were hit by shortages during the fuel strike this weekend.

Four Shell garages ran out of supplies of petrol and diesel fuel on Monday morning after UK-wide action by 600 Shell drivers in a dispute over pay.

The four day strike ended at 6am yesterday morning.

The Shell garages affected in Milton Keynes were Bleak Hall, Leadenhall, Stacey Bushes and Blakelands.

The Tesco garage in Wolverton also ran out of unleaded petrol on Sunday afternoon.

However, a spokesman for Milton Keynes Council said the city was not badly hit and all Shell sites in Milton Keynes were expecting a delivery yesterday afternoon.

In a statement issued yesterday morning Shell, which owns ten percent of the UK's forecourts, said they were busy scheduling more than 400 deliveries in the next 12 hours.

'We want to thank our customers for their continued patience,' it said.

On Monday a poll of Shell sites indicated that nearly half of the 582 Shell owned sites in the UK were affected by serious shortages of both unleaded and diesel supplies and 120 had ceased all fuel trading as a consequence of Unite's industrial action.

A Tesco spokesman said a rush to the pumps has caused the shortages at other stations.

"Tesco is experienced in coping with these types of situations and we will work hard to keep pumps supplied and open," she said.

"People are seeing media reports and some are changing their buying habits and in some cases pumps are being emptied faster than we can fill them."

Talks aimed at resolving the dispute are taking place between employers and the Unite officials.

Shell tanker drivers have warned that they will hold a second four-day stoppage next weekend if an agreement cannot be reached.

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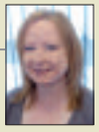

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Park in wrong country

SIR – Forgive my cynicism, but I would suggest that if Bletchley Park had been part of the history of the United States of America, Germany, Russia, France, Australia or Canada, the whole campus would have been made into the most fabulous museum years ago.

Successive British governments, and in particular the present anti-history incumbents of Westminster, since the Second World War have failed to honour and respect the memory of just how important Bletchley Park was to the Allies winning that devastating war.

Rather, they have wasted money on ventures such as the useless Dome, and the escalating costs, (and dubious benefits) of the Olympics, illegal wars in far off lands, and other schemes that have wasted money that could have been used to make Bletchley Park a state of the art place to be really proud of.
Walter J Bourne
sent by e-mail

Lottery should pay for Bletchley Park repairs

SIR – I read with interest your recent piece on Bletchley Park.

Let me add my voice to those who are appalled that it is short of funds for even basic maintenance.

I think it is a great shame that the National Lottery has not seen fit to provide more (any?) support.

Not only did Bletchley Park play a crucial role in the Allies defeating Germany in the Second World War, it now houses some excellent museums and collections showing aspects of life in the 1940s, plus a Churchill museum and a computer museum.

On a more local note, I live in Shenley Brook End, not far from what, in the war was, the Rose & Crown pub where Alan Turing was billeted.

This is now a private house, but it's a great pity that there is no plaque just outside the gate to honour Turing who is not only, by far, Shenley Brook End's most famous resident but also the world's most distinguished pioneer in the development of the digital computer (a British, not a US invention).

Barrie W Jones
Emeritus Professor of Astronomy
UK

Value added school

SIR – Your report last week referred to the Government's apparent warning to three of our schools.

I have been fortunate to have done some exam invigilation at Leon recently.

I can only say that I found the pupils reasonably behaved, motivated and smart.

The teachers and support staff were generally keen, interested and welcoming.

The school itself felt lively with lots of building work and walls full with news of ideas, projects and plans.

The whole place had a bit of a buzz and I can only say that anyone judging a school like Leon should look at the bigger picture and the 'value added' by the whole education experience.

I am sure they are building on the positives identified by Ofsted and working hard on the improvement opportunities.

I wish them well.
Richard Moore
Bletchley

■ SIR – I write with reference to your article 'Closure threat to quarter of city secondary schools' last week.

It is simply not good enough to inaccurately describe Sir Frank Markham School as 'the city's worst performing school' when there is now an abundance of evidence to demonstrate that this is far from the truth.

In November 2006 Ofsted described the school as 'rapidly improving', and as your own paper reported earlier this year (Top Ofsted marks for school set to face the bulldozer)

When we were re-inspected by Ofsted this January we were judged to be satisfactory overall with good and outstanding features.

Our value added figure for students at age 14 (the measure of progress students make in their first three years at secondary school) has for the last two years been the best out of all the secondary schools in Milton Keynes, and the percentage of our students achieving five or more higher grade (A*-C) passes at age 16 improved in 2007.

It is true that our percentage of students achieving 5A*-C passes including English and Maths last year was lower than the other secondary schools in Milton Keynes, but this is just one of a range of indicators that inform judgements about the progress of the school.

Enabling more students to achieve five or more A*-C passes including English and Maths is important and is a key priority for the school.

This summer we are confident of achieving our best GCSE results, and within this improvement expect the percentage of students achieving the above to more than double.

The hullabaloo in the national and local media last week about supposedly failing schools, apart from being grossly misleading, was based on evidence that is almost a year out of date. What really matters is what schools are doing now to improve standards, and whether they are on an upward trajectory that will secure lasting improvement.

Improvement that is sustainable takes longer than quick fixes, and, rather than crude and misleading naming and shaming, what schools like ours need to help them reach what are rightly ambitious targets is a judicious blend of challenge and support.
Mike O'Mahony
Headteacher, Sir Frank Markham Community School

Best laid plans?

SIR – Milton Keynes Council does acknowledge that it ultimately is the planning authority and therefore Chris Williams and the leader of the council are in charge.

However, it would always seem that English Partnerships via the Government and Milton Keynes Partnerships are leading and running all debates on expansion, the crass development of CMK and grid roads.

Traffic signals are appearing every where such as at Ashland and Portway.

MKC is proving to be the EP's poodle and I am not aware of it ever winning an argument or debate within MKP.

A look at CMK reminds one of the eastern bloc or even Peckham and Thamesmead.

The sanctioning of the latest carbuncles is a resignation matter. CMK is now a disaster and all plans for new development have to be put on hold and reviewed.

The Hub is a disgrace to any decent planner and architect who considers their skills to be of any merit.

What on earth is Access or whatever it is called and as for the 'council' flats with the balconies they are a blot on OUR skyline.
Paul Bartlett
Woodside, Stony Stratford

Rats running riot

SIR – I have had numerous reports from residents on Coffee Hall concerning the number of rats that are running around the estate.

There are so many now that they are constantly being seen during daylight hours.

I have taken the issue up with the council several times, but it appears to be ignorant of the fact and is not prepared to take any action to resolve the issue.

The only thing it is prepared to do is charge each resident £20 if they are on benefits or £40 if they have an income. This situation should not be allowed to continue.

It is not an isolated incidence in one or two gardens, it is an estate problem and, as such, needs to be dealt with without charging each individual resident.

The council needs to realise this and take action.

Many of the rats are going through gardens and getting into bin bags and eating food put out for the birds, but I am convinced that they are living in the many bushes and open spaces that we have on Coffee Hall.

Residents can help by making sure that there is nothing in their gardens for the rats to eat.

I will be taking this issue further with the council to try and get itto deal with this major health problem as a matter of urgency.

However I would be grateful if through the publication of this letter, residents could contact me and let me know if they are also aware of this problem or indeed are plagued by rats.

Residents can e-mail me on Steve.Coventry@milton-keynes.gov.uk or can write to me at: Councillor Steve Coventry, Members Services, Milton Keynes Council, Civic Offices, Central Milton Keynes, MK9 3EJ.
Cllr Steve Coventry
Woughton Ward

Salute the 'Specials'

SIR – I saw your piece on the PCSOs. It gave a good description of what duties they carry out serving the community.

I wonder if you could do a piece on the Special Constables who have got the same powers and carry out the same duties as a normal police constable but get paid absolutely nothing.

I think these people deserve all the credit and are the real community officers, not the people who get paid £18,000 for doing in my view the same as a traffic warden or lollipop lady or neighborhood watch person.
Dave Neil
(Special Constabulary champion)

Vote changer

SIR – Prior to the local election, the Tories were arrogant enough to publicly state that they would be the largest political group and that they would be running the council from May 2008. Wrong!

So when they didn't like the leader, chosen by the opposing Liberal Democrat group ,the y threw a tantrum.

Firstly, they tried bullying and harassing the Liberal Democrat group into changing its leader and when that didn't work, they endeavoured to change the rules of the game by putting in amendments to a full council meeting, to make changes to the councils constitution.

When the Liberal Democrats stood their ground and said either Isobel McCall for leader or the Tories could take control of the council, the Tories showed just how spineless they are and backed away.

In the meantime, the Labour group, small as they are, bleated on about how naughty Cllr McCall had been with regards to the new school build programme, completely forgetting that when the Labour group ran the council, no new schools were being built!

The Tories wanted strong leadership and the Liberal Democrats, under Isobel McCall have shown that.

What the Tories have also succeeded in showing, is that Cllr Geary is a weak leader, who cannot control his own group.

Nice one Liberal Democrats! You have won back my vote! Now go out and run this fine city as well as you have done for the last few years, and good luck to you!
Name and address supplied

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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Fund raiser April Staff waves to family and friends

Cancer cash raisers drop in to Xscape

ONE hundred people plunged from the roof of the Xscape building at the weekend in a daredevil bid to raise funds for cancer victims.

Brave fund-raisers sped down a 100 metre zip line from the roof of the city's most recognisable building on Sunday afternoon.

The group included 58-year-old Jon Matthews, the cancer sufferer who bet on his own survival, BBC radio presenter Luke Ashmead and even MK Dons mascot Donny the cow.

The event was in aid of Macmillan Cancer Support and Mr Matthews has become somewhat of a hero for the charity after placing a winning bet with William Hill at 50-1 that he would beat the survival odds for Mesothelioma.

Mr Matthews,who had been given nine months to live in April 2006, donated some of the £5,000 winnings to Macmillan.

Macmillan fundraising manager Becky Staden said: "We're so pleased that Jon took part, he is a fantastic chap and quite a character.

"His outlook on life is so positive; he is an inspiration to everyone."

Every year over 3,100 people in Buckinghamshire are diagnosed with cancer.

All of the money raised from ZIP:MK will go towards the Milton Keynes Appeal to provide vital Macmillan services in Milton Keynes General Hospital and Willen Hospice.

Tourette's sufferer joins skills contest

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A STUDENT who suffers from Tourette's syndrome is battling to compete against the most skilled young people in the world.

Twenty-one-year-old Justin Wong, 21, from Oldbrook, is one of four students from Milton Keynes College who have made the cut to compete in the UKSkills final.

Justin has battled his disability to excel in his web design course and gain a place in the contest, which aims to celebrate the exceptional vocational talents of young people aged under 22.

Tourette's syndrome is a complex condition that can cause sufferers to make repeated, involuntary movements and sounds.

Justin said: "I enjoy building animated websites, which can be quite complicated but great fun.

"The contest will be quite a challenge for me as I will be under stress and pressure but it's the sort of situation I need to face to improve."

UKSkills finalist Justin Wong

He will compete against hundreds of the nation's top young web designers and graphic designers when they descend on Middleton Hall in the city centre this week to compete for a place in the WorldSkills championships in Canada in 2009.

The national two day final will also include three graphic design students from Milton Keynes College – Dean Collins, 20, Kyla Hillier, 19, and George Allen, 19.

Justin's tutor, Jennie James, said: "Justin came to England from Hong Kong last year because he was eager to extend his education at college.

"We spoke to other students on his course when he first started and they understand his condition and are extremely supportive.

"It's a real boost for him to reach the UK final."

The Worldskills final takes place every two years and attracts around a thousand young people from 52 countries, showcasing skills from IT networking, engineering and design, to landscaping, hospitality and hairdressing.

The UKSkills challenge takes place between 10am-4pm on Thursday and Friday.

Thousands sign on-line Bletchley Park petition

MORE than 3,000 people have signed a petition to save the historical buildings at Bletchley Park.

Last month MK NEWS reported that the home of the codebreakers is in danger of falling apart unless it can raise millions of pounds.

The independent petition was launched two weeks ago on the Number 10 Downing Street website by Darren McGuicken, appealing to the Prime Minister to help save Bletchley Park.

The site is recognised by historians for its vital role in helping the allies to win the war but trust director, Simon Greenish, says that the charity has no money to repair its rotting buildings.

Sign up at: petitions.pm.gov.uk/BletchleyPark

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Meet the community de-buggers

A team of three women have taken the battle against super-bugs into the community. Reporter ROB GIBSON met the pharmacist who is trying to drive home the truth about anti-biotics and infections.

Naomi Fleming and Zoe Parmenter outside Willen Village Surgery

SO-CALLED 'superbugs' have featured heavily in the news over recent years, usually alongside the phrase 'dirty hospital'.

But last year boardroom staff at Milton Keynes Hospital began talking in earnest about 'community-aquired infections' - patients who already had an infection before coming into hospital.

Understandably, the hospital wanted the figures to distinguish between hospital case of infections and community ones.

It is surprising to hear that the infection called C diff (Clostridium difficile) is nearly as common in the communities of Milton Keynes as it is on the hospital wards.

There were 79 cases of . diff detected within the community in Milton Keynes between April 2007 and April 2008 - there were 127 at the hospital.

This is part of the reason that Milton Keynes Primary Care Trust (MKPCT) made a bid late last year for two posts specifically targeting infection control in Milton Keynes.

Step forward Naomi Fleming.

Naomi is an anti-biotic pharmacist, funded by the Department of Health, who specialises in the link between anti-biotics and infections acquired during health care.

Over the last six months she has been working for the PCT, visiting GPs, walk-in centres and pharmacies educating patients and doctors about the risks of anti-biotics.

"My role is to support anyone who prescribes anti-biotics," Naomi said.

"That includes GPs and dentists."

Naomi's comrades in this war include an administrative assistant and an infection prevention and control nurse who specifically works at nursing homes around the city - a major area of vulnerability for C. diff.

C diff is a bacterium that is present naturally in the gut of around three per cent of adults and 66 per cent of children.

It does not cause any problems in healthy people but some antibiotics that are used to treat other health conditions can interfere with the balance of 'good' bacteria in the gut, causing the C. diff bacteria to multiply.

The resulting symptoms can include what Naomi describes as "watery, smelly, explosive diarrhoea" and fever.

In untreated cases symtoms can lead to a fatal rupture of the colon.

As C diff infections are usually caused by antibiotics, most cases usually happen in a healthcare environment, such as a hospital, or care home.

Older people are most at risk, with 80 per cent of cases occurring in people over the age of 65.

According to trajectories from MKPCT, C diff cases will reach 216 this year, overtaking the number of cases at the hospital, predicted to reach 117.

The problem stems from a more virilent strain of the bacteria as the use of anti-biotics became more common.

So how can Milton Keynes halt the increase?

"If we can reduce anti-biotic prescriptions, we can reduce it," Naomi said.

"People ask for anti-biotics but they aren't aware that C. diff can be a side effect. We've been asking patients what they know about anti-biotics and showing them they don't know everything. You might just cause yourself more problems down the line if you take them."

Naomi has been working to cut back the prescription of certain anti-biotics, such as cefalexin, to high risk groups.

She believes that an important part of her job is to remind GPs of the risks and the PCT has identified a list of the 10 surgeries that have the worst record for anti-biotics prescriptions.

Naomi said: "Since I've been doing the project they've improved and the prescriptions are falling.

"We've worked with the patients so that their expectations to receive anti-biotics aren't as strong.

"A lot of the time people want them to validate their illness or to satisfy their work place that they're sick.

"But a simple letter from your GP can do that, without the use of drugs."

Another tool used to reduce unnecessary prescriptions is a non-prescription pad, issued by GPs, which includes a list of effective alternatives such as drinking more water.

Pharmacies also have an important role to play by educating customers and staff alike.

Stickers are now being used on drug packets which indicate whether there is a risk of C. diff for that course of medication.

Future plans for Milton Keynes include presentations to elderly people, through Age Concern, and meetings with non-medical subscribers such as community matrons.

The Department of Health will only fund Naomi's position for a year so she could be released if Milton Keynes PCT decides it can not support the role.

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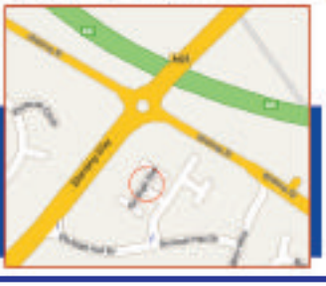

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MK Council queen retains her crown

THE council leader has won the battle to keep her seat after a back down from the Labour Party.

At last Tuesday night's council meeting (June 10) Labour leader Norman Miles announced that his party would do nothing further to obstruct the formation of the Liberal Democrat administration.

This meant a Conservative motion to change the council's constitution to allow for the leader and the cabinet to be removed more easily failed to be passed.

Instead, the issue was referred to an all-party constitutional review commission.

The leader, Isobel McCall, emerged with her political crown intact and an eight-member cabinet was elected.

Decision-making, which for the past three weeks has been carried out by unelected officers, has now returned to cabinet members.

Labour leader Cllr Norman Miles said his party were between a 'rock and a hard place' as they were forced to decide who should form the administration.

He said they had to choose between the Conservatives, many of whose policies they do not agree with, and a party with an 'unacceptable' leader.

"We have made a decision that is in the best interest of Milton Keynes as a whole," he said.

"We have not reached it happily, easily or contentedly."

He added that the council was being watched by the nation and must show its ability to govern itself effectively.

Council chief executive, Kate Page, warned there would be 'serious consequences' if the deadlock was not resolved.

The saga began as the opposition groups were calling for the council leader to be replaced due to mistakes made during the school build 'fiasco'.

Council leader Isobel McCall in a City Of Dreams T-shirt

At the meeting, Cllr McCall apologised to the council for her role in the problems, but called for the issue to be laid to rest.

"Tonight I repeat my personal apology for the distress caused to children, parents and teachers by the failings of the council whilst I was leader," she said.

"The school community wants to move on," she added.

"The audit committee and scrutiny process will ensure that the lessons learned are being put into practice so that the council doesn't fail schools in this way again."

After the meeting Conservative leader Andrew Geary said his party would never let Cllr McCall forget the major failures of her administration.

He added that the Conservatives may have been disappointed on this occasion but have won the moral high ground.

"We made it clear that we believe Isobel is not fit to be leader and we stand by that view," he said.

The cabinet now consists of leader Isobel McCall and seven other Liberal Democrat councillors.

Cllr McCall is responsible for social inclusion, cohesion, equalities, regeneration, Central Milton Keynes and community strategy.

The other cabinet members will work in teams covering people, place and resources.

Cllr Sandra Clark is responsible for children, Sam Crooks for finance, Rosemary Drewett for social care and wellbeing, Philip Gerrella for resources and performance, Douglas McCall for sustainable development, Vanessa McPake for community (including community safety, libraries and leisure), and Chris Williams for environmental services and housing.

Know these men?

THESE two men are wanted by police in connection with a theft at Leon School in Bletchley.

The pair were caught on CCTV footage shortly after 1pm on Wednesday, May 21.

The offenders walked into the school grounds and into the classrooms before picking up a laptop belonging to the school and walking back out.

Anyone with information can contact PC Sarah Pritchard on 08458 505505 or the Crimestoppers charity anonymously on 0800 555111.

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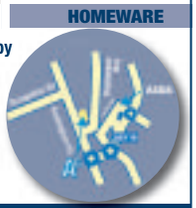
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‘Ordinary’ enough to be a magistrate

In just one building Milton Keynes’ magistrates see everything: murderers, rapists, muggers, fraudsters and thieves. In fact, the voluntary magistrates see 100 per cent of court cases and deal with 95 per cent of them. But who are these 150 people sifting through the city’s conveyor belt of crime. How and why did they take on the role of Justice of the Peace? Reporter JESSICA CUNNIFFE met the city’s bench chairman, Chris Rose, to find out

Chris Rose

HOW does someone step up to being a beacon of morality, a pillar of the community and upstanding member of society?

It may be a tall order, but Chris Rose says it simply requires one attribute – being ‘ordinary’.

During 16 years as a magistrate, Mr Rose has used common sense, the ability to take reasoned decisions and a knack for listening in the 600-odd cases he dealt with.

“Magistrates are no longer lord of the manor and a lady with a flowery hat: this is Milton Keynes, this is real,” he said.

“You have to have had a bit of life experience, you don’t need to be squeaky clean, just need time to put in, some support and referees.

“Other than being aged between 18 and 70, there are no real special qualities needed.”

‘Magistrates in the Community’ is the organisation seeking to spread this message and recruit varied volunteers.

“We want to dispel the myth, we want to reflect the population of Milton Keynes,” said Mr Rose.

“We are all different – people of all ages, races, ethnicities and politics.

“There are obvious gaps. We do need more young people.”

The fact that magistrates must sit a minimum of 26 half days each year and undergo an ‘awful lot of training’ means creating a cross section of society is difficult.

And though travel, subsistence and loss of earnings are reimbursed, it is the necessary time commitment which comes between the magistracy and diversity.

But for those who can take on the role, it is the unpredictability which makes it so worthwhile.

“You expect anything,” he said.

“That’s part of the job. You come in here, you pick up a list and don’t know what will be on it.”

The most rewarding part for Mr Rose is the impact he can have on people’s lives, particularly in family courts.

“There are times when you’re officiating making adoption orders,” he said.

“You are setting a child off with a secure future. How many people can say they’ve done that?

“That’s a highlight.”

The downside is the recurring problems, the futility of dishing out sentences – especially to those people that are up in court again and again. As Mr Rose puts it, ‘we are a busy court’.

“There are a lot of drug problems, there are a lot of alcohol problems,” he said.

“The city centre culture of late night drinking to excess has increased – it is not good for Milton Keynes.”

But his reasons for continuing the job are the same as his reasons for starting it.

“I came to Milton Keynes in 1973 to work in the development corporation. It’s home, I believe in it, and I am putting something back.”

Just as he can point to a patch of the city’s greenery and take credit, he can also lay collective claim to the law and order that is equally abundant.

Of course, Mr Rose, like his peers, came to the role with no prior legal knowledge. The legal advisors’ expertise is always followed, as well as rigid guidelines.

“It is very structured. We look at the offence and whether there are aggravating and mitigating factors.

“In a logical fashion we come up with an answer for that offence.”

But together with this step-by-step formality, humility is also required.

“We are not shelling peas, it is important we treat them as individuals and consider their circumstances.

“Seeing the defendant is part of it – it’s part of the decision-making process.”

He insists that all that is required to make these judgements is being ordinary.

And, as if to prove his own ordinariness, the bench chairman admits that even his own mobile phone has gone off in a hushed court.

Clockwise from top left: Lovat Fields residents went for a Greek theme. The long arm of the law joins in the warm-up. Get a hat, get ahead. Mary Exton and Shirley Balchin. Joan Khan holds out an olive branch. Going Dutch.

Willen Brolly Walk raises £17,000

EVERYONE had a brolly good time at Willen on Sunday.

The ExtraCare Charitable Trust's sponsored Brolly Walk around Willen Lake raised over £17,000 on Sunday.

Residents from the Charity's Lovat Fields Village in Willen joined over 700 participants.

Patricia Smith, from Bletchley, was the lucky winner who received two tickets to travel on The Orient Express Northern Belle for a day after she entered a charity competition in MK NEWS .

The competition was run to encourage support for the event.

Patricia said:†"I am thrilled with the prize and I really enjoyed the walk – it was a great day out with lots of activities, dancing and thrills – I even had a go at morris dancing."

ExtraCare's Brolly Walk is raising money for older people as part of the Charity's health, well-being and fitness programme.

Ann Allen, ExtraCare fundraising manager, said: "Over 1,000 miles were covered by our residents, their great grandchildren and many local families. The route was packed with activities from abseiling to circus skills, with amazing support from our volunteers and local businesses. It was a great community fundraising day and we would certainly like to do it again."

Fingerprint ID at police fingertips

Fingerprint identifier: The Lantern

BY ROB GIBSON

rob.gibson@mk-news.co.uk

DEAD bodies found by police could be identified much sooner as local officers trial a mobile fingerprinting device.

The new device – the Lantern – is being tested by officers in Milton Keynes in an attempt to speed up the identification of suspects and bodies.

It is the first time officers have been able to confirm a person's identity without returning to the police station.

The Lantern works by electronically scanning the subject's index fingers and sending the reading, using encrypted wireless transmissions, to the national fingerprint database where it is matched against 7.5 million prints.

Possible matches are identified and transmitted to an officer in less than five minutes.

The force believes that custody suites will have to process less prisoners as a result.

Another benefit is the identification of bodies, enabling the next of kin to be contacted without delay and also saving enormous amounts of time and cost in initial enquiries to identify the deceased.

Acting Inspector Nigel Welham said: "This device has already saved time for officers and also for the people that we deal with.

"It confirms to officers whether a person really is who they say they are and prevents unnecessary arrests.

"We gained success with the devices on the first day of use, identifying a disqualified driver and also confirming the identity of another offender."

A survey by project managers, the National Police Improvement Agency (NPIA), indicates that the Lantern saves at least 30 minutes a case.

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That's all Folk on the Green

THE ever-popular Folk on the Green took place in Stony Stratford on Sunday. Once again thousands turned out to enjoy the music and sunshine on Horsefair Green.

Top: Crowds enjoy the music in the sun
Left: The Bullfrogs in action
Right: Millie Laws in festival mood
Far right: Too young to care

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Pagoda anniversary

MEMBERS of the Nipponzan Myohoji temple at Willen Lake were joined by high profile guests to celebrate the 28th Anniversary of the Peace Pagoda.

Leading peace campaigner and former general secretary of Campaign for Nuclear Disarmament Bruce Kent, right, came along to join in the prayers during Sunday's celebration.

It's right for songster bros

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

BROTHERS from Kents Hill hope to hit number one with their first UK single.

B-Kay and Kazz, originally from Zimbabwe, were featured in MK NEWS last year after winning the national talent contest Live and Unsigned South Coast Idol Competition.

Their prize was a £20,000 cash investment and a year's contract with Future Music Management.

The money has funded the recording of their first UK single, video and album.

They have also been touring the country and have supported acts such as Omarion, Nathan, Jay Sean, Liberty X, Sean Kingston and Lemar.

Now the singers/songwriters are about to release their debut single You Know It's Right' on July 21.

The brothers, who came to Milton Keynes two years ago to launch their UK music career, hit number one in the South African charts and MTV Base South Africa in 2005.

Bkay said they chose a slow ballad as their first UK single as it appeals to a wide audience.

"I think it targets every genre, we have a slight bit of rap in there, its very cool easy and slow tempo," he said.

The brothers, who also work full time as security guards, hope to reach number one with their own brand of hip hop, R&B and 'soulful' reggae.

Andy Jones, founder of local talent spotters MK Vibe, said: "Bkay & Kazz are one of the original artists we started supporting along with Nemisis and they have performed at most of the events we have put on around the city over this last year.

"These guys are the most hard working, down to earth people you could ever wish to meet and it would be magnificent for Milton Keynes if they can become the first act for as long as anyone can remember to hit the UK charts from this city."

■ You can pre-buy the single by texting UNSIGNED1 to 82822 (costs £1.50) or to preview it visit www.myspace.com/bkaykazz

Simply the best?

IS Milton Keynes the best place to live in Britain?

The city is featuring on a channel Five programme called The Property List tomorrow night (Thursday).

The series presented by Melissa Porter searches for the best places to live in the country.

Each week, the show pinpoints the best locales to start a property hunt using up-to-the-minute industry knowledge.

Milton Keynes was highlighted by The Times newspaper earlier this year as the fourth safest places to invest in property in the UK because of its well-planned infrastructure, excellent transport links and the ease of access to attractive countryside.

This was the reason Milton Keynes is included in one programme in the series based on more for your money property areas.

Managing director of Citrus Relocation Services Limited, Sue Myrie, said: "We were delighted to assist Channel Five in the making of this programme on Milton Keynes and to show that Milton Keynes is not just an exciting city, but one of the fastest-growing areas in the country.

"We are just 34 minutes by train to London, yet property here is such great value for money and the quality of life here is fantastic."

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Prison role in fete at primary school

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE city's high security prison is building links with the community through local schools.

One of Milton Keynes' biggest employers, Woodhill Prison, on Tattenhoe Street, is developing relationships with schools including Longmeadow Primary School, Shenley Brook End, and Milton Keynes College.

The prison, which provides jobs for more than 750 people and dozens of contractors, already has established links with Stantonbury College.

Schools liaison officer John White, who is building the jail's link with Longmeadow, explained why he thinks it is important for the prison to be part of its community.

"I think this is a fresh challenge to the service, especially at Woodhill," he said.

"Before we were just like the place on top of the hill, but now there are people living all around the prison and a lot of people don't know what is going on here."

"A lot of good things happen here and in what we are doing for the local community."

The prison has already given guided tours of the 80 acre site to school governors and staff at Longmeadow, and hopes to open this opportunity up to pupils between 10 and 12 years old, with parental permission, within the next few months.

Woodhill Prison is to play a big role in Longmeadow Primary School fete

Woodhill is also playing a big role in the school's annual fete, on Saturday, June 21, by sending along dog display teams, a Category A vehicle used to transport prisoners, an alarm response vehicle used to patrol outside the prison and control and restraint equipment used in the event of a riot.

The prison recently played host to 50 Milton Keynes College pupils studying public service, giving them a tour and providing a prisoner's perspective, and teaching how the prison operates in the criminal justice system.

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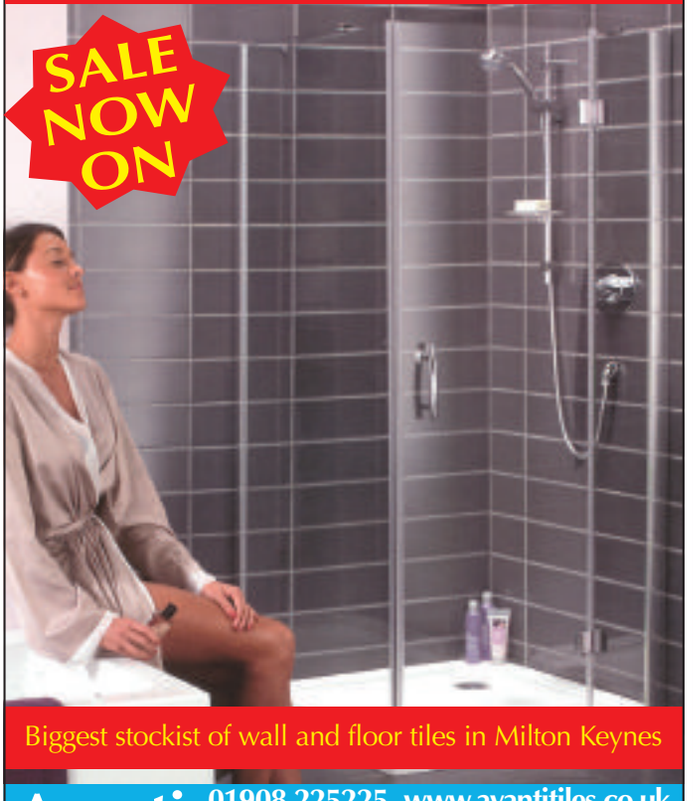

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Crowds enjoy the music at Togfest 2006

There's going to be MUD at Togfest

DOUBLY good, and celebrating it's Tenth Anniversary, The Togfest Music Festival returns to Bradwell Abbey.

With hot news that MUD II, featuring Les Gray's line-up, will be grooming their authentic seventies 'Tiger Feet', and that legendary eighties Prog Rock band, Solstice, are both confirmed for Friday's line-up, looks like this festival once more retains it's reputation as one of the 'not to be missed events' on the MK calendar.

Togfest has always aimed to programme the best artistes from every possible musical genre across it's four stages.

This year is no exception. Around thirty five acts are promised for the festival weekend offering sounds as varied as Celtic rock, Acoustic Folk, Pop, Indie, Ska and Reggae Rhythms, Blues, American Country, Soft Rock, Soul, Latino, Samba, Gospel and lots more from a line-up that not only promotes some of MK's finest, but also musicians from all over the UK.

Stone Foundation, Six Point Five, Terrapin Trainstation, Vikki Clayton, Titan System, Navaro, Yaw Asiyama, Firetone, Liz Simcock, The Red Bullets, Soul Fever, El Mahico, Red Dirt, Togmor, The Zeds, KSJ, Machine, Rogue Poet, Jonny Cope, 3AM, JJ White, Taylor'd Country, The Powders, Dereck Rose, The Bad Habits plus a festival debut from local legends, The Peartree Bridge Family are already lined up.

The event takes place on Friday, June 27 and Saturday June 28.

Friday gates open at 6pm. and sees six bands including Mud II and Solstice, perform on two stages, getting the festival off to a great start.

Between 11am and 11pm on Saturday, some twenty nine more acts perform across four separate stages.

Adding to a great day out will be a variety of other entertainments including free Craft Workshop, Drama and Games Workshop and a bouncy castle for younger visitors.

Learn a new skills and join the Free Didgeridoo or Tuvan Throat Singing workshops!

How good would that be at your next party! Add an Open Acoustic Session, a chance to win valuable studio recording time with Rockhopper Studios, festival stalls, a tempting variety food vendors and real ale. With so much on offer, Togfest has to win a prize for value. At 'earlybird' prices, an Adult Weekend ticket with Camping costs just £24, Friday only ticket £8, and all day Saturday at £10.

The Togfest website at www.togfest.org is well worth a look, constantly updated with news on this year's festival.

More info on 01908 311557.

Six-point plan for city's future

THE city's growth, enhancing quality of life and supporting community cohesion are some of the aims of a regeneration agency in the next five years.

The Milton Keynes Partnership Committee (MKPC) has agreed its business plan, which will help shape the next phase of the city's development.

The plan's six strategic objectives are to contribute to the development and implementation of visionary long term growth plans for Milton Keynes; continue to increase the pace of housing and employment growth at a level consistent with adopted policy; ensure timely provision of infrastructure; enhance quality of life; encourage effective community involvement; and support community cohesion.

John Lewis, chief executive of Milton Keynes Partnership, said: "As we move into an intensive delivery phase for Milton Keynes the Business Plan shows how we aim to achieve our objectives through providing quality new homes, jobs and facilities.

"It is a flexible working document that will take into account changing market conditions and be able to adapt accordingly."

Other key targets in the plan include supporting projects such as the East-West rail link from Milton Keynes to Oxford, and a university for Milton Keynes and, to put key infrastructure in place ahead of expansion by forward funding approximately £311million of infrastructure over the next decade.

The full plan can be viewed at www.mkpartnership.info

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Have your say on new and old parks

MILTON Keynes Parks Trust is inviting all those that use and care about the city's parks and green spaces to attend its first public meeting.

The Parks Trust, a charity dedicated to taking care of the city's major parks and green spaces, including Campbell Park, Linford Wood, Ouzel Valley and Willen Lake, will present details of the new parks to be created as Milton Keynes expands over the next ten years.

The meeting will take place at Campbell Park Cricket Pavilion on Tuesday, June 24 at 6pm and is open for all to attend.

Alongside information about new parks, The trust will provide information on its existing 4,500 acres of parks and green space and will invite people to ask questions about any area of its work.

Anyone unable to attend can submit a question on the trust's website leading up to the event.

David Foster, chief executive of The Parks Trust, said: "We're incredibly proud of our parks, lakes and woodlands and excited about gaining more green space.

"We'd like to share the information about the new parks with people that live and work in the city and discover what people like and dislike about our parks.

"It's a great opportunity to explain how we carefully manage our land and the amount of time and money we spend to ensure that Milton Keynes' great parks are enjoyed by future generations."

The meeting is followed by a presentation and a question and answer session and optional ranger-led tours at the end.

People unable to attend but who wish to request further information about the trust's new parks and activities should visit www.theparkstrust.com

Walkers by the canal in Campbell Park

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Inspectors give school top marks

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A CITY independent school has been praised for its caring atmosphere in an inspector's report.

Bury Lawn School, in Stantonbury Fields, provides a good range of educational opportunities both academic, sporting and cultural according to its latest Independent Schools Inspectorate report.

The ISI carries out the inspection of schools accredited by the Independent Schools Council (ISC).

The latest report stated: 'Bury Lawn School is successful in its aim of providing a family atmosphere in which everybody is valued as an individual and is encouraged to reach their full potential within a disciplined yet caring atmosphere'.

Pupils 'achieve commendable success, take pride in representing their school and take responsibility for improving their performance'.

The school's previous ISI inspection, in March 2002, recommended improvements including to provide a broad and balanced curriculum for pupils in the Foundation Stage and in Years 6 to 11; to have Information and Communication Technology (ICT) facilities freely available at all levels and subjects; and to have sufficient knowledge of the performance of teachers in the classroom and plan suitable training for them.

Top marks: Bury Lawn School has been praised for its caring atmosphere

Headmaster John Moreland, who arrived at the school in September, has been working on plans to address improvements to the ICT and library facilities as well as the continuing professional development of staff.

"Knowing there was a job to do, I came in with a clear set of targets based on both my own expectations as an educator as well as building on the foundations of my staff and management team," said Mr Moreland.

"I am fully gratified that the inspectors vindicated the hard work that Bury Lawn staff and pupils have put in to returning the school to its well deserved former reputation as a friendly family atmosphere where success comes through unlocking the potential of everyone in our community."

The school provides independent education to pupils aged 1 to 19.

Copies of the full report will be available from June 16 on www.isi.net

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COMPETITION

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MK NEWS has teamed up with the Quality Living Health Club in Two Mile Ash to offer one lucky reader membership for a year.

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John is a 55-year-old member within the club, and was beginning to get depressed about his appearance, weight and lack of fitness.

He said: "I didn't have the latest gear and felt uncomfortable when the other members looked at me, but when I arrived at Quality Living the staff concentrated on me and not how I looked."

John was given an initial fitness assessment and six week programme to help get him started, now two months and three programmes later, he has lost 17lbs and feels a lot better about himself.

"Finally I take the dogs for a walk rather than the other way round!" he said.

The club is open to anyone who would like to take a look around and is located at The Quality Hotel, Monks Way, Two Mile Ash, Milton Keynes, MK8 8LY.

HOW TO ENTER

FOR your chance to win a free membership* to the club, simply answer the following question:

Which country is hosting this summers Olympic Games?

Send your answer on a post-card, along with your name, age, address and daytime telephone number, to MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU or email competitions@mk-news.co.uk.

Deadline for entries is June 11. First out of the hat wins. Editor's decision is final.

*Individual membership is one year free, Joint membership is six months free.

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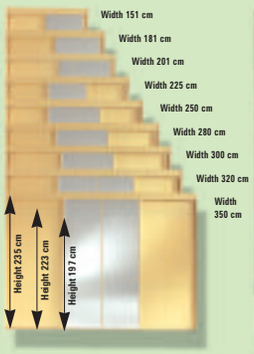

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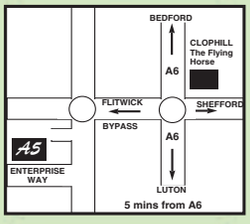

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Guess who's 70
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14th June

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DID
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LIBNI WILLIS
Happy 21st Birthday on 20th June
Love from all the family
xxxx

JOSHUA CHARLIE FORD
Happy 1st Birthday 18th June 2008 to our darling grandson

Love Nan and Grandad Ford & family

KIRSTY NEWTON
Happy 21st Birthday 20th June 2008

Lots of love Mum, James, Granny, Grandad, Simon, Martin, Dona and children Clair & Peter

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Have a great day
Love always Nanna, Aunty Shell & Family xxx

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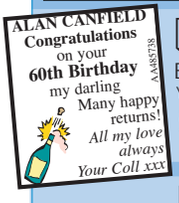

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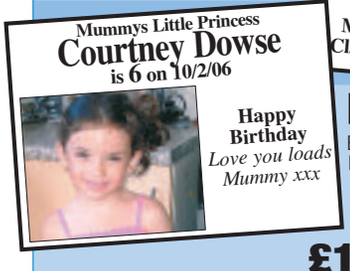

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Council wants free dips for pensioners

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

Milton Keynes Council plans to apply for new Government funding to provide free swimming for pensioners.

Culture secretary Andy Burnham announced on Friday, June 6 that a new £140million fund has been set up to boost participation in swimming.

Local authorities in England are to get £80m to scrap over-60s' charges by April next year and, a further £60m for refurbishing and maintaining pools.

Future funding will also allow free entry to under-16s, then to everyone by 2012.

A spokesman for the council said: "It is early days yet as the Government has only just announced the free swim funding.

"However Milton Keynes Council would certainly be interested in applying for funding to allow us to offer free swimming to over 60s and young people.

"This funding could certainly be timely as we will be opening a state of the art swimming pool in Bletchley next year and of course we already offer our Passport to Leisure scheme that offers swimming at a discount to older people and students."

A new Olympic-size indoor swimming pool is also due to be built on land currently owned by Radcliffe School, on Aylesbury Street West, Wolverton.

The Government initiative is part of the Legacy Action Plan - a package of measures to ensure the lasting sporting legacy from the London 2012 Olympic and Paralympic Games.

Andrew Pakes, Labour candidate for North East Milton Keynes has called on the council to ensure that it works alongside the Government over the summer months to bid for the funding.

"Swimming is a popular activity for all ages and we have a number of good pools in the area," he said.

"I will be working closely with MP Phyllis Starkey and local councillors to ensure that the scheme is in place from April next year and to look at extending the offer further."

Change of beds at hospital

MORE than £2million is being spent on replacing 450 old beds at Milton Keynes Hospital.

Almost every bed at the hospital, most of which are 15 to 25-years-old, are being replaced with electronic adjustable beds.

The beds make it easier for staff to sit patients in an upright position and are more comfortable for patients.

A more extensive range of pressure-relieving therapy mattresses, cushions and seating will also be available, which will help prevent pressure ulcers developing.

The Intensive Care Unit (ICU) beds can also weigh patients.

Nurse Karen Jones said: "Apart from offering the best possible comfort for patients this programme enables the trust to enhance working conditions for staff."

Most of the older style beds have already been replaced and the project will be completed by the end of the first week in July.

The only beds not being replaced are those in the Treatment Centre, which are only 2-3 years old.

Jill Rodney, chief executive of MK Hospital, said: "This replacement of every older style bed with a fresh new one demonstrates our commitment to improving patient care."

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MKNEWS

City athlete's wish granted

A CITY athlete's hopes of reaching the 2012 London Olympics have been given a boost.

Chris Clarke, a member of Milton Keynes Athletics Club, has secured a grant of £1,000 thanks to the Lloyds TSB Local Heroes programme.

It was designed to provide 250 emerging athletes with the aid they need in the run to the 2012 Olympic Games.

The grant has been awarded to Clarke on the back of an outstanding season in 2007.

At 18-years-old Clarke was number one in the World Youth Rankings at 400m and fourth at 200m last year.

His ambition this year is to represent Great Britain at the Beijing Olympic Games in the 4x400m Relay.

He has already won the England Athletics Men's Indoor 200m title in 20.98sec.

Coming from an athletics club that is producing the stars of the future in the form of Craig Pickering, Greg Rutherford and Kadi-Ann Thomas, Clarke has emerged as a bright prospect for the future of British athletics with a gold medal at the 2007 youth championships as well as bronze in the 2006 Beijing world junior athletics championships in the 4x400m relay to his name.

A spokesman for Milton Keynes Athletics Club said: "We are always delighted to see any of our members rewarded and none more so than Chris.

"It was obvious right from the day Chris came to the track for the first time that he had a great natural ability and the coaching team have always found Chris enthusiastic and willing to learn. This has enable Chris at the still young age of 18 to rise to the top and is certainly a great prospect for the London 2012 Olympics and there is a real chance of him competing in Beijing in a few weeks.

"This grant will help Chris meet of the ever increasing cost of being a top class athlete and allow him to continue to develop over the next few years."

Local hero: Olympic hopeful Chris Clarke

COMPETITION

Win tickets to Hampton Court Palace Flower Show, plus a Rachel's Organic picnic blanket

Why not get back to nature this summer with a fabulous day trip to the UK's biggest outdoor lifestyle event.

MK NEWS has teamed up with Rachel's Organic, Britain's leading organic dairy, to offer four lucky readers the chance to win standard entry day tickets to the Hampton Court Palace Flower Show, plus a Rachel's Organic picnic blanket.

Rachel's Organic is the first ever headline sponsor of the show, which takes place from July 8-13.

Rachel's Organic Marketing Director, Steve Clarke, said: "The Hampton Court Palace Flower show expresses nature at its most stylish, with beautiful and accessible ideas for outdoor living.

"Rachel's Organic is delighted to be the title sponsor of the prestigious Hampton Court Palace Flower Show.

"We have always been about letting nature shine through in our delicious range of organic dairy products.

"If you think about it, we share a lot of common values in particular natural goodness and stylish living."

Produced in harmony with nature itself, Rachel's Organic range of yogurts, desserts, milk, cream and crËme fraiche are as good for the environment as they are for your taste buds.

What's more the gorgeous packaging will look great in your fridge - it doesn't get more naturally stylish than that.

For further information on Rachel's Organic and to sign up to receive regular news and information please visit www.rachelsorganic.co.uk

HOW TO ENTER

For your chance to win please answer the following question:

When does the Hampton Court Flower Show take place?

Send your answer on a postcard along with your name, address and telephone number to Rachel's Organic Competition, MK News, 1 Diamond Court, Fox Milne, Milton Keynes, Bucks, MK15 0DU.

Alternatively e-mail competitions@mk-news.co.uk

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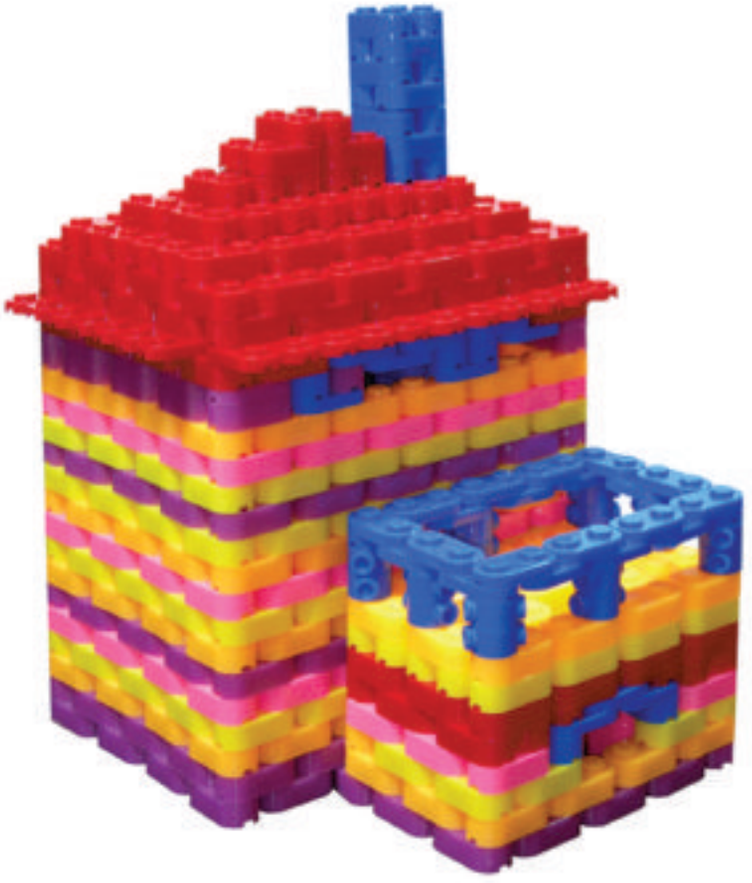

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MKNEWS

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JERSEY BOYS

THE STORY OF FRANKIE VALLI & THE FOUR SEASONS

Discover the legendary story of a group of working class boys from the wrong side of the tracks who became one of the biggest pop music phenomenons of all time – Frankie Valli and The Four Seasons.

Includes ● 1 night's bed and continental breakfast at the 3★ Day's Inn, Waterloo (a range of other 4★ central London hotels are available at a supplement) ● A ticket for the evening performance of Jersey Boys at the Prince Edward Theatre (ticket upgrades available at a supplement)

Departs 22 November 2008 from £75.00

DIRTY DANCING

LONDON THEATRE BREAK

Nobody Puts Baby In The Corner! Experience the excitement and romance of the classic story as never before - live on stage. Featuring the hit songs from the best selling movie soundtrack Dirty Dancing is without question the hottest ticket in town!

Includes ● 1 night's bed and continental breakfast accommodation at the four-star Thistle City Barbican Hotel (upgrade hotels available at a supplement) ● A ticket for Dirty Dancing at the Aldwych Theatre (ticket upgrades available at a supplement)

Departs 20 September 2008 from £95.00

DANIEL O'DONNELL

LIVE IN BRIGHTON

Following the phenomenal success of Daniel's Christmas Shows in recent years, he is set to perform again appearing live in concert at The Brighton Centre. This special short break gives you the chance to enjoy this wonderful festive experience and hear Daniel and his band.

Includes ● Return coach travel ● 1 night's bed and continental breakfast accommodation at a good quality hotel in the South East of England ● A top price ticket for Daniel's Christmas concert at The Brighton Centre ● Return hotel to venue coach transfers ● A visit to Windsor ● The services of a Tour Manager

Departs 30 November 2008 from £149.95

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FLYING FROM STANSTED AIRPORT

Experience one of Ireland's most unspoilt regions with its spectacular lakes, mountains, warm hospitality and stunning coastline on this great value five day holiday.

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Departs 17, 24 September, 8 & 15 October 2008 from £349.00

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FLYING FROM STANSTED AIRPORT

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Includes ● Return flights to Ireland direct from Stansted Airport ● Return airport to hotel transfers ● 5 nights bed & Irish breakfast accommodation at the 3★ Lakeside Hotel, Killaloe ● Excursions to Lough Derg, Galway Bay, the Cliffs of Moher and the Burren ● The services of a representative

Departs 28 September & 12 October 2008 from £309.00

TALL SHIPS IN HOLLAND 2008

Join us as over 100 of the world's most beautiful sailing ships set sail from the Dutch port of Den Helder – finishing port of the Tall Ships' Races 2008 – in one of the most colourful events of the year. This memorable occasion will include processions of decorated ships, and dozend of quayside celebrations!

Includes ● Return coach travel and ferry crossings ● 2 nights' bed and breakfast at a good hotel within 90 minutes of Den Helder ● A full day in Den Helder for the Parade of Sail ● The services of a Tour Manager

Departs 22 August 2008 from £129.00

'RHINE IN FLAMES'

RIVER FIREWORK SPECTACULAR

Enjoy the exciting carnival atmosphere in the great city of Koblenz, on a day which ends with a spectacular firework display over the mighty Rhine, as a flotilla of decorated boats passes by in a magical, colourful procession.

Includes ● Return coach travel and Channel crossings ● 3 nights' bed and continental breakfast accommodation at the Mosella Tanzburg (or similar) ● Visits to Cochem and Koblenz including the 'Rhine in Flames' Firework Display ● The services of a Tour Manager in resort

Departs 8 August 2008 from £139.95

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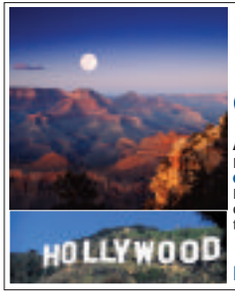
Departs 23 August '08 from £145 ADULTS £105 KIDS



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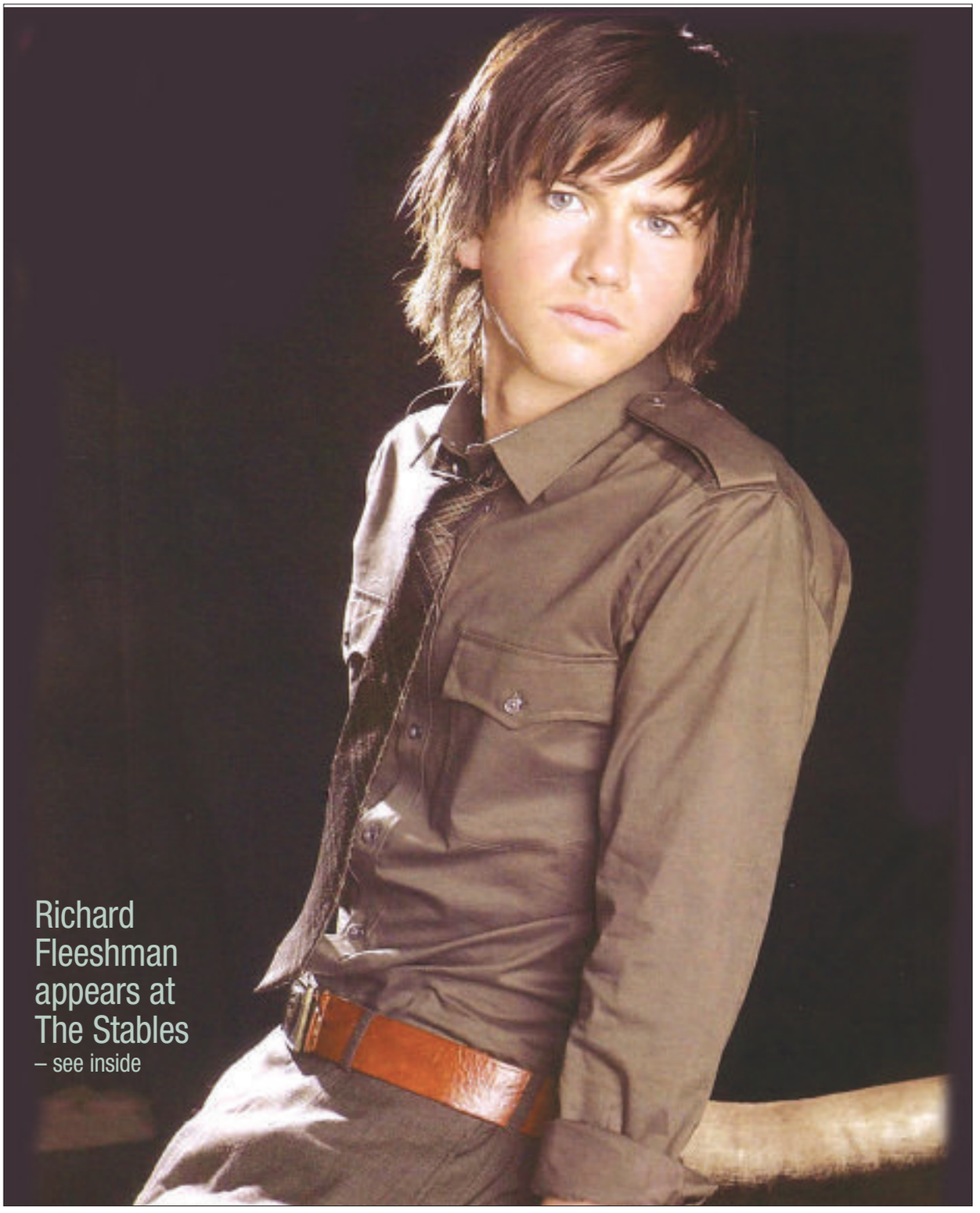

Richard Fleeshman appears at The Stables
– see inside

Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

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Milton Keynes College Summer Exhibition 2008
Middleton Hall 19 – 29 June
Planning to study graphic design, media, interior design, photography, fine arts, or textiles or simply keen to see what the most creative students can produce? The WorldSkills UK Graphic and Web Design live finals will also take place on 19-20 June within this event.

Proms in the Park
Campbell Park - 19 July
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WEDNESDAY
June 18

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Trash to Cash (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Royal Ascot (T) **3.20** BBC News (T) **3.25** CBBC **4.35** Blue Peter (T) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Traffic Cops** Documentary series following the traffic police as they enforce the law on some of Britain's most dangerous roads. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** May is loose on the Square and Dawn tries to protect Summer, with explosive consequences. (T)
9.00 **Holby City** Lady Byrne and Elliot launch the Byrne Foundation. (T)
10.00 **BBC News** (T)
10.25 **Regional News** (T)
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.45 **UEFA Euro 2008 Match of the Day** Adrian Chiles presents highlights and reaction from Group D, where Greece are in action against Spain and outsiders Russia face Sweden. (T)
11.40 **FILM: Black Dog** (1998) An ex-convict truck driver with a suspended licence makes one last no-questions-asked trip, only to discover that his rig is stocked with assault weapons. Stars Patrick Swayze, Meat Loaf and Randy Travis. (T)
1.00 Weatherview (T) **1.05** Sign Zone: Panorama Special (R/T) **2.05** Seaside Rescue (R/T) **2.35** Alternative Therapies (R/T) **3.35** Hard Sell (R/T) **4.05** To Buy or Not to Buy (R/T) **4.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Schools **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Coast: Strangford Lough and Torr Head (T) **2.05** Springwatch Action Team (T) **2.35** Murder, She Wrote (T) **3.20** Royal Ascot (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Flog It! (T)

7.00 **Coldplay at the BBC** Highlights from the BBC 1 Live session with the band Coldplay, recorded at the Brixton Academy. (T)
7.45 **Heroes Unmasked** A look behind the scenes of the drama series. (R/T)
8.00 **Springwatch Spectacular** Simon King reveals his most magical wildlife moments and recommends some spectacular British wildlife encounters. (T)
9.00 **Tribal Wives** In this new six part series six women each live for a month with six different tribes. The Kuna Indians live on a stunning scattering of coral islands off the coast of Panama. They are a deeply spiritual people who believe that their homes and families are protected by ever-present spirits. Living with them for the next month is Sass Willis, a 34 year old from Oxford. Amongst the Kune, Sass makes an extraordinary discovery - the mother she feels she's never had. (T)
10.00 **Room 101** Paul Merton hosts the chat show in which guests are given the opportunity to rid the world of the things they hate. (R/T)
10.30 **Newsnight** (T) (Followed by Weather)
11.20 **Rob Brydon's Identity Crisis** Comedian Rob Brydon explores Welsh identity and tries to discover what makes his patriotic countrymen so defensive. (T)
12.20 BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Anglia News and Weather (T) **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Midsomer Murders (R/T) **5.00** Goldenballs (T) **6.00** Anglia Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Donna is shocked to discover that Ross has feelings for her. Nicola quits her job at the vets. Daz and Jake try to score themselves a date. (T)
7.30 **Euro 2008: Greece v Spain, or Russia v Sweden** Steve Rider introduces live coverage of one of this evening's final Group D matches - either Greece v Spain from Salzburg, or Russia v Sweden from Innsbruck. The commentary teams are Peter Drury and Andy Townsend in Salzburg, and Jon Champion and Robbie Earle in Innsbruck. (T)
10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
10.35 **Six Degrees** Whitney plans her wedding. Carlos and Mae go on a double date to a karaoke bar with Damian and Regina. (T)
11.35 **Secret Diary of a Call Girl** Belle loses clients when a punter posts a bad review of her on a website, causing her to take a booking from a seemingly pleasant man who turns nasty when he arrives. Ben encourages her to have a break from her work, but can she really give it up and return to her normal life? (T)
12.05 Bingo Night Live! **1.05** Quincy, ME (R/T) (Followed By ITV News Headlines) **2.00** Loose Women (R) **2.50** The Jeremy Kyle Show (R/T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.50** Supporting Acts (R/T) **12.00** News at Noon (T) **12.30** Designers Under Pressure (R/T) **12.45** **FILM: Bless This House** (1972) Comedy, starring Sid James. **2.25** A Place In The Sun Hotspots (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)
7.55 **3 Minute Wonder** Series of short films exploring British attitudes to surveillance by looking at the innovative ways that people are interacting with CCTV. (T)
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two sets of buyers with different budgets search for new homes. The duo search for a house in north west London for couple Tony and Michelle on a budget of £900,000 and help first time buyers Amy and Takbir find a property for £250,000. (T)
9.00 **River Cottage Spring** Hugh Fearnley-Whittingstall cooks and tastes his way through the crops on offer as spring reaches its peak. (T)
10.00 **Big Brother** Today's highlights from the Big Brother house. (T)
11.05 **Wife Swap USA (New)** A laid-back mum from Kentucky whose life is run by her kids and husband swaps lives with a domineering psychic medium mother from Florida. (T)
12.05 4music: Road To V 2008 (T) **12.20** 4music: The Nokia Green Room (R/T) **12.50** 4music: Gaymers Grassroot Gigs: Futureheads (T) **1.05** Coming Up (R/T) **1.30** Stargate SG-1 (R/T) **2.10** Big Brother Live **4.25** Richard & Judy (R) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Build a New Life in the Country (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** The Family Recipe (R/T) **3.15** **FILM: I Do But I Don't** (2004) Romantic comedy, starring Denise Richards. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)
7.15 **Cricket on five** Mark Nicholas presents highlights of the second match of the NatWest One-Day International Series between England and New Zealand, from Edgbaston in Birmingham. (T) (Followed by five news update)
8.00 **Megastructures** Documentary series that lifts the lid on some of the most incredible structures and machines in the world. (T)
9.00 **The Hotel Inspector Revisits** Documentary series examining failing hotels in the UK. This edition revisits a large Victorian hotel on the Eastbourne coast. (T)
10.00 **Viagra: Ten Years on the Rise** Lighthearted documentary examining the impact Viagra has had on sex in the UK since its launch ten years ago. The film features interviews with users alongside expert analysis. (R/T)
11.00 **Most Evil** Forensic crime series that looks into the minds of the most deadly criminals, with forensic psychiatrist Dr Michael Stone. This edition looks at unsolved murder cases, in particular that of the notorious Chicago Lipstick Killer and Los Angeles's Black Dahlia case. (T)
12.00 PartyPoker.com European Open IV **1.30** Major League Baseball **4.45** ETU Triathlon - Spain **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Battlestar Galactica **1.00** Cold Case **2.00** Tru Calling **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics **9.00** **FILM:** Groundhog Day **10.55** Cold Case **11.55** Road Wars **12.55am** Road Wars **1.50** Tru Calling **2.40** Cold Case **3.30** Battlestar Galactica **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale: Dog's Life **7.00** Movies Now **7.10** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale: Dog's Life **10.25** Judge Judy **10.55** Judge Judy **11.25** Airline **12.00pm** Emmerdale: Dog's Life **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Cops With Cameras **9.00** **FILM:** What Lies Beneath **11.30** Keith Lemon's World Tour **12.00am** Laura, Ben and Him **12.30** **FILM:** Coming to America **2.30** Teleshopping **5.30** ITV2 Nightscreen

BBC3

7.00pm Dragons' Den **8.00** Shopping Is My Life **9.00** Little Britain **9.30** Ideal **10.00** EastEnders **11.00** Family Guy **11.25** Family Guy **11.45** Summer Heights High **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Two Pints of Lager and a Packet of Crisps **1.15** Scallywagga **1.45** Ideal **2.15** Shopping Is My Life **3.10** Dog Borstal Unleashed **3.40** Dog Borstal Unleashed **4.10** Close

BBC4

7.00pm World News Today **7.30** Sounds of the Seventies Solos **7.35** Batman **8.00** Mark Lawson Talks to Rabbi Lionel Blue **9.00** Jews **10.00** **FILM:** Shanghai Dreams **11.55** What Happened Next? **12.55am** Jews **1.55** What Happened Next? **2.55** Jews **3.55** Close

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MKNEWS

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FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Keira Knightley and Matthew Rhys star in The Edge of Love

THE EDGE OF LOVE (15)

Keira Knightley, Sienna Miller, Cillian Murphy, Matthew Rhys

From Friday

LONDON, World War II. Welsh poet Dylan Thomas (Rhys) is in love with both his wife Caitlin (Miller) and his childhood friend Vera (Knightley), now married to the devoted William (Murphy). But Dylan's refusal to commit to one woman could destroy the lives of all of them...

THE ESCAPIST

Brian Cox, Joseph Fiennes, Seu Jorge, Damian Lewis

From Friday

OLD lag Frank Perry (Cox) recruits fixer Brodie (Cunningham), hardman Lenny (Fiennes) and dealer Viv (Jorge) for a daring prison break. But can they pull it off under the nose of vengeful top con Rizza (Lewis)?

THE RUINS (18)

Joe Anderson, Jena Malone, Laura Ramsey, Shawn Ashmore, Jonathan Tucker, Sergio Calderon, Jesse Ramirez

From Friday

ON their last day holidaying in Mexico, four college kids accept an offer they should refuse: a gonzo trip to an off-the-map Mayan temple. Once they arrive, the locals take offence and they find themselves trapped on the temple's roof at the mercy of supernature...

TEETH (18)

John Hensley, Jess Weixler, Josh Pais, Hale Appleman

From Friday

WITH her hormones raging, dedicated virgin Dawn (Weixler) is already struggling with her sexual urges when she discovers a significant further complication: that inside her vagina lies a razor-toothed mouth that bites anything that comes near it.

Cue a sexual awakening with a difference...

ADULTHOOD

Noel Clarke, Adam Deacon, Scarlett Alice Johnson, Jacob Anderson, Danny Dyer

From Friday

RELEASED from prison after serving time for murder, Sam (Clarke) returns home to find a new gang on the block and a rusty shiv with his name on it. As the day wears on, he's forced to confront his enemies, his victims and his conscience, as the cycle of violence spins ever faster.

THE INCREDIBLE HULK

Edward Norton, Liv Tyler, William Hurt, Christina Cabot , Tim Roth

Now Showing

BRUCE BANNER sets off in an attempt to dicover more about his big, green alter ego – and, if possible, cure himself of the terrible affliction which afftects him every time he gets angry.

THE HAPPENING (15)

Mark Wahlberg, Zooey Deschanel, John Leguizamo

Now Showing

A FAMILY faces doom as an environmental crisis sweeps the land causing people to die in extraordinary ways...

IN SEARCH OF A MIDNIGHT KISS (15)

Sara Simmonds, Brian McGuire, Scoot McNairy

Now Showing

ON New Year's Eve in LA, Wilson (Scoot McNairy) is a 29-year old guy who has just had the worst year of his life.

His plans for a quiet night in are disrupted when his best friend, Jacob (Brian McGuire), browbeats him into posting a personal ad and he meets Vivian (Sara Simmonds), a strong-willed woman hell bent on being with the right guy at the stroke of midnight.

NUMB (15)

Matthew Perry, Lynn Collins

Now Showing

SCRIPTWRITER (Matthew Perry) suffers from a condition called "acute depersonalisation disorder". ADD makes the chronically depressed look happy. To win the girl of his dreams Perry must embark on a journey to ditch his syndrome.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give-away.

Answer this simple question:

What was Dylan Thomas' wife's name?

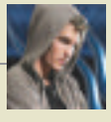
Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, June 17.

MUSIC REVIEWS

ALL I EVER WANTED

Basshunter



The nicest thing I can say about this single is that if you wanted to hear something that made Now You're Gone sound as weighty and powerful as one of Beethoven's symphonies, you've come to the right place.

This is tremendously, powerfully, jaw-droppingly forgettable. It's just finished, and guess what I can recall of the tune? Only the relief I felt when it finally came to an end, that's all.

I'm having to write this as I'm listening to it again, that's how much of an identikit tune it is. It sounds so similar to other entry-level dance singles that you could quite easily find ten or so other similar songs and fuse them together to create a half-hour Mecha-School-Disco monster that, no matter where you start playing the track from, sounds almost exactly the same.

It's songs like this that make me yearn for the good old days when Top 20 singles used to fall out of the chart after one week.

ONE FOR THE RADIO

McFly

Remember McFly's second album? They grew up, wrote some reasonable tunes with surprisingly good lyrics and the album tanked.

When they returned, they'd regressed back to the days of their first album and it was all bubblegum pop and silliness again. Now though, it's all change again, and they've gone too far the other way.

It's a bit like playing a Flight Simulator – you make a slight correction to change course, but your plane starts swinging away a tiny bit further than intended, so you over-correct the other way and before you know what's going on, the firefighters have extracted the aircraft's black box recorder from what's left of someone's shed. The sound is harder than anything I've heard previously from McFly, and for once the tune is far better than the words – which is practically an "Up yours" to anyone who isn't a McFly fan. Possibly not the best strategy in gaining new fans, it has to be said, and I can't see this one hanging around for long.

GIMME THAT PUNK

Audio Bullys

Having your voice distorted is one thing (it's what all the cool kids are doing these days), but when you sound like an angry schoolboy during the chorus, then it's safe to say you've gone a bit too far.

The verses aren't much better either – they consist of little more than a list of bands and singers that our humble narrator seems to rate. I know Mylo did a similar thing with Destroy Rock And Roll, but he did it far better – for one thing there was a monologue at the start which explained why the musicians concerned were being named and shamed, here there's nothing. Even the tune sounds angry. Can't say I liked this one.

BODYSNATCHERS

Radiohead

Here, on the other hand, is an aggressive song that has plenty to be aggressive about.

The chorus contains the line "I have no idea what you are talking about", which straight away indicates that we're not exactly in Leona Lewis territory with this one, but there's more.

"A pale imitation with the edges sawn off… "

"I'm a lie… "

"I do not understand what it is I've done wrong…".

Blimey, Bernard Cribbins never had to deal with that sort of thing on Jackanory.

Right from the start, the guitars are fuzzy and distorted (looks like I've found the Word Of The Week, then) and as soon as Thom Yorke starts singing, you know there's no way this one's going to have a happy ending, and so it proves

It's all done at a quick pace, but it still passes the four-minute mark quite comfortably, and to be honest the time flies.

Considering they gave the album away practically for nothing, to mine three decent singles from it thus far is a pretty good show – and there's scope for more as well.

All I Need and Videotape are still contenders in my book, but unfortunately my book doesn't qualify for the chart, so we'll have to wait until XL release them instead.

THURSDAY
June 19

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Trash to Cash (T) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Royal Ascot (T) **3.20** BBC News (T) **3.25** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Bianca worries about her kids as Jack and Tanya reach a new understanding. (T)

7.57 **BBC News and Regional News**

8.00 **Who Has Remembered What Not to Wear?** Style duo Lisa Butcher and Mica Paris make a surprise visit to Jim and Louise. (T)

9.00 **Britain's Lost World** Dan Snow, Steve Backshall and Kate Humble set out to solve some of the mysteries of St Kilda in Scotland's Outer Hebrides - the only British World Heritage Site nominated for both its extraordinary history and its wildlife. (T)

10.00 **BBC News** (T)
10.25 **Regional News** (T)
10.33 **BBC Weather** (T)

10.35 **Question Time** David Dimbleby chairs the weekly political debate from Portsmouth with Environment Secretary Hilary Benn and former English rugby player Brian Moore. (T)

11.35 **UEFA Euro 2008 Match of the Day** Jake Humphrey presents highlights from the first quarter-final of Euro 2008 at Basel's St Jakob-Park. (T)

12.15 This Week (T) **1.00** Holiday Weather (T) **1.05** Sign Zone: Where's my Mortgage Gone? (R/T) **1.35** Countryfile (R/T) **2.30** Hard Sell (R/T) **3.00** To Buy or Not to Buy (R/T) **3.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Tennis (T) **2.35** Murder, She Wrote (T) **3.20** Royal Ascot (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** Flog It! (T)

7.00 **The History Detectives** Neil Oliver, Claire Barratt and Jeevan Deol delve into historical mysteries. (R/T)

7.30 **The Trees That Made Britain** Documentary series in which tree surgeon Jon Hammerton and Kew's arboretum manager Tony Kirkham examine how trees have always been at the heart of Britain's political, artistic and economic life. (T)

8.00 **Springwatch People** Wildlife cameraman Gordon Buchanan takes a personal journey to find his wildlife roots and celebrates the passionate human heroes of Springwatch. (T)

9.00 **Heroes** Mr Bennet prepares to move his family when he thinks the Company has found them, but Claire doesn't like the idea. (T)

9.45 **The Graham Norton Show** Graham Norton presents a show focusing on people, trends, stories and the aspects of celebrity culture that interest him most. (T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **Heroes Unmasked** A look behind the scenes of the drama series, with insightful interviews and exclusive backstage access. (T)

11.35 **Two Pints of Lager and a Packet of Crisps** Jonny goes for his interview at the biscuit factory. (R/T)

12.05 Malcolm in the Middle (R/T) **12.30** Malcolm in the Middle (R/T) **12.50** BBC News **3.10** Meerkat Manor (R/T) **3.35** Meerkat Manor (R/T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Anglia News and Weather (T) **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Midsomer Murders (R/T) **5.00** Goldenballs (T) **6.00** Anglia Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Ashley enlists Rodney's help with Gabby. (T)

7.30 **Euro 2008** Matt Smith introduces live coverage of the first Euro 2008 quarter-final from Basel, where the winner of Group A takes on the runner-up in Group B. Commentary by Clive Tyldesley and studio analysis from Andy Townsend. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.40 **Suggs' Survivors** Suggs discovers places and meets people with stories to tell about the way we used to live. (T)

11.10 **Incomers** Remarkable stories of the challenges faced by migrants who have come to live and work in the east of England. Today, the man from Norwich, the woman from the Philippines and the new life they are making in the region. (T)

11.40 **The Isle of Wight Festival 2008** Lauren Laverne and Matt Willis present highlights from this year's Isle of Wight Festival, featuring a selection of the hottest performances from top acts.

12.10 Bingo Night Live! **1.10** Motorsport UK (T) **1.35** Nightwatch with Steve Scott - Crime (R/T) (Followed by ITV News Headlines) **2.30** Loose Women (R) **3.20** The Jeremy Kyle Show (R/T) **4.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Seaside Secrets (R/T) **12.00** News at Noon (T) **12.30** Great British Brands (R/T) **12.45** **FILM: The Bold and the Brave** (1956) War drama, starring Wendell Corey. (T) **2.25** A Place In The Sun Hotspots (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** (T)
7.55 **3 Minute Wonder** (T)

8.00 **Come Dine with Me** Tyhe dinner party hit serves up another fabulous helping with this week's wannabe hosts displaying their best efforts to win the £1,000 cash prize in Norwich. (T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **My Name is Earl** Earl struggles to re-adjust to life on the outside. With a grudge against karma, and no job, no home and no money, Earl decides that his good deeds are not getting him anywhere, so he reverts back to his old bad ways. (T)

10.30 **My Name is Earl** After an accident, Earl and Billie are lying unconscious on the road. (T)

11.00 **The Sunday Night Project** In tonight's episode, Pamela Anderson joins the dynamic duo to guest host, providing an opening monologue before inviting Alan and Justin to delve into her unique world of celebrity and facing a no-questions-barred session from the studio audience. (R/T)

12.05 4music: Vodafone Tba 2008 Live: The Hoosiers (T) **12.35** Coming Up (R/T) **1.05** King of the Hill (R/T) **1.35** King of the Hill (R/T) **2.00** Big Brother Live **3.45** Dispatches: From Jail To Jihad (R/T) **4.35** Transworld Sport (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Build a New Life in the Country (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Eco Escapes (R/T) **3.05** five news update (T) **3.10** **FILM: Abandoned and Deceived** (1995) Drama, starring Lori Loughlin. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Rough Guide to Short Breaks** Travel series that visits top destinations around the world, presented by Julia Bradbury and Toby Amies. (R/T) (Followed by five news update)

8.00 **Property List** Series that searches for the best places to live in Britain. Melissa Porter and Ian Blandford travel the country in search of the ten locations that offer the best value for money. (T)

9.00 **House** House kidnaps the lead actor from his favourite soap opera in the belief that he has a brain tumour. Tests appear to disprove House's theory, until the patient develops new symptoms that defy explanation.

10.00 **Grey's Anatomy** Meredith's mother awakens from her Alzheimer's; half of the doctors are laid low when they come into contact with a potent toxin; and Miranda and Izzie open their free clinic - but where are all the patients? (T)

11.00 **Pleasure for Sale** Last in a three-part documentary series by Emmy award-winning directors the Gantz Brothers. (R/T)

12.00 Quiz Call **1.45** NBA Basketball **4.30** Rolex Grand Am **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Battlestar Galactica **1.00** Cold Case **2.00** Tru Calling **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Project Runway **9.00** Bones **10.00** Cold Case **11.00** Road Wars **12.00am** Road Wars **1.00** Road Wars **1.50** Tru Calling **2.40** Cold Case **3.30** Battlestar Galactica **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **6.55** Planet's Funniest Animals **7.10** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **10.55** Judge Judy **11.25** Airline **12.00pm** Emmerdale **12.30** Airline USA **1.00** Planet's Funniest Animals **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Animals Do the Funniest Things **9.00** Katie & Peter: The Next Chapter **10.00** Gossip Girl **11.00** Paul Weller Live at the IndigO2 **11.30** Supernatural **12.30am** The Office: An American Workplace **1.00** Katie & Peter: The Next Chapter **2.00** Teleshopping **5.00** ITV2 Nightscreen

BBC3

7.00pm Shopping Is My Life **8.00** Greek **8.45** Greek Uncovered **9.00** Blood, Sweat and T-Shirts **10.00** EastEnders **10.30** Heroes **11.10** Family Guy **11.35** Family Guy **11.55** Greek **12.40am** Summer Heights High **1.10** Blood, Sweat and T-Shirts **2.10** Shopping Is My Life **3.05** Greek Uncovered **3.25** Spendaholics **4.25** Close

BBC4

7.00pm World News Today **7.30** Terry Jones' Medieval Lives **8.00** Can Dogs Smell Cancer? **9.00** The Flapping Track **10.10** The Wonderful World of Dogs **11.05** The Father, the Son and the Housekeeper: Storyville **12.05am** Can Dogs Smell Cancer? **1.05** The Flapping Track **2.15** The Real Father Ted: Storyville **3.15** Can Dogs Smell Cancer? **4.15** Close

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REVOLUTION
Xscape 679875
A VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats.Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress code is casual cool. Food is served until 9pm. A menu of 60 cocktails is available, with a two for one offer on Tuesday nights.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District info@buddhablue.co.uk
THIS whitewashed haven is the newest club on the circuit. DJs spin RnB tunes into the early hours. Dress code is smart.

SHOUT
Station Square 233430
FORMERLY Chicagos, this one has brought Coyote fever to the city. On Friday and Saturday you can party until 2pm. Entry is £16 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am. Entry £2.

MOOD
Xscape 251060
DANCE and chart music until 3am on Fridays and Saturdays - small entry fee. Thursday: So So Funky: - retro tunes until 2am, free with NUS card.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJ's and live bands at the weekend, pool tables, and a big screen TV for matches. Casual dress and food is available.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails. Outdoor seating.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

ZAKS CLUB
Wolverton 315447
BAR and live music venue.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late licence and live rock bands on Saturday nights.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. An open mic night takes place every Thursday on a newly built stage. Free entry. To play just turn up with your instrument. Free entry.

THE FORESTER'S ARMS
Stony Stratford 567115
PUB with live music from a variety of bands performing through the week.

THE STABLES 280800

PAUL LIDDELL
Acoustic stage
Friday, June 20. 8:45pm
AT only 25 years old, Paul Liddell has already released two solo albums and an EP with his band Delphians. His one-man show and self-effacing style, combined with his powerful and unpretentious delivery, has seen Paul play on the same bill as Sting at the Piperine Free Festival in Milan.
Tickets £9.50 in advance, £11.50 on the door.

THE ALAN BARNES ELLINGTON OCTET
Old Rectory Garden
Saturday, June 21. 2.30pm
THIS sampler from the great Ellington repertoire has been creatively re-arranged by the gifted Tony Faulkner.
Classics like A Train will rub shoulders with rarely played morsels such as Sun-Swept Sunday in a unique collection of gilt-edged Ellingtonia, introduced by their leader and our co-host Alan Barnes. Plus an all-star band - Alec Dankworth, Mark Nightingale, Tony Coe, Pete Long and many more.
Tickets £12. Full day ticket £20

CHAS & DAVE
Saturday, June 21. 8pm
CHAS & Dave return to The Stables to perform their greatest hits. Expect to hear firm favourites including Rabbit, Ain't No Pleasing You, Gertcha, Sideboard Song, and many more. The legendary cockney duo has a cult following of young and old and even appeared at Glastonbury in 2005.
Tickets £19.50

LILLIAN BOUTTÈ
Sunday, June 22. 12noon
NOW a regular contributor to The Garden, Ms BouttÈ's irrepressible stage style is an absolute 'must' for many of our visitors. An all-star band of superb players, of great songs - what more could you want?
Dave Newton's world class piano? The crystal clear trumpet sounds of Enrico Tomasso? They'll all be on stage for this one!

DAVE KELLY AND CHRISTINE COLLISTER
With The Travelling Gentlemen

Chas & Dave

Sunday, June 22. 8pm.
WORLD-RENOWNED blues-man Dave Kelly and Christine Collister make a rare appearance together, along with their brilliant band. This is a unique opportunity to experience a fabulous evening of stunning voices, irresistible music and marvellous musicianship. A wondrous, powerful, melodic and infectious set of soaring vocals and eclectic material, which includes irresistible dancing soul music, rootsy R&B with a touch of hillbilly and country.
Tickets £16.

RICHARD FLEESHMAN
Tuesday, June 24. 8pm
THERE are some things in life that are genuinely surprising. Among them, an ex-soap star releasing a great debut album. But prepare to be dazzled, because that's what Richard Fleeshman is about to do. Richard first came to the public's attention playing Craig Harris in Coronation Street, as then a singer when he won ITV's Soapstar Superstar back in 2006. And although he is very grateful to the show, it was something he agonized over doing because he feared he wouldn't be taken seriously as a musician.
Tickets £14

THE PITZ 660392

MALEFACE
Plus Artisian, Envision and Slave to Nature
Friday, June 20
SHOWCASING the very best in new British metal.
Maleface from their crushing debut album, Entities, to their fierce live show, they are undoubtedly a band who can stand toe-to-toe with the big guns. Extreme yet accessible and sacrificing none of the credibility in order to sound good, you don't need to be a chin-scratching muso in order to enjoy it.
Based in MK, Envision combine a variety of harsh, memorable riffs including odd rhythms, beatdowns and thrashing dual vocals with harmonic sequences and melodic/ambient choruses. Renowned for their outstanding live performance, Envision continue to show their pure energy and dedication through the music that they create.
Tickets £6. Doors 7.30pm.

MK THEATRE BOX OFFICE 0870 060 6652

RELATIVELY SPEAKING
Until Saturday
GREG wants to marry Ginny but she seems unduly reluctant for him to meet her mother and father. His suspicions further aroused by mysterious telephone calls, incessant bouquets of flowers and boxes of chocolates and a pair of incriminating slippers under her bed, he follows her to her parents' house in Buckinghamshire.

RUSSIAN STATE OPERA OF SIBERIA
La Traviata
Madame Butterfly
La Boheme
Until Saturday
THE internationally acclaimed Russian State Opera of Siberia performs three grand opera masterpieces accompanied by a full orchestra.
Verdis' La Traviata tell the tragic tale of ill fated courtesan Violetta and her love for nobleman Alfredo.
Puccini's tragic masterpiece Madam Butterlfy features some of the most famous arias in all Italian opera and tells the magnificent tale of the doomed love of an American naval lieutenant and his young Japenese bride.
No opera can equal the heartfelt emotion of La Boheme which contains some of Puccini's finest music, scenes and arias.

La Boheme

FRIDAY
June 20

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Trash to Cash (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Royal Ascot (T) **3.20** BBC News (T) **3.25** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series featuring a mix of interviews, topical reports and features from around the UK. (T)

7.30 **UEFA Euro 2008 Match of the Day Live** Gary Lineker presents live coverage of the first quarter-final from the Ernst Happel Stadion in Vienna. This stage of the tournament four years ago saw Greece pull of a huge shock by eliminating Euro 2000 winners France, while both England and Sweden crashed out in penalty shoot-outs. (T)

10.00 **BBC News** (T)
10.25 **Regional News** (T)
10.33 **BBC Weather** (T)
10.35 **Friday Night with Jonathan Ross** A mix of music and celebrity chat with Jonathan Ross. (T)
11.35 **National Lottery Euromillions Draw** Sarah Cawood hosts the EuroMillions draw. (T)
11.40 **FILM: interMission** (2003) Violent and darkly humorous crime caper set in Dublin. The fates of various characters become intertwined after a shelf-stacker loses his girlfriend to the local bank manager and hatches an outlandish plot to win her back, while trying to evade capture by an egotistical cop. Stars Colin Farrell. (T)
1.20 Weatherview **1.25** Sign Zone: Paradise or Bust (R/T) **2.25** The Supersizers Go... Restoration (R/T) **3.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Tennis (T) **2.35** Murder, She Wrote (R/T) **3.20** Royal Ascot (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Flog It! (T)

7.00 **Bill Gates: How a Geek Changed the World** Fiona Bruce gains exclusive access to Bill Gates as he prepares to step down next week from full-time involvement with Microsoft. (T)

8.00 **Gardeners' World** Carol Klein and Joe Swift are at Berryfields, with Joe in the jungle garden exploring different ways of planting exotics and Carol in the long borders experimenting with pruning techniques for late perennials. (T)

9.00 **Alexei Sayle's Liverpool** In the final programme in the series, Alexei Sayle tries to find out the essence of that elusive Genie: the Scouse spirit. That sense of having nothing to do with Britain, of being larger than life citizens of the republic of Liverpool. (T)

10.00 **QI** Quiz show in which contestants are rewarded more if their answers are 'quite interesting'. (R/T)

10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Kirsty Wark. (T) (Followed by Weather)

11.35 **The Culture Show Uncut** New series of the arts and culture programme. With the summer solstice approaching, Lauren Laverne and Mark Kermode present a seaside summer special. (T)

12.20 Coldplay at the BBC (R/T) **1.05** Star Trek: The Next Generation (R/T) **1.50** Star Trek: The Next Generation (R/T) **2.35** Kyle XY (R/T) **3.20** Malcolm in the Middle (R/T) **3.45** Malcolm in the Middle (R/T) **4.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** London Today (T) **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Midsomer Murders (R/T) **5.00** Goldenballs (T) **6.00** London Tonight; Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Donna's relieved when things get back to normal with Ross. (T)

7.30 **Coronation Street** Ted helps David get ready for his interview. (T)

8.00 **Beat the Property Slump: Tonight** In the second of a two-part programme, reporter-turned-amateur property developer Mark Jordan goes all out to sell his house and recoup his 225,000 pounds, as the property market continues to fall. (T)

8.30 **Coronation Street** Liam says goodbye to the factory as Carla watches on, triumphant. (T)

9.00 **A Touch of Frost** A vicious attack on a widow and her daughter demands Frost turn his attention to catching the murderer. But as he uncovers the lies and deceit of those involved with the murdered woman, a manhunt begins for a serial killer. (R/T)

11.00 **The Late News and Weather** (T)

11.45 **Raines** Raines is disturbed by his hallucinations while investigating the rape and murder of a ten-year-old girl, but he continues to make progress with Dr Kohl. (T)

12.35 Bingo Night Live! (Followed by ITV News Headlines) **1.40 FILM: Honkytonk Man** (1982) Drama starring Clint Eastwood, Kyle Eastwood and John McIntire. (T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Proud Parents (R/T) **12.00** News at Noon (T) **12.30** Seaside Secrets (R/T) **12.40 FILM: The Sword and the Rose** (1953) Drama, starring Richard Todd. **2.25** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** Short film about gangland revenge and how it affects the lives of 17-year-old director AJ Nakasila's close friends. (R/T)

8.00 **Deadliest Catch** The fishermen prepare for the Opelio crab season. Having battled addiction, Mark Bradley is grateful to captain Sig Hansen of the Northwestern for giving him a second chance. (T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **8 Out of 10 Cats** Jimmy Carr hosts proceedings as team captains Sean Lock and Jason Manford battle it out to discover who knows what is going on in Britain today. (T)

10.30 **Big Brother** Today's highlights from the Big Brother house. (T)

11.05 **Gordon Ramsay's F Word** Gordon teaches John Prescott how to cook mouth-watering fish cakes with anchovy dressing. (R/T)

12.10 4music: Rockness (T) **12.40** 4music: Jd Set Presents Dykeenies (T) **12.55** Coming Up (R/T) **1.20** Afterworld (T) **1.45** Goalissimo (T) **2.40** Big Brother Live **4.30** St. Elsewhere (R) **5.20** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Build a New Life in the Country (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Weekend Breaks (R/T) **3.05** five news update (T) **3.10 FILM: At the End of the Day: the Sue Rodriguez Story** (1998) Drama, starring Wendy Crewson. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **five news** National and international news. (T)

7.30 **Brits Who Made the Modern World (New)** Documentary series looking at the untold stories of British scientists and engineers who developed some of the modern world's most incredible technology. (T) (Followed by five news update)

8.00 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. (T) (Followed by five news at 9)

9.00 **NCIS** An accident on a naval bombing range leads to the discovery of a bone yard where the Mafia have been dumping their victims. (R/T)

10.00 **Shark** A female tennis star is murdered and suspicion immediately falls on a recently released prisoner who attacked the victim five years earlier. However, it gradually becomes clear that there is more to the case than meets the eye. (T)

11.00 **Law and Order: Special Victims Unit** After a rape victim is abducted from hospital and later found murdered, the detectives discover that one of the multiple suspects is a sociopath with a juvenile conviction for rape, torture and murder. (R/T)

12.00 Quiz Call **4.45** Out of Practice (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Battlestar Galactica **1.00** Cold Case **2.00** Tru Calling **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Gladiators **10.00 FILM:** The Specialist **12.05am** Road Wars **1.05** Aztec Rex **2.40** Battlestar Galactica **3.30** Tru Calling **4.20** Battlestar Galactica **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **6.55** Planet's Funniest Animals **7.10** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **9.55** Judge Judy **10.25** Judge Judy **10.55** Judge Judy **11.25** Airline **12.00pm** Emmerdale **12.30** Airline USA **1.00** Planet's Funniest Animals **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Pushing Daisies **9.00** America's Got Talent **11.00** Katie & Peter: The Next Chapter **12.00am** Coronation Street **12.30** Coronation Street **1.00 FILM:** The Silence of the Lambs **3.00** Teleshopping **5.55** ITV2 Nightscreen

BBC3

7.00pm Top Gear **8.00** Last Man Standing **9.00** Doctor Who **9.45** Doctor Who Confidential **10.00 FILM:** The Village **11.40** Family Guy **12.05am** Family Guy **12.25** Two Pints of Lager and a Packet of Crisps **12.55** Two Pints of Lager and a Packet of Crisps **1.25** Ideal **1.55** The Real Hustle **2.25** Last Man Standing **3.20** Two Pints of Lager and a Packet of Crisps **3.50** Two Pints of Lager and a Packet of Crisps **4.20** Ideal **4.50** Close

BBC4

7.00pm World News Today **7.30** A Seaside Parish **8.00** Early Music **9.00** Quincy Jones: The Many Lives of Q **10.00 FILM:** Cactus Flower **11.40** The Avengers **12.30am** The Avengers **1.20** Quincy Jones: The Many Lives of Q **2.20** Early Music **3.15** Close

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SATURDAY
June 21

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Rachel's Favourite Food (R/T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** Tennis: the International Women's Open Final (T) **2.15** Athletics: European Cup (T) **5.15** BBC News (T) **5.40** Weakest Link (R/T)

6.40 **Doctor Who** As Donna's world collapses, she finds help from a mysterious blonde woman - but can Donna and Rose stop the approaching Darkness? (T)

7.30 **UEFA Euro 2008 Match of the Day Live** Live coverage of the third quarter-final at Euro 2008, held at Basel's St Jakob-Park. Greece caused a major upset at this stage four years ago, knocking out defending champions France, while both England and Sweden crashed out in penalty shoot-outs. (T)

10.00 **The National Lottery Saturday Draws** (T)

10.10 **BBC News** (T) (Followed by National Lottery Update)

10.30 **On the Ball: the Story of Sports Commentary** Adrian Chiles narrates a celebration of 80 years of the finest British sports commentary. The programme features a blend of memorable sporting moments and interviews with celebrities and sport personalities including Kelly Holmes, John Motson, Ian Botham, Barry Davies, Murray Walker and Alistair McGowan. (T)

11.00 **FILM: The Ring Two** (2005) Sequel to the cult horror about a videotape that brings death to anyone who watches it. The journalist from the original film destroys the tape but is pursued by the demon that cursed it and who now wants to possess her son. Stars Naomi Watts. (T)

12.40 Friday Night with Jonathan Ross (R/T) **1.40** Weatherview (T) **1.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** 50/50 (R/T) **10.25** The Slammer (R/T) **10.55** What's New Scooby-Doo? (R/T) **11.15** Beat the Boss (R/T) **11.45** Sportsround (T) **12.00** Kyle XY (T) **12.45** Class of 2008 (T) **1.10** Class of 2008 (T) **1.35** Sound (T) **2.05** Meta4orce (T) **2.15** Royal Ascot (T) **4.45** Monk (T) **5.30** The Supersizers Go... Elizabethan (R/T) **6.30** Dad's Army (R/T)

7.00 **Wild China** Ancient tea-growing cultures, traditional seaweed-thatched villages, bird-filled wetlands, rare white dolphins, snake-infested islands and futuristic cities jostle along China's fertile eastern seaboard which marks the front-line in the scramble for resources and space between seven hundred million people and a surprising wealth of wildlife. (R/T)

8.00 **Andrew Marr's History of Modern Britain** In the final part of Andrew Marr's national saga, Britain enters the uncharted waters of the post-Thatcher era. (T)

9.00 **Have I Got Old News for You** Popular news quiz with team captains Paul Merton and Ian Hislop, guest host Alexander Armstrong and guest panellists Michael McIntyre and Clare Balding. (R/T)

9.30 **FILM: Broken Flowers** (2005) Comic drama featuring an ageing single man who receives an anonymous letter claiming that he has a 19-year-old son, courtesy of a past relationship. Stars Bill Murray, Jeffrey Wright and Julie Delpy. (T)

11.15 **Legends: Joyce Grenfell - Comedy with Breeding** Cass Allen narrates a candid profile of one of the greats of female British comedy. (T)

12.15 **FILM: My Life So Far** (1999) Drama starring Colin Firth. (T) **1.45** City of Men (T) **2.15** City of Men (T) **2.50** **FILM: Miss Julie** (1999) Drama starring Saffron Burrows. (T) **4.30** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Jim Jam and Sunny (T) **9.55** Captain Mack (T) **10.10** Supernormal **10.25** Emu (R/T) **10.40** Art Attack (R/T) **11.05** Finger Tips (R/T) **11.20** Tricky Quickies (R/T) **11.30** The Crocodile Hunter Diaries (R/T) **12.00** ITV News and Weather (T) **12.05** Regional News and Weather (T) **12.10** F1: French Grand Prix Qualifying (T) **2.30** Cristiano Ronaldo: The Story So Far **3.30** Regional News and Weather (T) **3.45** ITV News and Weather (T) **4.00** **FILM: Hulk** (2003) Drama starring Eric Bana, Jennifer Connelly and Sam Elliott. (T)

6.30 **Animals Do the Funniest Things** Stephen Mulhern dives deep into the South African bush in search of the planet's most endangered species, while presenting more hilarious, unbelievable animal stories from around the world. (R/T)

7.30 **Euro 2008 Quarter-Final** Matt Smith introduces live coverage of the third quarter-final from Basel, where the winner of Group C takes on the runner-up in Group D. Commentary by Jon Champion, and studio analysis from Andy Townsend. (T)

10.00 **ITV News and Weather** (T) (Followed by Local Weather)

10.15 **The Big Fight Live: Khan v Gomez** Jim Rosenthal introduces a night of top boxing action from the Birmingham National Indoor Arena, featuring Amir Khan's defence of his Commonwealth lightweight title against Manchester-based Irishman Michael Gomez. (T)

11.30 **Tarrant on TV** Chris Tarrant presents a selection of brilliant and bizarre moments from world television. (R/T)

12.00 Bingo Night Live! **1.05** Nightwatch with Steve Scott - Crime (R/T) **2.00** **FILM: The Go-Between** (1971) Drama, starring Julie Christie. (T) **3.55** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 Making It (R) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: Friends (R/T) **9.25** The Nokia Green Room (R/T) **9.55** Big Brother (R/T) **10.55** Big Brother (R/T) **11.25** Shipwrecked 2008: Battle Of The Islands (R/T) **12.30** Shipwrecked 2008: The Third Island (R/T) **1.00** Friends (R/T) **1.30** Shipwrecked 2008: The Hutcam Diaries (T) **2.00** Channel 4 Racing From Newmarket, Ayr And Redcar (T) **4.15** Deal Or No Deal (T) **5.00** A Place in the Sun (R/T) **5.30** Come Dine with Me (R/T) **6.30** Channel 4 News (T)

7.00 **River Cottage Spring** Another chance to see the final episode of Hugh Fearnley-Whittingstall's definitive guide to locally produced, seasonal food. The peas are ready to pod, the gooseberries are nearly at their pickable peak and Hugh harvests the wet garlic. Spring is poised to turn into summer and the River Cottage team hold a fair. (R/T)

8.00 **Hitler's British Girl** Documentary on the life of Unity Mitford, cousin of Winston Churchill, who became one of Adolf Hitler's closest confidantes. The film unravels the various rumours about her relationship with Hitler, whether she was a British spy targeted by the Gestapo, and the reasons behind her convalescence in a discreet English clinic. (R/T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **FILM: Guess Who** (2005) A sarcastic father has plenty to say about his daughter wanting to marry a white boy. Family comedy, starring Ashton Kutcher and Bernie Mac. (T)

12.00 4music: Rockness (T) **12.35** **FILM: Good Will Hunting** (1997) Drama, starring Matt Damon and Robin Williams. (T) **2.45** Big Brother Live **4.25** St. Elsewhere (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** The Family Recipe (R/T) **10.10** Neighbours (R/T) **12.20** Monkey Life (R/T) **12.50** **FILM: Brave New Girl** (2004) Drama starring Lindsey Haun. (T) **2.35** **FILM: Night Passage** (1957) Western, starring James Stewart and Audie Murphy. (T) **4.25** **FILM: The Cockleshell Heroes** (1955) Wartime drama starring Jose Ferrer and Trevor Howard. (T) **6.15** Last of the Dambusters: Revealed (R/T)

7.05 **five news and sport** The latest national and international headlines. (T)

7.15 **Cricket on five** Mark Nicholas presents highlights of the third match of the NatWest One-Day International Series between England and New Zealand, from the County Cricket Ground in Bristol. (T)

8.00 **NCIS** The team is called in when dog tags belonging to marines are found in a national forest. (R/T)

9.00 **CSI: NY** Danny and Lindsay investigate the death of a vodka spokeswoman dressed as an ice queen who was murdered with her sceptre at a promotional event. Mac and Stella take to the streets where they find a marathon runner murdered on the track by what appears to be carbon monoxide. (R/T)

10.00 **Law and Order** An Iranian businessman is murdered the day after his wedding to a much younger woman. (T)

11.00 **True CSI** This episode deals with the murder of an elderly lady in 1984. At the time, rumours circulated relating to anti-nuclear activists and shadowy government officials. Now, new evidence has emerged suggesting that the murder was actually committed by a 16-year-old during a bungled robbery. (T)

12.00 Quiz Call **4.45** Out of Practice (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Dragon Booster **6.30** Dragon Booster **7.00** Dinotopia **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Vet at Large **9.30** Malcolm in the Middle **10.00** Brainiac: Science Abuse **11.00** Brainiac: Science Abuse **12.00pm** Vroom Vroom **1.00** Are You Smarter Than A 10 Year Old? **2.00** Are You Smarter Than A 10 Year Old? **3.00** Are You Smarter Than A 10 Year Old? **4.00** Malcolm in the Middle **4.30** Futurama **5.00** Futurama **5.30** Futurama **6.00** Gladiators **7.00** Futurama **7.30** Futurama **8.00** The Simpsons **8.30** The Simpsons **9.00** 50 Ways To Leave Your Tv Lover **11.00** Road Wars **12.00am** Road Wars **1.00** Street Wars **1.55** Road Wars **2.20** The Villa **3.15** Mile High **4.10** Greece Uncovered **5.05** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.10** Emmerdale Omnibus **11.00** Holiday Airport - Orlando **12.00pm** The Isle of Wight Festival 2008 **1.00** The Isle of Wight Festival 2008 **2.00** The Isle of Wight Festival 2008 **3.00** Paul Weller Live at the IndigO2 **3.30** Coleen's Real Women **4.30** Gossip Girl **5.30** America's Got Talent **7.30** **FILM:** Beverly Hills Cop **9.30** Katie & Peter: The Next Chapter **10.30** The Enemy Live at the IndigO2 **11.00** **FILM:** The Silence of the Lambs **1.15am** America's Got Talent **3.15** Movies Now **3.30** Emmerdale Omnibus

BBC3

7.00pm The Real Hustle **7.30** Doctor Who Confidential **8.15** Top Gear **9.15** **FILM:** Bad Company **11.05** Family Guy **11.30** Family Guy **11.55** **FILM:** Princess Diaries 2: The Royal Engagement **1.35am** Scallywagga **2.05** Ideal **2.35** The Real Hustle **3.05** Doctor Who Confidential **3.50** Scallywagga **4.20** Close

BBC4

7.00pm **FILM:** The Last Journey **8.00** **FILM:** Lazybones **9.05** British B Movies: Truly, Madly, Cheaply **10.35** **FILM:** Psychomania **12.05am** Quincy Jones: The Many Lives of Q **1.05** British B Movies: Truly, Madly, Cheaply **2.35** Quincy Jones: The Many Lives of Q **3.35** Close

SUNDAY
June 22

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** The Politics Show (T) **1.00** EastEnders (R/T) **3.00 FILM: My Fair Lady** (1964) Multi-Oscar-winning musical starring Rex Harrison. (T) **5.45** Points of View (T) **6.00** Songs of Praise (T) **6.35** Last of the Summer Wine (T)

7.05 BBC News National and international news, followed by Weather. (T)

7.25 The Ruby in the Smoke Drama adapted from Philip Pullman's novel. Sally Lockhart has struck a man dead with just three words: 'The Seven Blessings'. They were sent to her in a message from her father, just before he drowned in the South China Seas. But unfortunately, Sally has no idea what they mean. (T)

9.00 The Two Ronnies Sketchbook Messrs Barker and Corbett reunite to delve into the backstage stories behind some of their classic moments as they reveal their own personal memories. (R/T)

10.00 BBC News (T)

10.20 Commercial Breakdown with Jimmy Carr Jimmy Carr presents a collection of the funniest, wildest and weirdest television adverts from across the globe. (T)

11.00 UEFA Euro 2008 Match of the Day Highlights of the fourth quarter-final from Vienna. (T)

11.40 FILM: Amistad (1997) Epic historical drama which documents a legal battle over a shipload of slaves who overpowered their captors at sea and landed on the shores of America. Initially, the argument in the courts revolves around the issue of property and ownership. Stars Morgan Freeman. (T)

2.05 Weatherview (T) **2.10** Sign Zone: Wild China (R/T) **3.10** Holby City (R/T) **4.10** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Something for the Weekend (T) **11.30** Animal Park (R/T) **12.30** Fred Dibnah's World of Steam, Steel and Stone (R/T) **1.00** World Cup Rowing (T) **2.15** Moto GP: Donington (T) **4.00** Athletics: European Cup (T) **6.35** Meerkat Manor (T)

7.00 Coast Neil Oliver and the team take a journey around the coast of the UK. In Cornwall, he discovers the network of communication cables under Porthcurno beach, which wrap around the world. (T)

8.00 Top Gear (New) The very latest Top Gear news and views from the usual team. Jeremy, Richard and James apply their minds to the question of what the British police should drive. (T)

9.00 FILM: Kinky Boots (2005) British comedy. A Northampton shoe factory is on the verge of closing down, unable to compete with cheap third world imports. The reluctant and desperate owner is inspired by an outrageous drag queen to switch production to saucy footwear for transvestites - to the despair of his fiance and the shopfloor. Stars Joel Edgerton, Chiwetel Ejiofor and Linda Bassett. (T)

10.40 The Graham Norton Show Graham Norton presents celebrity chat, eccentric stories and characters, and home-grown weirdness from the great British viewing public. (R/T)

11.25 Trouble at the Top For four generations the Patemans have been making traditional men's footwear, but a strong pound and cheap imports have taken away his customers. (T)

12.15 Heroes (R/T) **1.00** Heroes Unmasked (R/T) **1.15 FILM: The Hearse** (1980) Spooky horror starring Trish Van Devere. (T) **2.55** Joins BBC News (T) **3.55** The Super League Show (R/T) **4.55** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** Coronation Street Omnibus (T) **11.45** ITV News and Weather (T) **11.55** Regional News and Weather (T) **12.00** F1: French Grand Prix Live (T) **3.00 FILM: From Russia with Love** (1963) Spy drama, starring Sean Connery, Daniela Bianchi and Pedro Armendariz. (T) **5.00** The Unforgettable John Le Mesurier (R/T) **5.45** Regional News and Weather (T) **6.00** Private Lives (T) **6.30** ITV News and Weather (T)

6.45 Beat the Star Vernon Kay presents the game show in which one plucky challenger goes head-to-head against a competitive celebrity to win a huge cash prize. (T)

8.00 The Royal (New) A honeymooning couple's dreams of marital bliss are derailed on their wedding day. Marian finds that first impressions don't always count when she's forced to travel with a hung-over fellow passenger. (T)

9.00 Taggart Burke feels like he is stepping back in time when the body of a young woman clothed in bin bags is found by the Clyde, a copycat killing replicating a 20-year-old murder case. (R/T)

10.30 ITV News and Weather (T) (Followed by Local Weather)

10.45 TV's Naughtiest Blunders Neil Morrissey introduces more of television's most outrageous out-takes. (R/T)

11.45 F1: French Grand Prix Highlights Steve Rider presents the best of the action from the French Grand Prix at the Magny Cours circuit. With just seven points separating the top four drivers in the championship, can Poland's Robert Kubica continue to build on his maiden win in Canada?

12.45 The Way We Worshipped (R/T) **1.15** Dial a Mum (R/T) **1.55** Vanessa's Real Lives (R/T) **2.45** Fat Chance (R/T) **3.10** Fat Chance (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Transworld Sport (T) **7.55** British Triathlon Grand Prix 2008 (T) **8.20** The Shooting Party (T) **8.50** T4: Shipwrecked 2008: The Hutcam Diaries (R/T) **9.25** Hollyoaks Omnibus (R/T) **11.55** Shipwrecked 2008: Battle Of The Islands (T) **1.00** The Nokia Green Room (T) **1.35** Shipwrecked 2008: The Third Island (T) **2.10** Big Brother's Little Brother (T) **3.10** Big Brother's Diary Room Uncut (T) **4.15** The Simpsons (R/T) **4.45** Time Team (R/T) **5.45** Scrapheap Challenge (T) **6.45** Channel 4 News (T)

7.00 Tony Robinson's Crime And Punishment Tony explores the theatre of public execution, focusing on the 18th century when over 200 offences were punishable by death. (T)

8.00 How TV Changed Britain This edition focuses on homes and houses, asking if television shows are to blame for the country's unhealthy obsession with property. (T)

9.00 Big Brother Today's highlights from the Big Brother house. (T)

10.00 The Sunday Night Project Guest host Mark Ronson joins presenters Justin Lee Collins and Alan Carr for the usual mix of sketches, news and audience interaction. (T)

11.10 Back To You Sitcom starring sitcom veterans Kelsey Grammer and Patricia Heaton as a pair of bickering news anchors. Kelly doubts whether Chuck is responsible enough to take care of a child. He's determined to prove her wrong by taking care of a pet goldfish. (T)

11.35 8 Out of 10 Cats Jimmy Carr presents the sixth series of the topical comedy panel show with team captains Sean Lock and Jason Manford. (R/T)

12.10 FILM: Lady in White (1988) Fantasy, starring Lukas Haas and Len Cariou. (T) **2.10** Big Brother Live **4.25** St. Elsewhere (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** Megastructures (R/T) **12.00** Ice Road Truckers (R/T) **1.00 FILM: Anatomy of a Murder** (1959) Powerful courtroom drama starring James Stewart and Ben Gazzara. (T) **3.55 FILM: My Girl 2** (1994) Sentimental comedy drama continuing the story of a young girl's coming of age. Now 13, Vada Sultenfuss is set a school project to write about someone she has never met. Researching the life of her mother - who died when she was a baby - Vada visits her uncle to gather more information and strikes up a friendship with his girlfriend's son. Stars, Dan Aykroyd and Jamie Lee Curtis. (T) **5.45** five news and sport (T)

6.00 FILM: Bewitched (2005) Romantic comedy inspired by the 1960s TV show. A disillusioned witch seeks out a new, less enchanted career path. She finds work as an actress - but her big break is not exactly what she expected. Stars, Nicole Kidman and Will Ferrell. (T)

8.00 FILM: Practical Magic (1998) Supernatural romantic comedy about two sisters from a long line of witches whose powers come at a price. The pair live under the shadow of a curse which dictates that any man they fall in love with will die. But they remain determined to beat the curse and find the true love they yearn for. Stars Nicole Kidman and Sandra Bullock. (T)

10.00 Most Shocking Celebrity Moments of the 80s Entertaining countdown of the 70 most outrageous moments of the 80s - including Ian Botham's brush with drugs; Peter Duncan's nude film scandal; a nocturnal visitor for the Queen; and Rob Lowe's sex tape. (R/T)

12.55 Major League Baseball **4.20** Rolex Grand Am **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** Pokémon Advanced **7.30** Pokémon Advanced **8.00** Brainiac: Science Abuse **9.00** Brainiac: Science Abuse **10.00** Brainiac: Science Abuse **11.00** WWE - Experience **12.00pm** Gladiators **1.00** Futurama **1.30** Futurama **2.00** Robot Wars Extreme II **3.00** Project Runway **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** Malcolm in the Middle **5.30** The Simpsons **6.00** Gladiators **7.00** Don't Forget The Lyrics **8.00** The Simpsons **8.30** The Simpsons **9.00** Top 50 Celebrity Meltdowns **11.00** Gladiators **12.00am** Road Wars **1.00** Street Wars **1.50** The Villa **2.40** Mile High **3.30** The Dresden Files **4.20** Cold Case **5.10** Guilty!

ITV2

6.00am Nanny 911 **6.45** America's Got Talent **8.45** Pushing Daisies **9.45** Gossip Girl **10.45 FILM:** Beverly Hills Cop **12.50pm** Emmerdale Omnibus **3.40** Coronation Street Omnibus **6.00** Britain's Got More Talent: Best & Worst 3 **7.00** America's Got Talent **9.00** Supernatural **10.00** Katie & Peter: The Next Chapter **11.00 FILM:** The Grudge **12.50am** Smallville **1.40** Teleshopping **4.40** ITV2 Nightscreen

BBC3

7.00pm Sound **7.30** The Real Hustle **8.00** Doctor Who **8.50** Doctor Who Confidential **9.00** Greek **9.45** Greek Uncovered **10.00** Family Guy **10.25** Family Guy **10.45** Two Pints of Lager and a Packet of Crisps **11.15** Two Pints of Lager and a Packet of Crisps **11.45** MeeBOX **12.15am** The Real Hustle **12.45** Shopping Is My Life **1.45** Two Pints of Lager and a Packet of Crisps **2.15** Two Pints of Lager and a Packet of Crisps **2.45** MeeBOX **3.15** Doctor Who Confidential **3.25** Greek Uncovered **3.40** Shopping Is My Life **4.40** Close

BBC4

7.00pm Secret Life of the Motorway **8.00 FILM:** The Black Rider **9.00 FILM:** Cover Girl Killer **10.05** British B Movies: Truly, Madly, Cheaply **11.35** The Flapping Track **12.45am** Can Dogs Smell Cancer? **1.45** Secret Life of the Motorway **2.45** The Flapping Track **4.00** Close

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MONDAY
June 23

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) **11.00** To Buy or Not to Buy (R/T) **11.30** Trash to Cash (T) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Wimbledon 2008 (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **My Family** An unusual request from a couple whom Susan and Ben met on holiday leads to chaos in the Harper household. (R/T)

7.57 **BBC News and Regional News**

8.00 **EastEnders** Jean is overexcited about a hot date, and Vinnie has an unusual plan to choose a new cab driver. (T)

8.30 **Panorama** Current affairs programme presented by Jeremy Vine. (T)

9.00 **Traffic Cops** Documentary series following the traffic police as they enforce the law on some of Britain's busiest and most dangerous roads. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **FILM: The Bone Collector** (1999) Detective thriller. When a brilliant forensics expert is paralysed in an accident, he is left confined to his bed and suicidal. But his help is needed with a sadistic serial killer on the loose in Manhattan. Stars Denzel Washington, Angelina Jolie and Queen Latifah. (T)

12.25 Weatherview (T) **12.30** Sign Zone: Living the Dream Revisited (R/T) **1.30** Women In Black (R/T) **2.00** Hard Sell (R/T) **2.30** Hard Sell (R/T) **3.00** To Buy or Not to Buy (R/T) **4.00** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** In the Night Garden (R/T) **10.30** Wimbledon Review (T) **11.30** The Daily Politics (T) **12.00** Wimbledon 2008 (T) **3.25** Lazytown (R/T) **3.50** Animalia (R/T) **4.15** Uncle Max (R/T) **4.25** Roar (R/T) **4.55** Grange Hill (T) **5.20** Newsround (T) **5.30** Shaun the Sheep (R/T) **5.40** Shaun the Sheep (R/T)

5.50 **Wimbledon 2008** Sue Barker hosts more coverage from Wimbledon 2008. Roger Federer begins his defence of the men's singles title, which he won for a fifth time last year, thus emulating the achievement of tennis legend Bjorn Borg. (T)

8.00 **Today at Wimbledon** John Inverdale and guests look back at the day's action and preview the big matches that will be taking place tomorrow. (T)

9.00 **Mary Queen of Shops** Retail guru, Mary Portas is back to save the small fashion boutique from extinction. Burts Mens Store in Chorlton has been in Adrian Burt's family for 112 years but under his leadership the store's takings are worse than they've ever been. (T)

10.00 **Grumpy Old Women** A group of middle-aged women grumble about various aspects of modern life. (R/T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T)

11.20 **Tribal Wives** In this new six part series six women each live for a month with six different tribes. The Kuna Indians live on a stunning scattering of coral islands off the coast of Panama. They are a deeply spiritual people who believe that their homes and families are protected by ever-present spirits. Living with them for the next month is Sass Willis, a 34 year old from Oxford. (R/T)

12.20 Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather (T) **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) **3.30** Midsomer Murders (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Marlon is offered a column in the Hotten Courier. (T)

7.30 **Coronation Street** Claire has a surprise while clearing out the attic. (T)

8.00 **Fixing Broken Britain: Tonight** Sylvia Lancaster, whose daughter Sophie was kicked to death for dressing as a Goth, travels to other European countries to see if lessons can be learned to beat Britain's high levels of teen crime and binge drinking. (T)

8.30 **Coronation Street** Audrey threatens to blow the whistle on David's fake reference. (T)

9.00 **Identical Triplets: Their Secret World (New)** To many, the idea of identical triplets seems unimaginable, even bizarre. They are certainly rare - out of the 750,000 babies born every year in the UK, only four sets are identical triplets. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.35 **FILM: End of Days** (1999) Action adventure story about a private security guard who finds himself caught up in an apocalyptic conflict. Stars Arnold Schwarzenegger, Gabriel Byrne and Robin Tunney. (T)

12.45 Red Bull Flugtag (T) (Followed by ITV News Headlines) **1.35** Loose Women (R) **2.25** Moving Day (R/T) **2.50** Moving Day (R/T) **3.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Big Brother's Little Brother (R/T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.50** Proud Parents (R/T) **12.00** News at Noon (T) **12.30** Supporting Acts (R/T) **12.40 FILM: American Outlaws** (2001) Western starring Colin Farrell and Scott Caan. (T) **2.20** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **The Political Slot** (T)

8.00 **Dispatches: The Truth About Food Prices** Documentary investigating the causes of recent food price increases and the impact they are having on shoppers and food producers. Jay Rayner asks why the UK has become so reliant on food imports and if enough is being done to stem the problem of price inflation. He travels around the country meeting consumers, food producers and key experts to establish which key decisions need to be taken immediately to prevent food inflation becoming a disaster. (T)

9.00 **Upstairs Downstairs Love** Series of films which reappraise and contradict the traditional view of Victorian society as prudish and straight-laced. (T)

10.00 **Big Brother** Today's highlights from the Big Brother house. (T)

11.05 **Rude Tube** Alex Zane presents a countdown of the 50 funniest, rudest and most bizarre video clips to take the internet by storm, in order of their online popularity. (R/T)

12.10 FILM: Separate Lies (2005) Drama, starring Tom Wilkinson and Emily Watson. (T) **1.40** Big Brother Live **4.20** Dispatches: The Truth About Food Prices (R) **5.10** Richard & Judy (R)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Build a New Life in the Country (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Adventures (T) **3.05** The Family Recipe (R/T) **3.15 FILM: Devil Winds** (2003) Tornado action adventure stars Joe Lando and Nicole Eggert. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **How Do They Do It?** Series examining the feats of science and engineering behind everyday life. (R/T) (Followed by five news update)

8.00 **The Gadget Show** Consumer technology show presented by Jason Bradbury, Suzi Perry, Jon Bentley and Dallas Campbell. (T)

9.00 **Warship** Documentary series filmed onboard the aircraft carrier HMS Illustrious. (T)

10.00 **Shops, Robbers and Videotape** First in a two-part documentary using CCTV to explore the ongoing fight against crime in Britain. (R/T)

11.05 **FILM: Gigli** (2003) Crime comedy in which a lowly thug kidnaps the mentally disabled brother of a federal prosecutor to save his mobster boss from jail. When a lesbian gangster is sent to oversee the job, the seemingly routine task becomes much more complicated. Stars, Jennifer Lopez and Ben Affleck. (T)

1.20 NASCAR: The Sprint Cup **2.10** USPGA Golf **3.00** Race and Rally UK **3.25** Motorsport Mundial **3.40** V8 Supercars **4.30** Boxing: Fight of the Week **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Battlestar Galactica **1.00** Cold Case **2.00** Tru Calling **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Gladiators **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Road Wars **10.00** Justin Lee Collins: 180 **11.00** Night Cops **12.00am** Road Wars **1.00** Road Wars **1.50** Tru Calling **2.40** Cold Case **3.30** Battlestar Galactica **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** The Isle of Wight Festival: Highlights **8.00** Gossip Girl **9.00 FILM:** The Grudge **10.50** Coronation Street **11.20** Coronation Street **11.50** Katy Brand's Big Ass Show **12.20am FILM:** Beverly Hills Cop **2.15** Teleshopping **5.15** ITV2 Nightscreen

BBC3

7.00pm Dragons' Den **8.00** The Real Hustle **8.30** Snog Marry Avoid? **9.00** Gavin and Stacey **9.30** Little Britain **10.00** EastEnders **10.30** The Mighty Boosh **11.00** Family Guy **11.25** Family Guy **11.45** Gavin and Stacey **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Two Pints of Lager and a Packet of Crisps **1.15** Snog Marry Avoid? **1.45** The Real Hustle **2.15** The Mighty Boosh **2.45** Two Pints of Lager and a Packet of Crisps **3.15** Two Pints of Lager and a Packet of Crisps **3.40** Natalie Cassidy's Diet Secrets **4.40** Close

BBC4

7.00pm World News Today **7.30** Living with Modernism **8.00** Windrush **9.00** The Life of Mammals **10.00 FILM:** Marilyn **11.05** British B Movies: Truly, Madly, Cheaply **12.35am** Jews **1.35** The Biggest Chinese Restaurant in the World: Storyville **2.05** Living with Modernism **2.35** British B Movies: Truly, Madly, Cheaply **4.05** Close

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TUESDAY
June 24

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.30** Trash to Cash (T) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Wimbledon 2008 (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Bianca's family outing takes a dramatic turn. (T)

7.57 **BBC News and Regional News**

8.00 **Holby City** Faye has disappeared and information from Jac in ITU causes further concern for Linden and Joseph. (T)

9.00 **Crimewatch** Who abducted a local postman for no apparent reason? He was tied up and his van set on fire. And the serial rapist in Essex who has evaded capture for over a decade. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather**

10.33 **BBC Weather** (T)

10.35 **Crimewatch Update** Updates on cases featured in tonight's programmes. (T)

10.45 **Imagine...** (T)

11.45 **FILM: Captives** (1994) A young female dentist starts working in a high-security prison when her marriage breaks up. Before long she is drawn into an intense, secret affair with a convicted criminal. Consumed by obsessive passion, she embarks on a dangerous journey from which there is no turning back. Stars Tim Roth, Julia Ormond and Keith Allen. (T)

1.20 Weatherview (T) **1.25** Sign Zone: See Hear (R/T) **1.55** Superfish (R/T) **2.45** Russia: A Journey with Jonathan Dimbleby (R/T) **3.45** Hard Sell (R/T) **4.15** To Buy or Not to Buy (R/T) **4.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** In the Night Garden (R/T) **10.30** Yesterday at Wimbledon (T) **11.30** The Daily Politics (T) **12.00** Wimbledon 2008 (T) **3.25** Lazytown (R/T) **3.50** Animalia (T) **4.15** Uncle Max (R/T) **4.25** The Cramp Twins (R/T) **4.30** The Owl (R/T) **4.35** Dinosapien (T) **5.00** Blue Peter (T) **5.25** Newsround (T) **5.30** Shaun the Sheep (T) **5.40** Shaun the Sheep (T)

5.50 **Wimbledon 2008** Sue Barker hosts more live coverage from Wimbledon 2008 with the top men's and women's seeds hoping to avoid becoming early casualties at this year's championships. (T)

8.00 **Today at Wimbledon** John Inverdale and guests look back at the day's action and preview the big matches that will be taking place tomorrow. (T)

9.00 **The Supersizers Go... Regency** Giles Coren and Sue Perkins spend a week on a diet spanning the Regency Years of 1789-1821. With Rosemary Shrager cooking for them at their country manor house, they enjoy the full trappings of the landed gentry. (T)

10.00 **The Culture Show** Comedy, cinema, music and the best literature are all in The Culture Show presented by Lauren Laverne and Mark Kermode. (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Russell Brand on the Road** Russell Brand sets out across America's vast heartland in homage to one of his literary heroes, Jack Kerouac and his classic novel, On The Road, which turns 50 this year and has inspired countless hipsters and restless souls to hit the road. Russell read the book when he was nineteen and was excited by the sense of magic and possibility it conjured up. (T)

12.20 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather (T) **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) **3.30** Midsomer Murders (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale: Puff of Smoke** The psychologist advises Ashley to be honest with Gabby. (T)

8.00 **Black Market Britain (New)** A look at how the counterfeit racket has become an international, highly organised and extremely profitable business. (T)

9.00 **Doc Martin** The Doctor comes face-to-face with Danny, an old flame of Louisa's, who has returned to the village to visit his ageing mother, and the two fail to get along. And, is there a mugger in the village? (R/T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.35 **Kingdom** Aeste, a young woman from Eastern Europe, arrives in distress at Peter's office. (R/T)

11.35 **Confessions of an Estate Agent** Real life stories of estate agents abusing their power, including a cheeky agent who used his client's luxury penthouse flat to entertain girls, claiming it was his own, and another who helped stage an exorcism in order to sell a house. (R/T)

12.05 Bingo Night Live! **1.05** Nightwatch with Steve Scott - Crime (R/T) (Followed by ITV News Headlines) **2.00** Loose Women (R) **2.50** The Jeremy Kyle Show (R/T) **3.45** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.50** British Made (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** **FILM: Contraband** (1940) Wartime drama, starring Conrad Veidt and Valerie Hobson. (T) **2.20** Selling Houses Abroad (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **The Political Slot** (T)

8.00 **10 Years Younger** Nicky Hambleton-Jones and her team of cosmetic consultants work magic on members of the public who want to look younger. Businesswoman and mother-of-two Mel Smith is transformed into a sexy siren, while her prehistoric make-up bag is sent to the lab. (T)

9.00 **Gordon Ramsay's F Word** Gordon takes his son Jack fishing in the Scottish Highlands, and then turns a Robin Reliant into a salmon smoker. Janet Street-Porter decides whether to make her veal calves free range, while Meatloaf takes on Gordon with his tuna bake. (T)

10.00 **Big Brother** Today's highlights from the Big Brother house. (T)

11.05 **Reaper** Comedy series following Sam, a lifelong slacker who discovers that his parents sold his soul to Satan before he was born. Sam is crushed when Andi's new boyfriend encourages her to quit her job and go back to school. (T)

12.05 Premier League Poker (T) **1.05** British GT Championship (T) **1.30** KOTV (T) **2.00** Big Brother Live **3.30** ER (R/T) **4.15** Richard & Judy (R) **5.15** British Superbike Championship (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Build a New Life in the Country (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Activity Holidays (T) **3.05** The Family Recipe (R/T) **3.15** **FILM: Love's Enduring Promise** (2004) Family drama starring Logan Arens and Mackenzie Astin. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Zoo Days (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Extraordinary Animals** Documentary series profiling remarkable animals from across the globe. (T) (Followed by five news update)

8.00 **Legend of the Crystal Skulls: Revealed** Historical documentary investigating the origins of the world-famous crystal skulls. (T) (Followed by five news at 9)

9.00 **CSI: Crime Scene Investigation** Las Vegas-based forensic drama. The team struggles to identify the killer of an elderly cancer patient. And Greg faces past demons when he is brought to court for the murder of Demitrius James. (R/T)

10.00 **CSI: NY** Mac returns from a holiday in London to investigate the murder of a security guard at the Statue of Liberty. (R/T) (Followed by five news update)

11.00 **Law and Order: SVU** Benson and Stabler investigate the near-fatal beating of a psychiatrist who may have been attacked by one of her patients. (R/T)

12.00 The FBI Files (T) **1.05** Great Women's Run **1.55** ITU Triathlon **2.45** Ironman Western Australia **3.35** Supercross **4.25** Seniors Golf **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise with Stelios: Caribbean **6.30** Cruise with Stelios: Caribbean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Battlestar Galactica **1.00** Cold Case **2.00** Tru Calling **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** 50 Greatest Tv Endings **11.00** The Dresden Files **12.00am** The Dresden Files **1.00** Road Wars **1.50** Tru Calling **2.40** Cold Case **3.30** Battlestar Galactica **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Coleen's Real Women **8.00** Katie & Peter: The Next Chapter **9.00** **FILM:** Beverly Hills Cop **11.10** Paul Weller Live at the IndigO2 **11.40** **FILM:** Along Came Polly **1.20am** The Black Donnellys **2.15** Teleshopping **5.15** ITV2 Nightscreen

BBC3

7.00pm Dog Borstal **8.00** Shopping Is My Life **9.00** Britain's Youngest Grannies **10.00** EastEnders **10.30** Summer Heights High **11.00** Family Guy **11.25** Family Guy **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Britain's Youngest Grannies **1.40** Shopping Is My Life **2.40** Two Pints of Lager and a Packet of Crisps **3.10** Two Pints of Lager and a Packet of Crisps **3.40** Britain's Youngest Grannies **4.40** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Windrush **9.00** What Happened Next? **10.00** The Armstrong and Miller Show **10.30** Reichenbach Falls **11.50** The Twenties in Colour: The Wonderful World of Albert Kahn **12.50am** The Biggest Chinese Restaurant in the World: Storyville **1.20** Reichenbach Falls **2.40** What Happened Next? **3.40** Close

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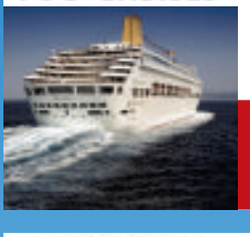

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Lamb Shish	£3.50	£4.20	£3.99
Chicken Doner	£3.90	£4.90	£4.49
Chicken Tikka	£3.90	£4.90	£4.49
Lamb Tikka	£3.90	£4.90	£4.49
Mix Kebab	£4.50	£6.00	£5.50
Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans)			£13.50

BIRYANI

Plain / Chicken / Lamb /Veggie	£4.50
Biryani Meal Deal (any biryani & can)	£5.00

BURGERS

Chicken / Fish / Veggie / Bean / ¼	£2.50
Burger Meals (excl. ½)	£3.49

CHICKEN

1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

CURRIES

Chicken / Lamb / Veggie	£3.50
Roti	£0.50
Naan	£1.00

8 CHICKEN NUGGETS FREE !!!!
with all orders over £14.00 (subject to availability)

We now cater for parties too, contact for details;
01908 222224

Deliveries available 5pm - 12am, 7 days a week
Opening hours: Mon to Sat 12pm-12am, Sun 1pm-12am
3 Stratford Road, Wolverton, Milton Keynes. MK12 5LJ.

"It's Kick Off Time!"

Pizza Tonight!

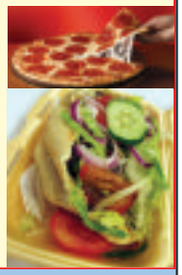
01908 56 76 76

BUY 1 - GET 1 FREE
Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

Thick crust or thin crust	Medium 10" Round only 4 pieces	Large 13" Round only 8 pieces	X-Large Round only 10 pieces
Cheese and Tomato - *Cheese and tomato*	£6.49	£8.49	£9.99
Tuna Treat - *Tuna, red onion & Jalapenos or chillies*			
Kashmiri - *Chilli, chicken tikka, pineapple and red onions*			
Pepperoni Feast - *Double pepperoni, double cheese*	£7.99	£9.99	£11.99
Hot Chicken - *Grilled chicken, mushrooms, sweetcorn, jalapenos*	£8.99	£10.99	£13.99
NEW! BBQ Chicken - *BBQ grilled chicken, peppers, mushrooms and onions*			
Chicken Supreme - *Chicken, mushrooms, green peppers & red onions*			
Vegetarian (V) - *onions, peppers, tomatoes*			
Beefeater - *beef, pepperoni, onions*			
HOT Triple Chilli Feast - *Jalapenos, chilli & peppers with beef or chicken*			
Hawaiian Special - *Ham, pineapple and sweetcorn*			
Farmhouse Special - *Ham, onions and mushrooms*			
NEW! Full English - *Fried mushrooms, fried onions & fried tomatoes, ham, beef*			
NEW! Chefz Desi Style - *Donor, beef, chicken, onions, peppers & chillies*			
Veggie Special (hot) - *onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn*			

Chicken Bucket Deal - *8 pieces chicken, 4 chips* £8.99

Kiddies Meal - *4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink* £2.50



DEALS

Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE

OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL

2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO

Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE

Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New Chicken BBQ Sizzler *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New Lamb Donor Pizza *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New Chicken Donor Pizza *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS	Single price	Double up
Delicious Dips (ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS
85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm

01908 632236
Cash or credit card only

FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

DAILYLIFE

THURSDAY
ASCOT Ladies Day at Willen Hospice. All the day's racing on the big screen. £35 per head. 1.30-6pm
E-mail: rogersonj@willen-hospice.org.uk
Contact: Julia Rogerson on 01908 306962

PARZIFAL. Milton Keynes Central Library 7.45-9.45pm. A Word in Edgeways There's maidens to be rescued, a wounded king and a wasted land to heal-only a true hero can complete the quest for the Grail. £3 adult, £1.50 12-18 years from: 01908 254050
E-mail: Central.Library@milton-keynes.gov.uk
Contact: Central Library

SNOW White Panto - Show intro night. George Street Community Centre, Bletchley. Milton Keynes AOS is on the hunt for cast members (singers, dancers and comics) for Snow White. Introductory evening at 7.30pm. J
Web site: www.mkaos.co.uk
E-mail: john@dreamsnwishes.co.uk
Contact: John Dowell: Tel: 01908 521394

FRIDAY
Saturday and Sunday
GREAT Linford Waterside Festival. Manor grounds, Milton Keynes. One of the biggest FREE community events in Milton Keynes. Great music for all the family starts with Picnic in the Park on Friday evening. All day Saturday and Sunday sees a full programme of live music, arts, stalls and attractions.
Web site: www.watersidefestival.co.uk
E-mail: ldonhoopera@btinternet.com

SATURDAY
CARDMAKING Workshop with WS Designs Yardley Gobion Village Hall. Join Paul Church from WS Designs on this all day workshop. 10am-4.30pm. Tea and coffee provided throughout the day. You will need to bring your own lunch. All materials included. Stock will be available for you to purchase on the day at a discount. Pre-booking is essential.
Web site: www.jayzcrafts.com
E-mail: julia@jayzcrafts.com
Contact: Julia Watts

THE MK Sinfonia's summer concert takes the romantic lead with Mendelssohn's light-hearted Italian Symphony, which delighted Londoners in 1833 and continues to captivate to this day. Steve Davies, a versatile wind player, continues wooing the audience as clarinet soloist in Gerald Finzi concerto for clarinet and strings. The grand finale sweeps all of their feet with a sweet surrender to Dvorak's Wind Serenade with cello and double bass.
7.45pm at The Church of Christ the Cornerstone.
Tickets on the door 01908 377518.

ART Crafts for sale at the Annual Exhibition of The Stony Stratford Art Society. St Mary's & St Giles' Church, Stony Stratford. 9am-4.30pm.

The Wow Factory! Children's art workshops, creative play and messy fun. York House Centre, London Road, Stony Stratford. Ages 2-6 Drop-in Messy Play sessions 9-10am and 12-1pm. £2.50 per child. Ages 7-11 Handmade Paper and Papercraft workshops 10.30-12pm and 1.30-3pm. £18 for four weeks. For more information or to reserve a place contact Louisa Frost on 01908 307169 or e-mail wowfactory@hotmail.co.uk

SUNDAY
WESTON Underwood fete. All the usual fun to be had plus Splat the Rat, Welly Wanging and Devils and Angels to keep the children entertained. The entrance to the village is characterised by the walls on either side of the road which are topped with finials, locally known as the 'knobs.' The fete will see the launch of its own designer shopping bags made of environmentally friendly jute. The bag features a picture of the village entrance and the words 'With Knobs On.'

■ Publicise your event free in the DAILY LIFE column
e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

CHEFS'SECRETS

Seared tuna – it's hot,hot, hot

IN the summer I like to cook light, simple food with lots of flavour.

Something I can do quickly, so that if the sun is shining, I can sit in the garden, have a bite to eat, a glass of wine and grab some rays.

This month a very quick seared fresh Tuna loin (steak) with a sesame seed crust, Asian slaw and soy and lime dressing.

I love fresh tuna and I believe it is best served rare. If you like your tuna more cooked just increase the time of the recipe.

To follow, the most decadent dessert that can sit refrigerated for a few days.

White chocolate and raspberry cheesecake with a unusual twist as there is no cream cheese in it.

Instead I use chocolate ganache as a base, which is two parts melted chocolate to one part double cream.

You will probably have had it before as the soft, creamy chocolate centre in chocolate truffles.

Combined with fresh raspberries and a little raspberry sauce as a summer dessert it does not get much better.

I have got some great BBQ recipes for next month.

EMMA

SEARED TUNA
Ingredients
4 tuna steaks
Sesame seeds
Olive oil
Salt
Pepper
Method
1 Put the sesame seeds in a flat tray
2 Liberally brush the tuna steak with olive oil and put in the tray of sesame seeds, turning to coat both sides, season with salt and pepper and place to one side
3 Heat a non stick Frying pan until very hot
4 Place the Tuna Steaks in the hot pan. Do not add any further oil as the Tuna is already coated with enough oil.
5 For perfect rare tuna cook the tuna steaks on both sides for 90 seconds each side
6 If you prefer your tuna more cooked just increase the cooking time
7 Place the Tuna on the Asian slaw and spoon over the dressing

ASIAN SLAW
Ingredients
2 peeled carrots
2 sticks of celery
1/4 white cabbage, shredded
Mayonnaise
Juice from one lime
Method
1 Using a potato peeler, peel the carrot and celery length ways to create long ribbons
2 In a bowl mix the shredded cabbage, carrot ribbons, celery ribbons, and lime juice with enough mayonnaise to bind all the ingredients
3 Divide the slaw into four and place in the centre of 4 plates

DRESSING
Ingredients
1 tbl spoon dark soy sauce
1 tbl spoon sesame oil
Juice from 1 lime
1 tbls spoon sugar
4 tbl spoons olive oil
Method
Whisk all the ingredients in a bowl and set to one side

EASY CHEESECAKE
Ingredients
8 digestive biscuits
35gms melted butter
250gms white chocolate
125gms double cream
2 punnets fresh raspberries
Method
1 Crush the digestives and combine with the melted butter.
2 Divide the mix into 4 and press into metal rings. If you do not have rings a cake tin or pie dish is great.
3 Place the white chocolate in a glass bowl and melt, over a pan of hot water, stirring occasionally.
4 When the chocolate has melted add the cream and stir.
5 Gently fold in most of the raspberries, retaining some for a garnish.
6 Pour the mixture into the rings or cake tin. Allow to cool and refrigerate.
7 When needed remove from the ring or tin, place a few fresh raspberries on top and serve.

MEET THE CHEF

Emma Gilchrist is the head chef and owner of the multi-award winning Crooked Billet pub restaurant in Newton Longeville. Call 373936 for bookings.

Adult Continuing Education

FREE taster courses and workshops

Have you ever thought about doing a part-time course for fun or to help with work but not had the time or money to sign up?

ACE are offering a special summer programme of free activities so you can have a go at doing something new.

This is what people who have taken the plunge have to say about ACE courses:

'It's not like school. I liked the relaxed, informal atmosphere.'

'I like being able to ask questions and not feel stupid. The teaching was great and there was a really friendly bunch of people'.

'I learned so much and I have loads of ideas now about what else I can do'.

If you would like us to send you a leaflet listing all our free tasters and how to sign up, please phone 01908 556700 or email adult.education@milton-keynes.gov.uk

Adult Continuing Education,
1 Cofferidge Close, Stony Stratford,
Milton Keynes MK11 1BY
www.milton-keynes.gov.uk/ace

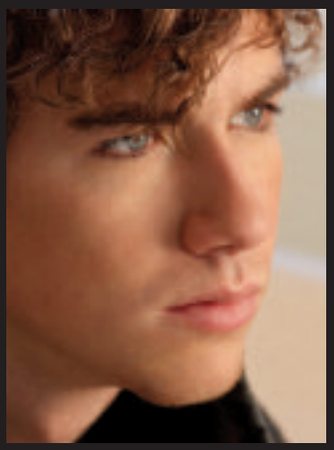
Adult Continuing Education ACE

matrix

MILTON KEYNES COUNCIL

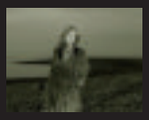
Box Office:
01908 280800
www.stables.org

the stables
The Laine Dankworth Centre
WAVENDON, MILTON KEYNES



Tuesday 24 June, 8pm
RICHARD FLEESHMAN

Tonight the Soapstar Superstar and Coronation Street hearthrob joins us touring his stunning debut album Neon.
Tickets £14

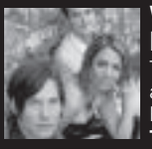


Friday 4 July, 8pm
DEBORAH BONHAM
That's one talented gene pool - catch John's sister in a performance that runs the gamut from soul to blues to hard rock to English folk and all the way back again.
Tickets £12.50

Saturday 19 July, 8pm
THE RING OF FIRE
As close to a live Johnny Cash show as you'll ever get, with all the favourites performed on original 50s equipment for a totally authentic sound.
Tickets £16

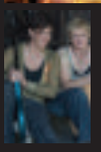
COMING THIS AUTUMN...

Thursday 4 September, 8pm
JASON MANFORD
Multi-award winning comedian and star of 8 Out of 10 Cats joins us on his first live national tour.
Tickets £14

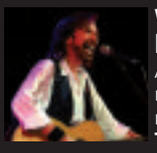


Wednesday 17 September, 8pm
HOT CLUB OF COWTOWN
The hardest-working Western Swing trio on the planet appearing with their blend of Americana, vintage pop, folk and hot jazz.
Tickets £15

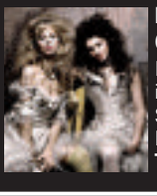
Friday 26 September, 8pm
BEST EVER BLUE BROTHERS
Jake and Elwood are back on a mission with their electrifying Blues Brothers show. Shake A Tailfeather to all your favourites!
Tickets £21.50



Saturday 4 October, 8pm
JONATHA BROOKE
Great voice, eloquent lyrics, intelligent arrangements - this American folk-rock singer-songwriter's been making beautifully-crafted music for years.
Tickets £16.50



Wednesday 8 October, 8pm
DENNIS LOCORRIERE
As lead singer with Dr Hook he scored over 60 gold & platinum records. Tonight he performs his classics alongside newer material.
Tickets £19.50

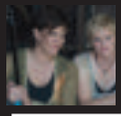


Friday 10 October, 8pm
OPERABABES
International singing sensations OperaBabes join us for an intimate, echanting evening of classical favourites including Schubert's haunting Ave Maria and the dazzling Chanson Boheme from Carmen.
Tickets £18.50

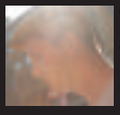
Coming soon in Stage 2:

Tuesday 1 July, 8.45pm
JAZZ STAGE - TOSCHA COMEAUX
An evening of silky-smooth jazz and powerful soul from this knockout artist currently making her mark with her debut album This Could Be Love.

Saturday 5 July, 8.45pm
ACOUSTIC STAGE - AFTERSPARK
Crystalline vocals soaring over a dynamic, acoustic-based collection of songs ranging from the sublime to the unflinching.



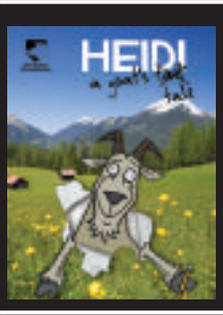
Thursday 17 July, 8.45pm
ACOUSTIC STAGE - BLUEHOUSE
Folk-flavoured pop melodies and powerful, intricate harmonies - Bluehouse is Australian for great music, mate!



Tuesday 2 September, 8.45pm
JAZZ STAGE - FINN PETERS
One of the leading flute & sax players in the UK today, and a big favourite with Gilles Peterson and Mr Scruff.

Thursday 11 September, 8.45pm
TINY TIN LADY
One of the most talked-about bands on the acoustic scene and "A triumph of talent over X-Factor garbage" according to Mojo magazine!

Tickets for all shows are £9.50 in advance and £11.50 on the door



NOW BOOKING FOR CHRISTMAS 2008:
HEIDI - A GOAT'S TAIL/TALE
Tuesday December 23rd to Sunday 11 January
The much-loved classic story - retold through the eyes of a band of unruly goats! Bring the family along for some musical mayhem, acapella bleating, clog dancing, humour and heart. But hold on to your bags and coats - those goats will be in the audience - and they'll eat anything!
Tickets from £14.50
Call the Box Office for details: 01908 280800
Or book online: www.stables.org

01908 280800

* Booking Fee of £2.00 per transaction applies to all telephone sales *

MKBUSINESS

Personal websurfing at work not always costly

MORE than 90 minutes a week is spent on personal websurfing at work.

The average UK office worker spends an hour and a half a week of work time surfing the web for personal use, at a cost to the economy of £10.6bn a year, the CBI has revealed.

Its research showed that while many organisations are supportive of staff visiting non-work related websites, and view it as a motivational perk or a modern-day tea break, others are troubled by the amount of use, or have had to sack staff for serious abuse.

The survey of 503 organisations, which together employ over one million workers, also revealed that nearly two-thirds (60 per cent) of employers think staff regularly use office time outside of lunch hours and formal breaks to look at non-work sites, like those involving social networking, web email, shopping and holidays.

Employers across the public and private sectors estimate that 4.4 per cent of working time is lost in this way, which accounts for 95 minutes a week, or ten days a year, at an average annual cost of £939 per employee.

The CBI, the UK's largest business organisation, discovered that many companies understand the importance of the internet to personal and social lives, and see reasonable use of the web at work as a morale booster. Indeed, only 14 per cent of firms restricted web access altogether.

John Cridland, CBI deputy director-general, said: "Employers understand that the Internet has become a part of everyday life and are prepared to be flexible. Many firms feel that, as long as the job gets done, there is no problem with staff surfing for personal use.

"While an hour and a half a week may sound like a lot, it is not always wasted time.

"Productivity and morale can increase when firms trust staff to use the web sensibly to catch up with friends on Facebook, pay household bills, or search for a cheap flight.

"However, £10.6bn a year is a significant sum and this is an issue that firms need to be aware of.

"It can become a problem where staff are spending excessive amounts of time online, are downloading porn or software, or are putting the organisation's reputation at risk.

"Nobody wants to behave like Big Brother and there is no epidemic of misuse, but there needs to be a bit of give-and-take from all parties. Employers need to decide for themselves what level of non-work surfing is acceptable and then set out clear boundaries."

Safety first in the workplace

MAKING workplaces safer is the aim of a free seminar highlighting how small firms can protect their staff from potential hazards in offices, factories and when out and about on business.

The seminar is due to be held on Tuesday, June 24 and is being run by Healthy Workplaces MK – a free service from Health and Safety Executive(HSE) and Milton Keynes Council(MKC), giving confidential, practical advice to small businesses.

The idea behind the service is to offer firms advice to prevent ill-health and injury to staff by providing basic advice and guidance on workplace health and safety, managing sickness absence, and return to work issues.

Over recent years Milton Keynes has experienced a number of high profile workplace accidents including the death of a worker when scaffolding collapsed in the city centre in 2006.

Most common risks include lifting injuries, noisy workplaces, poor computer workstation management and trip and slip hazards.

Key benefits of working with experts from the Health and Safety Executive (HSE) and Milton Keynes Council's Environmental Health Division, are:

- Up-to-date with best practice and legislation,
- Relevant to your business,
- Confidential, impartial and free,
- Cost-effective for your business

It is a proven fact that businesses which try to prevent and reduce the risks of ill-health and injury will save money by boosting productivity as well as improving staff retention, morale and having fewer staff absences.

Jennifer Trigwell, council technical officer, said: "It is much cheaper to implement good working practice than to pay the costs of absence and loss of business.

"By working together, employers and workers can identify workplace health risks and take simple, cost effective steps to reduce and manage them.

"Healthy Workplaces MK can equip you with the knowledge and skills to tackle workplace health and safety issues yourself."

To find out more about the free seminar to be held at The Hilton Hotel, Timbold Drive, Kents Hill Park, call one of the Healthy Workplaces MK advisers on 0845 408 9570 or visit the website on : www.healthyworkplacesmk.co.uk

Now open
Milton Keynes Business Centre
Discounted monthly licence fees fixed for 2008!

Close to the M1 and central Milton Keynes, our new business centre at Linford Wood offers quality managed office, studio and workshop units on easy in - easy out monthly terms, with state-of-the-art telephone and internet access, on-site support services, free parking, hi-tech security systems and much more.

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or visit www.capitalspace.co.uk

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MK RECRUITMENT

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Lies, damned lies and dodgy CVs

THIS year's winner of 'The Apprentice', sales manager, Lee McQueen, was caught out during the interview stage for lying on his CV about how long he had been at university.'

Despite this, he was still hired, but, as Victoria Band from The One Group explains, real life isn't like that and lying or even exaggerating to a prospective employer is never a good idea.

"All of us want to make a good impression," said Victoria. "And it's only natural that we're occasionally tempted to tweak the truth to make us seem more suited to a particular job.

"Whether it's a question of our salary, experience, qualifications or seniority in our current role, a little embellishment can seem like nothing more than a 'white lie', particularly if you really want the role and think that embellishing the truth here and there might give you the edge.

"Unfortunately, the truth is a little different.

"While a CV is meant to sell you to an employer, it is also a reflection of you. A CV that is less than honest indicates a candidate who is less than truthful and there are very few employers who will tolerate that.

"Quite apart from the stain on your reputation, it's technically a criminal offence to lie on a CV. At the very least, if you are found out it is grounds for dismissal.

"And if you think you can get away with it, think again. Employers are much wiser to the whole question of over egged CVs these days and are more likely to check the facts than ever before.

"If you are finding work through a recruitment company your consultant should ensure you are portrayed in the best possible light without resorting to fibs.

"Good consultants can help to tailor a CV to a particular role, highlighting the experience that's most relevant. Even very similar roles require slightly different areas of expertise and it's never a good idea to send out the same CV to a dozen different jobs.

"Recruitment professionals spend their lives working with CVs to make sure they bring out the best in you in an appropriate fashion. Consultants at The One Group draw on a combined 80 years of recruitment experience, ensuring they maximise your talents and skill-set without needing to resort to d

SilverBug

Local leading IT Company requires an experienced

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This role offers the flexibility to work remotely, includes hours to suit. Paid per appointment.

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Samantha.mclean@silverbug.com.

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Telephone 01234 840644 or 01908 309637
e-mail: sharon@dandp.uk./com

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MK Bridgebuilder Trust seeks full-time Christian Primary Schools Worker from September 2008
Starting salary: £18,000 - £19,000 according to qualifications/experience
See website www.mkbt.org.uk or contact the office for a pack – office@mkbt.org.uk
Closing date – Thursday 3rd July
Bridge House, 1 Second Avenue, Denbigh West, Bletchley, MK1 1ED
Milton Keynes Bridgebuilder Trust is a registered charity No: 1008157

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Previous hotel reception experience is essential. Working hours are 7am-3pm or 3pm-11pm including weekends.

For further information please call
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COUNSELLOR (PART-TIME)
LEARNING MENTOR
WORK RELATED LEARNING ADMINISTRATOR
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Email: wootton@wootton.beds.sch.uk
Website: www.wootton.beds.sch.uk
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Apply by email to info@topdogpromotions.co.uk or post to: 6 Newport Road, Woolstone, Milton Keynes MK15 0AS

Shenley Brook End School
Headteacher: Mr Glen Martin
Walbank Grove, Shenley Brook End, Milton Keynes MK5 7ZT
Tel: 01908 520264 Fax: 01908 520265
Group 7 11-18+ Mixed Comprehensive Foundation

SCIENCE TEACHER — TMS
Part-time temporary contract for one year from 1 September 2008
We require an enthusiastic teacher to join our very successful school on a part-time basis working, Monday, Tuesday, Thursday and Friday, 0.8fte. We can offer you:
- excellent facilities in a school recently granted science specialist status alongside maths and computing specialism;
- a friendly and supportive environment;
- a laptop computer and opportunities for professional development.

If you want to join our school, details and an application form are available on our website www.sbeschool.org.uk, via e-mail to personnel@shenleybrookend.milton-keynes.sch.uk or by telephoning 01908 520265.
Closing date: 2 July 2008
The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. An enhanced CRB will be required.

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To £30k

Excellent opportunity to join a dynamic and exciting new business in Central Milton Keynes.
3+ years experience in database design with special emphasis on SQL required. Solid knowledge of MS SQL Server 2005, reporting services and working skills in C# ASP.NET 2.0/3.5 also essential.
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REQUIRES

2 DEPUTY HEAD TEACHERS

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SALARY RANGE L19 - 22

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If you would like to join our friendly and supportive staff please contact us on 01582 616601 or email: dallow.primary.admin@luton.gov.uk

Closing date for the return of application forms is Friday 4th July 2008

Interviews will be held on Friday 18th July 2008

The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

Lightning Source is a major player in the provision of print-on-demand services to publishers/ book- sellers worldwide.

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Required to co-ordinate customer relationships to increase sales and provide accurate and timely set-up of print-on-demand publications received from clients. Must be proficient in the use of web-based systems. MS Word and Excel. Oracle experience would be an advantage, as would a knowledge of the publishing industry. Previous customer service experience is essential.

- Upto six months contract
- Applicants for the role should be fluent in Spanish/French & Italian

To apply please send CV to:

The HR Department
Lighting Source UK Ltd
6 Precedent Drive, Rooksley
Milton Keynes MK13 8PR
email: adelaide.nketsia@lightingsource.co.uk

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To lead the office team in our busy (but never boring) school office.
MK7 £24,343 - £28,876
37 hours per week - 52 weeks per year.
Required from 1 September 2008.

An approachable, enthusiastic person is required for this key position in our school.

You must enjoy meeting people, be an excellent organiser and be IT literate. Experience of FMSis and knowledge of SIMS an advantage.

If you have good interpersonal and keyboard skills, enjoy working in an interesting but demanding environment, can do at least six things at once and still smile, you could be just the person we are looking for to join our committed and friendly staff!

PS - Good sense of humour essential!

Please contact Richard Pickard, Headteacher, prior to application to arrange an informal visit and collect a pack.

Closing date: 30 June 2008.

Interview date: 7 July 2008.

This post is subject to satisfactory CRB and medical clearances.

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Senior Adviser, Early Years

£49,950 - £53,215 (Soulbury 18-21 + SPA points) Ref: 50012836/MKN

Positive, creative, authoritative and resilient you'll have overall responsibility for the leadership and management of the Early Years Learning Team. We'll look to you to provide expert advice, ensure robust monitoring and promote good practice in order to improve standards within schools and settings.

Your wide-ranging education experience will include managing major developments as a senior leader within a school or at a similar level within an advisory service. A graduate with qualified teacher status, you'll have substantial and varied teaching experience and a strong understanding of school improvement strategies.

For informal enquiries, please contact Jane Gilbert on 01908 253340.

Closing date: 4 July 2008. Interview date: 14 July 2008.

Project Manager - Joint Waste Management Procurement

£45,960 - £54,131 Ref: 50016201/MKN

Milton Keynes Council and Northamptonshire County Council are in partnership to procure major waste treatment facilities and services. At the heart of far-reaching changes to waste management in the region, you will manage the procurement of contracts worth more than £1.5 billion. Needless to say, you're a sharp strategic thinker, with superb problem solving skills, extensive experience of managing large-scale projects and ideally broad knowledge of the waste industry and PFI/PPP procurement.

For informal enquiries, please contact Steve Bell on 01604 237855.

Closing date: 11 July 2008. Interview date: 21 July 2008.

Finance Manager - Planning and Improvement

£45,960 - £54,131 (additional market supplement applies to this post) Ref: 50015626/MKN

Reporting directly to the Deputy Head of Finance, you will support vital planning and improvement initiatives within Strategic Finance. Expect constant challenge, as you put in place effective controls, deliver world-class service and advise the Cabinet on key policy matters - demanding sound experience of local government finance, CCAB qualification and strong management ability.

For informal enquiries, please contact Gary Waghorn on 01908 254591.

Closing date: 4 July 2008. Interview date: 16 July 2008.

Safety and Security Project Manager

(Two year fixed term contract)
£27,594 - £32,436 Ref: 50017005/MKN

Focusing on the innovation and development of our public space CCTV system, you will ensure its sustainability through actively pursuing income generation opportunities.
This will involve dealing with some complex legislation and building relationships with a broad spectrum of partners, so you must be a capable project leader with considerable commercial acumen.

For informal enquiries, please contact Paramjit Boyal on 01908 252025.

Closing date: 4 July 2008.

Intermediate Care Team Leader

£20,099 - £24,545 Ref: 50012187/MKN

Dynamic and committed, you have everything it takes to build on our Intermediate Care Services, providing community care assessment, care planning and monitoring for clients. Your responsibilities will include supervising carers, assessing new service users, setting up programmes of support and overseeing our Rapid Response Team. Alongside good team management skills, a sound care background and current driving licence, you will bring willingness to work day, evening and weekend shifts between 6.30am and 10.30pm.

For informal enquiries, please contact Sheila Begley on 01908 363070.

Closing date: 4 July 2008.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

We are unable to accept CVs, unless accompanied by a completed application form.

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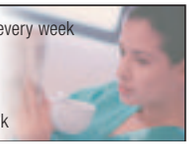

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Salary Range 1 (£14,031 - £16,233 p.a. for full time)
To be paid Pro rata @ £9,276 - £10,732 p.a.

You will be part of the Learning Support Team working mainly in mainstream lessons across the curriculum under the direction of class teachers and also with individual students on literacy programmes. You will also have responsibility for your own vertical tutor group. IT skills and experience of working with young people who have special educational needs are advantageous, however, an ability to relate well to young people and a flexible approach to supporting students, are essential. Training and support will be available to the successful candidate.

Closing date for applications is Tuesday 1st July 2008.

For an application pack, please contact Allison Austin at:

Denbigh School, Burchard Crescent, Shenley Church End, Milton Keynes. MK5 6EX. Tel: 01908 330545 (direct dial) Fax: 01908 505279. For more information about Denbigh School, look at our web pages – www.denbigh.net

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Please apply enclosing a CV by email to: Sarah Summers (careers@mediahawk.co.uk) or in writing to: Mediahawk Ltd, No 1 Brittens Court, Clifton Reynes, near Olney, Bucks, MK46 5LG

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Applicants should have a good understanding of community arts practice and experience of arts project management.
£20,099 pa.
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Applicants should be AAT qualified and have knowledge of Sage Accounts and Payroll.
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www.interactionmk.org.uk or call 01908 678514 for further information
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1.6 million children in Britain today live in bad housing.

Photo: Felicia Webb

It's a shocking statistic and just one of many that we think everyone should know about. Shelter helps 170,000 people a year fight for their rights, get back on their feet and find and keep a home. There is still much to be done, and your vital support will help us tackle Britain's housing crisis head on.

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Maternity cover – initial 7 month contract

Joining a professional and committed team, you will provide an outcome-focussed advice service on different areas of housing law, which could include housing, domestic violence and debt. Some outreach work is also involved. With experience of advice work to Legal Services Commission quality standard, specifically in the areas of housing law, you have a specialist job knowledge and client focus that is complemented by good communication skills and a collaborative way of working.

We offer good working conditions including 30 days annual leave and flexible working practices.
We are committed to giving all applications equal consideration.
Closing date: 7 July 2008.
For full details and to apply online visit:

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30 hours per week / 39 weeks per year
Pro-rata annual salary £9,475 based on full-time equivalent of £13,717
The successful candidate will work with teachers to provide in-class support and individual guidance across the ability range for students with special educational needs.
We are also looking for applications from candidates to work with EAL students in class and in the EAL base.
WE OFFER:
- Commitment to your professional development
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- A sixth form of 500+ students with a wide range of courses

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Tel 01908 324400 (Fax 01908 324401)
or email louise.egerton@stantonbury.org.uk
The Campus is an equal opportunities employer committed to safeguarding and promoting the welfare of students

North Bedfordshire Schools Trust

Extended Schools Cluster Co-ordinator

The NBST is offering an exciting opportunity for the right person to take a leading role in coordinating the Extended Services provision throughout our 19 schools.
This post demands a dynamic and versatile person who has excellent inter-personal skills and is able to self-motivate.
This post will be part-time, 3 days a week term time only but with the expectation that some work (up to 10 days, negotiable) will be required during the holidays. The salary will be S01 Level 31 – 35 (pro rata £13,346 - £14,849) pay award pending and will be a fixed term contract of 3 years.
Shortlisting: Monday 30 June 2008. Interview date: Monday 7 July 2008
For further information and application form please contact: Lisa Ryder, NBST Administrator, c/o Sharnbrook Upper School, Odell Road, Sharnbrook, Bedford MK44 1JL
Tel: 01234 783815 • Email: lryder@sharnbrook.beds.sch.uk
Website: www.northbedfordshireschools.co.uk
The NBST is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers in its schools to share this commitment.
This post is subject to the disclosure of criminal records.

APR ENGINEERING

Dayshift HGV Technician

We are seeking a HGV Technician
to work a dayshift,
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Must have experience of servicing, repair to MOT standard & diagnostic testing of HGV vehicles. Current C or C+E licence is essential.
Salary and benefits depending on experience.
If you believe you can meet the above criteria for the position, please contact Claudio Mongiardi (Claudio@aprengineering.com) enclosing your current CV.
APR Engineering Ltd, Chartmoor Road, Leighton Buzzard, LU7 4WG
Tel: 0870 7505124

Holne Chase Primary School

Buckingham Road, Bletchley, Milton Keynes, MK3 5HP
Telephone: 01908 373640
Fax: 01908 645573
e-mail: Holnechaseschool@milton-keynes.gov.uk
website: holnechase.milton-keynes.sch.uk
Headteacher: Jim Balmbra
NOR: 291

Holne Chase

Teaching Assistant required

From 3rd September 2008

20 hours per week (mornings), 38 weeks per year

Grade: MK4 (£15,153 p.a.) pro rata
Approximately £6,804 p.a. (pay award pending)

Initially this will be a one year fixed contract
Holne Chase Primary School is a popular and successful school at the heart of the community.
We are looking for someone who has: -
- Commitment, enthusiasm, flexibility, high standards and a good sense of humour.

This position is initially to work with a KS1 class, to supervise lunch and to support playground activities.
For further details and an application pack please contact Denise Arnold, school secretary.
Visits to the school would be very welcome – appointments can be made through Denise.
Closing date for applications: - Monday 7th July 2008 12.00 noon
Interview date: - Thursday 17th July

Creating a culture of success to extend lifetime opportunities for young people

Denbigh School
The Specialist Technology College In Milton Keynes

11 – 19 Comprehensive School in Milton Keynes with Specialist Technology College status.

TEACHER OF SOCIOLOGY and/or PSYCHOLOGY

Part time or Full time

Denbigh School has received national recognition from the DSCF for its excellent GCSE performance in 2007. Denbigh is amongst the top 50 performing schools in the country for sustained improvements in the number of students achieving 5+ A*-C GCSE's, including English and Maths.

This exciting and rewarding opportunity has arisen for an enthusiastic and self-motivated individual to demonstrate their ability to deliver best teaching practice in their specialist subject within a forward thinking and innovative school environment.

You will have:
- Highly effective teaching skills
- The ability to work as part of a team and contribute to the Faculty's planning and development
- A desire to help young people achieve their potential
- Enthusiasm and commitment and the desire to contribute to the wider life of the School.

In return, we can offer:
- An innovative and forward thinking school
- A culture of success and high expectations
- A well-ordered and disciplined learning environment
- A student-centered approach
- Continuous professional development
- Successful and hard-working Faculty Teams
- A laptop computer and ICT training.

If you feel you have the appropriate qualifications and skills for this role we would like to hear from you.

Closing date for applications is Wednesday 2nd July 2008.

If you would like an informal chat or to arrange a visit to the school, please contact Frank Purcell, HR Adviser on 01908 330545.

For an application pack please contact Allison Austin, H.R. Assistant at:

Denbigh School, Burchard Crescent, Shenley Church End, Milton Keynes. MK5 6EX.
Tel: 01908 330545 (direct dial). Fax: 01908 505279.
For more information about Denbigh School, look at our web pages – www.denbigh.net

Sir Frank Markham **Community School**
A professional learning Community

1st CLASS

Woughton Campus, Leadenhall, Milton Keynes, MK6 5EH,
Tel: (01908) 607416
Group 7, NOR 1300, age 11 to 18 years
Headteacher: Mike O'Mahony
"A rapidly Improving school"
"Excellent senior leadership"
"Outstanding self-evaluation" Ofsted Nov 06
"The school is thoroughly inclusive"
"There is a buzz in the air"
"The school has made significant improvements since the last inspection" Ofsted Jan '08

We are a mixed, multi-ethnic comprehensive school. Following a very positive Ofsted report last November, we are seeking to recruit talented and committed professionals who will help us to realise our exciting vision for the future.
If you enjoy variety and a challenge and are able to make a difference to the learning experience of young people, then this could be the job for you!

LANGUAGE ASSISTANT

37 hours per week, 39 weeks per annum
Pay Grade = MK4
£15,153.00 to £17,781.00 pro rata per annum
£12,910.36 - £15,149.41 pro rata
Applications are invited to work within our English as an Additional Language (EAL) Team.
This post is to support the learning of identified children from ethnic minority groups who may have English as a second language, and to assist teachers in the education process across the full range of the school curriculum. Using your bilingual skills you will be required to develop resources for use by mainstream staff, and to liaise with parents of EAL students to explain school procedures, expectations and aims.
A good team member, you will also have an awareness of the difficulties faced by some young people in achieving well at school together with experience of dealing with young people and adults in a range of contexts. In addition you will need to be flexible in your approach and prepared to work outside normal school hours.
You will also have a sound basic education, including good skills in literacy and numeracy.
All members of staff have a teaching and educative role in the life of our school the post holders will be expected to be involved in the extra curricular life of the school.
For an application form and further particulars please telephone (01908) 607416 and ask for the Human Resources Department, email recruitment@sfmcs.org.uk or write to us at the above address.
Closing date for receipt of completed applications: Friday 27th June 2008

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Language school requires help teaching English during July in MK.

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Simpson School

This is what our Foundation children would like when they are in Year 1:

Year 1 Classteacher (MPS)
Full time or job share considered
(required from September 2008)

If you are interested in being part of the team at Simpson School then arrange a visit or request an application form from Nicola Hulland at Simpson School, Old Groveway, Milton Keynes MK6 3AZ, Tel 01908 670074, e-mail simpsonschool@milton-keynes.gov.uk

Closing date: Wednesday 2nd July 2008
Interviews: Week beginning 7th July 2008

Simpson School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. This post is subject to an enhanced Criminal Records Bureau disclosure and satisfactory references. Simpson School is an equal opportunities employer.

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OUSEDALE SCHOOL

TUTORS

Tutors required to run 2/3 hour evening classes at Ousedale School in:

- **GCSE Science**
- **Cake Decorating**
- **Bread Making**

Rate of pay: £19.00 - £25.00 per hour dependent on qualifications/experience.

Suitably qualified people should ring Jo Lancaster for further details on 01908 210203, option 4

Further details about the post can be found on www.ousedale.org.uk

The Grove, Newport Pagnell, Bucks, MK16 0BJ
Tel: 01908 210203 Fax: 01908 216574
Email: Joanne.Lancaster@milton-keynes.gov.uk
Headteacher: K M Leaver BSc MA

www.bedfordcharity.org.uk

Financial Accountant

The Bedford Charity

Salary – In the region of £42,000

The Bedford Charity (The Harpur Trust) is a local grant making charity operating in North Bedfordshire. The Charity has four schools with over 4000 pupils, owns 38 Almshouse units and employs over 1400 people.

Due to the planned retirement of the current post holder after 13 years, we are looking to recruit a Financial Accountant to be based at the Charity's head office in Bedford. Initially, whilst learning the role of the Financial Accountant within the Charity, the job will also entail some specific project work as well as assisting with the introduction of a new HR/Payroll software package. This work will require a person with experience of systems implementation and the ability to communicate with staff at all levels to ensure that the requirements of both users and management may be met in a streamlined process.

With a desired start date of September 2008, the successful candidate will hold a CCAB recognised qualification and have experience of charity accounting requirements. In addition, they should have a flexible attitude, be highly organised with excellent communication skills and be looking for a challenging and rewarding role.

Please contact Sandra McMullan on 01234 369500 for an application pack or email her at smcmullan@harpur-trust.org.uk
Closing date: Tuesday 1 July 2008 at 1.00pm
First interview date: Tuesday 15 July 2008
Second interview date: Tuesday 22 July 2008

The Charity is committed to safeguarding and promoting the welfare of children and is an Equal Opportunities employer.
Charity Registration Number 204817

Heronsgate

The School for Key Stage 2

Raising Achievement through Partnership and Commitment

PART-TIME TEACHING ASSISTANT

TA1 (MK3 Salary range: Point 9 £13,062 to Point 15 £15,470 pro rata)
2 Posts required from 1st September 2008
Post 1 = Temporary 1 Year to cover maternity leave and
Post 2 = Temporary 1 Year to support a Year 6 pupil

Heronsgate is "A School promoting Success through Partnership & Commitment". We are a popular school on the eastern flank of the new city and as part of the Walton Partnership we are developing an excellent reputation.

We require two temporary part-time Teaching Assistants to join our friendly and supportive team who plan collaboratively and work together as a "family". Our current roll is 430 pupils aged 7 to 11 years.

Post 1 is for 27½ hours per week, Monday to Friday, term time only, to work alongside our pupils in the classroom, along with an additional separate lunchtime supervision contract for half an hour per day. (A total of 30 hours per week, 8.45am to 3.15pm with ½ hour lunch break).

Post 2 is for 25 hours per week, Monday to Friday (8.45am to 2.15pm with ½ hour lunch break) term time only to work alongside a pupil in school Year 6. This post includes half an hour per day to support this pupil at lunchtime.

The successful candidate will have to meet the requirements of the person specification in order to be offered the post and the offer will be subject to an enhanced CRB check and medical clearance. We are an equal opportunities employer and visits to the school are strongly encouraged to view the high level of support and quality of resources. The school has a good reputation and is well respected in the community.

Please telephone or e-mail for an application pack.

Closing date for applications: 9am on Friday 27th June 2008
Interviews: the morning of Thursday 3rd July 2008

Heronsgate School, Lichfield Down, Walnut Tree,
Milton Keynes, MK7 7BW
Tel: 01908 550811 Fax: 01908 605273
E-mail: achieve@heronsgate.biblio.net

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Lecturer: ESOL / EFL x 2 posts
1 x Full Time
1 x Maternity Cover
Salary: £16,976 - £30,700, per annum

Variable Hours Lecturer: Food preparation & Production
Hours: Part Time
Salary: £16,976 - £27,272, pro rata per annum

Senior College Recruitment Advisor
Hours: Full Time
Salary: Circa £18,500, per annum

For full and further information and job description with an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on 01908 684327 or e-mail recruitment@mkcollege.ac.uk

Closing Date for the above positions: Wednesday 2nd July 2008

Variable Hours Lecturers: Skills Department
Hours: Part Time - June 08 – September 08
Salary: £16,976 - £27,272, pro rata per annum
If you are interested in a challenging and rewarding role contact: Cathy Hooper, Skills Manager on 01908 684473.

Variable Hours Lecturers – HMYOI Aylesbury
Required in NVQ Catering level 1, Cookery, Music, Literacy, Social and Life Studies, Key Skills and Creative Arts.
Hours: Flexible
Salary: £16,976 - £27,272, pro rata per annum

For full and further information please contact Jean Butterworth, Lesley McGrath or Charlotte Hodgins on 01296 44433, 01296 444296 or 01296 444321.

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- FriendlyWorking Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

We want to develop a more diverse workforce and positively welcome applicationsfrom all sections of the community.

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults.

Therefore all positions require a Criminal Records Bureau check (CRB).

Investors in Diversity

staffing solutions

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HIGH BASIC SALARY OFFERED
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KEY SKILLS / EXPERIENCE REQUIRED

- must have outbound cold calling sales experience in a b2b environment.
- be competent with advanced telephone selling skills.
- have the ability and determination to be a successful sales person
- the ability to overcome objections and reach decision makers

If you are interested in this fantastic opportunity then please send your CV to amanda.parsons@bluearrow.co.uk or call Amanda on 01908 670252

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For Milton Keynes shopping centre
16 hrs per week
£7.00 per hour
Contact Head Office on 01543 418855

Part time manager
required with experience at Crown cars.
Contact Jay on 07521 728002

Experienced Hotel Receptionist
Required
shameel@shiresinvestments.co.uk
Call 07736 272904

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Currently have the following vacancies

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Evans Halshaw Bedford. Contact Kevan Hughes 01234 328522

ADMINISTRATOR
WEBSITE REF: EVA/678/72
Evans Halshaw Ford Bedford, Service & Sales.
Contact kevan Hughes or Sarah Bosley 01234 328522

SALES EXECUTIVES
WEBSITE REF: EVA/678/111
Evans Halshaw Ford Bedford & Milton Keynes
Contact Richard Fraser 01234 328522

BUSINESS MANAGER/CONTROLLER
WEBSITE REF: EVA/678/154
Evans Halshaw Ford/Nissan
Contact Anna Harris 01234 328522

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www.goodgaragescheme.com
www.forteuk.com
(No Agencies please)

the Good Garage Scheme

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To join our team making custom built industrial doors. Skills required are the ability to use basic metal working and power tools: numerical accuracy plus a reasonable understanding of engineering drawings. Permanent position with good overtime availability, bonus and pension schemes, Immediate start.

Please contact Paul Kell at:

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Stantonbury Campus
Milton Keynes

Stantonbury Campus is a large and successful Arts College with extra specialism's in Maths and Computing and Applied Learning providing education for 2,600 students aged 11 to 18 (with 450+ at Post 16). The Campus includes a large public leisure centre and theatre.

Information Systems Manager

37 hours per week/52 weeks per year
Starting salary £31,173 rising to £35,730 plus pay award in September 2008

This key post will provide strategic leadership of the Campus' ICT systems. He/she will actively support the development of ICT for teaching and learning and will lead the development of ICT for administration.

The successful candidate will ideally have knowledge and experience of several technologies including SQL or Oracle based MI systems (especially SERCO Facility), MS Windows and server applications, and web based applications including virtual learning environments, networking and telephony.

He/she will have excellent hands-on project management, communication and organisational skills, the ability to lead and influence others and the drive to take a proactive approach to IT.

WE OFFER:

- Commitment to your professional development
- Great support and teamwork
- Individual laptops for all teaching staff
- Superb facilities including a leisure centre and theatre
- A sixth form of 500+ students with a wide range of courses

Closing date for this post: 02 July 2008
Interviews will be held on: 08 July 2008

Comprehensive details of this post and applications forms are available on the Campus' website www.stantonbury.org.uk or from: Louise Egerton at Stantonbury Campus, Milton Keynes MK14 6BN. Tel 01908 324400 (Fax 01908 324401) or email louise.egerton@stantonbury.org.uk

The Campus is an equal opportunities employer committed to safeguarding and promoting the welfare of students

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QUEENSBURY SCHOOL & TECHNOLOGY COLLEGE

(13-18 mixed: 1250 students - 350 in Sixth Form)
Langdale Road
Dunstable, Beds LU6 3BU
Tel: 01582 601241 Fax: 01582 476988
Email: head@queensbury.beds.sch.uk

TEACHER OF HISTORY

Required for September 2008, an enthusiastic and well-qualified teacher of HISTORY to join a successful, supportive and forward-looking department .

We are looking to appoint a colleague who will fit in with the supportive ethos of the school that nevertheless challenges students to achieve the highest possible standards and grades at all examination levels. The ability to teach History across the full age and ability range, including GCSE, AS and A2 courses is essential.

Queensbury is an extremely popular and over-subscribed School, situated on a pleasant site at the foot of Dunstable Downs in South Bedfordshire.

Application form and further details are available from Mrs. P. Wilson.

Headteacher's PA. Closing Date: 23rd June 2008

Burgoyne Middle School
Mill Lane, Potton, Sandy, SG19 2PG
Tel: 01767 260034

OFFICE MANAGER/SCHOOL SECRETARY

Pay Scale : Level 4A points 21-24:
£18,430-£20,099 pa pro rata
(pay award pending)
37 hours per week term time only
(including 5 Training Days)
Required for September 2008 an enthusiastic, well motivated and skilled person to lead our dynamic and friendly admin team. The person appointed should have experience of running an admin team and using a range of IT systems.

FINANCE OFFICER

Pay Scale : Level 4A points 21-24:
£18,430-£20,099 pa pro rata
(pay award pending)
10 hours per week term time only
(including 5 Training Days)
Required for September 2008 a well motivated and skilled person to join our friendly admin team. Your duties will include all matters relating to finance.
The school is fully funded and currently uses RM Finance software.
Visits to the school are welcome.
For further details and application forms for both posts, please contact
Mrs D Mooney, Administration Manager
The posts are subject to an enhanced CRB check.
Closing Date : 27 June 2008

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Flexible shifts to suit you and Mileage paid (Early mornings, evenings and weekends available).

Full driving licence and own car essential.

Experience preferred but not essential as we provide training and NVQs.

Note - a CRB Disclosure & two references must be obtained prior to appointment.

For an application pack please call our dedicated Job Line on 01733 233789.
Or visit our office at:
92a Howbury Street, Bedford, MK40 3QS

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Require a full time Registered Nurse for night duty

This position is subject to an enhanced CRB check

Please telephone 01234 268270 and ask to speak to Jennie/Jen for an application form.

Closing date 26th June

Urgently required for Residential Summer School
Enthusiastic TEFL Teachers to teach English
Also to oversee sports and trips
Pay according to experience
Full board and accommodation
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Our employers are seeking young people ideally aged between 16 and 19 on 1st September to fill this years' vacancies covering Bedfordshire and Milton Keynes.

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The training will include a period of off the job training at one of our training centres followed by a work based training programme within the employers company, leading towards an NVQ and Apprenticeship certificate.

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Contact us on **01234 843804** for an application form.

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Environment & Street Services

Street Ranger

(Temporary for a period of two years)
(Ref: CCC070)
Salary £18,907 - £20,736

We require a self motivated person to help local people to improve their environment and encourage community safety initiatives to raise the quality of life within communities.
Your responsibilities will include liaising with the community, police and other agencies to help identify actions to improve an area. You will undertake projects to enhance community safety and make practical estate and environmental improvements. You will be required to assist local people to become aware of and involved in improving their area and raise awareness of facilities available to them.
You will need to have good communication skills and be able to demonstrate your commitment to building links with local communities. In addition you will be required to undertake practical work and neighbourhood supervision. The post will require a seasonal working pattern based on annualised hours with evening and weekend working on a rota of any 5 days from 7 days.
The post will be subject to disclosure of criminal records, in line with the Police Act 1997.
Bedford Borough Council is an Equal Opportunities Employer and positively welcomes applications from all members of the community irrespective of race, religious belief, colour, gender, sexual orientation, age and disability. Selection is on merit alone.
Closing Date: 30th June 2008
For further information and an application form contact the Personnel Department, Town Hall, St. Paul's Square, Bedford, MK40 1SJ,
Telephone: (01234) 221609,
Textphone: (01234) 221827,
email: sgadsby@bedford.gov.uk or download details at www.bedford.gov.uk

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Rushmoor School
Independent Day School
(300 pupils, boys 3-16 years)

Teacher of Music

Required January 2009 or earlier, a teacher of music to GCSE. This post can be either full-time or part-time and those interested are encouraged to contact the school for an informal discussion with the Head Teacher.

Learning Support Assistant

Required for September 2008, a learning support assistant to provide in-class support to pupils with specific learning difficulties throughout the whole school. This is a part-time appointment, mornings only. Please contact the Head Teacher's PA for further details as soon as possible, preferably by email.

Rushmoor is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Applicants must be willing to undergo child protection screening, including checks with past employers and the Criminal Records Bureau.

58/60 Shakespeare Road, Bedford, MK40 2DL.
Tel: 01234 352031
heads_pa@rushmoorschool.co.uk
www.rushmoorschool.co.uk

St PAUL'S CATHOLIC SCHOOL

A Specialist Science College and Training School

Phoenix Drive Leadenhall Milton Keynes MK6 5EN

Headteacher: Michael Manley

11-18 Mixed Catholic Comprehensive School
1650 pupils on roll, including 345 in Sixth Form

St Paul's is a thriving and successful Catholic school with an excellent reputation. We are committed to the care of all pupils and to challenge and support them to do the best that is possible. The hard work of a highly motivated, professional and friendly staff continues to lead to higher levels of pupil learning and examination success. (GCSE: 71% 5 A*-C; A-Level Av Pts Sc 256). Our last OfSTED inspection, in September 2005, judged St Paul's to be an outstanding school. The buildings are well designed, well resourced and new. St Paul's is a Science College and a Training School, which has a further specialism in Languages. This underlines our commitment to excellent teaching and learning and professional development.

For September 2008 the Governors are looking to appoint an innovative and well-qualified:

TEACHER OF MATHEMATICS (CPS)

to teach across the age and ability range to A-Level in a successful department. The person appointed will be an excellent teacher able to enthuse pupils with a love of mathematics.

For an application form and further details please contact St Paul's on 01908 669735 or visit the schools website www.st-pauls.org.uk

Closing date for applications: Friday 27 June 2008.

MORRISON

CIVIL/ELECTRICAL OPPORTUNITIES

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With a strong market presence across all of the UK utilities: gas, water, power and telecoms, Morrison are proud of our reputation as one of the country's leading utility service providers. We are committed to working closely with our clients to deliver least cost solutions that do not compromise safety, quality, service delivery and customer care.

Now into year two of a five year contract for the construction of major substations incorporating civil build and electrical installation, we are looking to recruit the following positions:

Trainee Civil Engineer
- Experience preferable including setting out
- Full driving licence required
- Training agreement

Electrical Fitter/Wireman
- Experience with HV switchgear preferable
- Ability to read wiring diagrams
- Would suit industrial electrician
- Full driving licence required

Ground Workers/Plant Operators/Gen Operatives
- Good all rounder
- Full driving licence required
- Familiar with general groundworks and construction

The geographical area extends from the M11 in the East to Aylesbury in the West and from North London in the South to Cambridge in the North.

To apply please send a current CV and covering letter to:
David Anderson, Construction Manager, Morrison Utility Services, Unit 1, Woodlands, Spring Hall Farm, Haslingfield, Cambs CB23 1LW.
Telephone: 01223 873500

Morrison values diversity and welcomes applications from all sections of the community. Morrison is committed to equal opportunities.

Bedford Citizens
BCHA HOUSING ASSOCIATION

Part time

MAINTENANCE ASSISTANT

20 hours (over 4 day) per week
£7.10 per hour

BCHA are looking to employ a flexible, self motivated individual, used to working with minimum supervision, to undertake general maintenance and repair jobs. Some use of heavy equipment will be required.

The hours of work are split between our Residential Care Home and Housing Schemes located in Bedford. Candidates must have a car and hold a clean driving licence.

For an informal discussion about this position, please call our Operations Manager Judith Larsen between 09:30 and 16:00 Monday to Friday.

Closing date for applications is Friday 27th June 2008
Interviews will be held on Thursday 3rd July 2008

CARE STAFF

Permanent Carers - £6.77 per hour. Enhanced rates for nights and Bank Holidays
Experience preferred but training will be given. Career development opportunities available.

AM shifts are 07.45am - 14.30pm
PM shifts are 14.15pm - 21.15pm

Bank Carers - £6.77 per hour. Enhanced rates for nights and Bank Holidays
We wish to increase the pool of bank staff who we can call upon to provide cover within our residential care home. If you have **experience in care** then please contact us to find out more.

Closing date for applications is Friday 27th June 2008
Interviews will be held on Tuesday 8th July 2008

For an application form and job description, you can:
Telephone: 01234 321400 after 9am on Monday 30th June 08
Fax: 01234 352004
Write to: 1A Kimbolton Road, Bedford MK40 2PU

The successful applicants for all jobs will have to undertake a CRB and POVA Disclosure Check.

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Danfoss

JUNIOR PROCESS COSTING ENGINEER

We have a vacancy for above position to provide support in our Lean Office with the opportunity to develop professionally within the company.

Reporting to the Lean Office Manager the primary function will be to implement lean production / manufacturing improvement techniques throughout the Danfoss Randall factory and analyse manufacturing costs.

Typical tasks will include providing support to the Lean Office Manager to improve productivity, develop processes & concepts aimed at continuous improvement, waste reduction, providing accurate analytical data from process video's to enable labour costs to be calculated & individual / group bonuses to be calculated.

You will also provide and teach basic methods of problem solving / lean manufacturing to co-workers and keep all relevant production / lean personnel informed of all aspects of work status.

The successful candidate will be self motivated and able to communicate within a lean team structure, work on their own initiative and have 'hands on' attitude with 'just do it' principals.

Knowledge of Word and Excel is essential and knowledge of SAP systems would be an advantage but not essential.

Applications in writing, enclosing CV and stating current salary to:

MRS. C. CAMPBELL
DANFOSS RANDALL LIMITED
AMPTHILL ROAD
BEDFORD
MK42 9ER

St Thomas More Catholic School
Tyne Crescent,
Bedford,
MK41 7UL

2 TEACHING ASSISTANTS
Level 3
Required for September 2008

Do you want to be part of the outstanding provision for Special Education Needs at St Thomas More Catholic Upper School, Ofsted 2007.

The successful applicants will be required to work with children with Special Educational Needs at Key Stages 3 and 4. Whilst experience is preferred it is not essential however applicants should have a good level of literacy and numeracy and some experience of working with this age group.

St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening.

Salary Scale 3A 15 – 18 £13,410 - £14,335
(37 Hours per week term time only)

Closing date 29th June 2008

Application forms can be downloaded from our website www.st-thomasmore.org.uk alternatively contact the School Office 01234 400222.

SUPPORT WORKERS
required
to work with adults with learning disabilities/dementia/autism.

Experience & NVQ training preferred, but training will be provided to the right candidate.

Various hours available days, evenings and weekends.

You must be honest, flexible and reliable. CRB checks and references are required.

Please contact Julie Stokes on 01234 405021 or 07702 516367 for application pack and further information.

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Meet the challenge of cooking appetising meals, from fresh ingredients, for 10-35 people.
Opportunities for cooks:
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Quiet, pleasant environment.

For more info call us on: 01234 881432

Small Residential Home seek

SUPPORT WORKERS

Waking Night & Day Shifts available
Contact Bedford 214942

6Minute, the music and lifestyle magazine for 18 - 30 year olds require **outgoing, fun personalities** to join our Marketing Team every Saturday.

On target earnings of **£125 per day**. Own transport is an advantage as you will be based in Bedford and Northampton on rotation.

For more information call Hayley on **0870 2200 614** (office hours) or email **hayley@sixfourteen.com**

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Fax: (01234) 290901
Number on Roll 962
200+ Post 16

Headteacher: Mr Martin Fletcher martinfletcher@hastingsbury.beds.sch.uk

Teaching Assistant

Level 2A, Points 10 – 13 (£13,336 - £14,882 pa pro rata)
plus pay award pending
26.67 hours/week Term Time only (which includes 5 training days)
Required For September 2008. Fixed Term to 31 August 2009.

We have a vacancy for a Teaching Assistant to work under the supervision of teaching staff in supporting students with a range of special needs. The successful applicant will take up the post in September 2008.

Hastingsbury is a multicultural community comprehensive College located on an attractive suburban campus to the south west of Bedford.

If you are interested in applying for this post please telephone Jan Gosnell at the college (01234 290900) or email: jangosnell@hastingsbury.beds.sch.uk for an application form and further details. The closing date for completed applications is Tuesday 24 June 2008. Information about the college is available at www.hastingsbury.beds.sch.uk.

Hastingsbury is committed to safeguarding and promoting the welfare of children. In accordance with the Police Act 1997 all posts in schools are subject to disclosure of criminal records.

INVESTORS IN PEOPLE

www.hastingsbury.beds.sch.uk email: hastingsb@deal.bedfordshire.gov.uk

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Redborne Upper School and Community College
Flitwick Road, Ampthill, Bedfordshire MK45 2NU
Telephone: 01525 404462
NOR: 1,400 (400 Sixth Form) 13 – 18 Mixed Comprehensive

TEACHER IN CHARGE OF LAW

Required for September, 2008

MPS + TLR 2A (£2,423)

This is to cover a 0.5 Sixth Form teaching commitment. However the post could be made up to full-time if additional subjects such as Business Studies, PSHE or ICT could be offered.

We are seeking to appoint a motivated, experienced and enthusiastic individual to co-ordinate and lead a successful department. Our 'A' Level students have achieved outstanding examination results over the past three years. Building on that achievement we are looking for an individual who will assist students to achieve their true potential and exceed their expectations.

The successful applicant will be a graduate, ideally holding a recognised teaching qualifications, although full training will be given if they are not yet qualified. They will teach across both AS and A2 programmes, this aspect of the job will be 0.5 of a timetable and the ability to teach Business Studies would be an advantage but not essential. We also welcome applications from newly qualified teachers. A laptop computer will be issued to the successful candidate.

The successful applicant will be required to undertake a Criminal Records Bureau Disclosure.

Please telephone Lou Ellis (Headteacher's P.A.) at the school for further details and an application form.

Closing Date: Tuesday 24th June, 2008

Redborne is an oversubscribed, successful school that achieves excellent examination results. The school is well regarded and popular, situated in a very pleasant area of Central Bedfordshire, within easy reach of London. About 80% of the Sixth Form go on to University. The school has had an excellent OFSTED Report and has received the Government Achievement Award, Sports College Status, Training College Status and the Arts Mark Gold Award.

Following our Summer 2007 examination results we have been recognized by the Government and awarded High Performing School Status. We have been invited to take up a third specialism which will be Science.

ARA

Aircraft Research Association Ltd is an independent non-profit distributing research and development organisation specialising in computational fluid dynamics and wind tunnel model design, manufacture and testing for the aerodynamic design cycle of aircraft and associated flight vehicles. Our customers include most of the major Aerospace companies world-wide.

Project Manager/IT Support Manager

The Role

Reporting to the Head of Department, you will:

1. Provide the necessary leadership, supervision and organisation that are required from inception to the successful delivery of a software related project.
2. Act as the focal point for communications with the customer on all aspects of a project; in effect act as the customer's on-site representative.
3. Be personally responsible for project quality and budgetary management.
4. Maintain adequate written records of all work undertaken on a project including costs, expenditure, resources and change control.
5. Maintain a risk register with full details of proposed contingency actions.
6. Own and facilitate the project review/status review process.
7. Lead and direct the IT support team.
8. Assist with the formation and implementation of the IT Strategy.

The Person

a) A track record of successful project management and IT support management within an engineering/software company.
b) An HND/Degree in an associated engineering/technical discipline.
c) Management of a multi-disciplined team.
d) Excellent communication and problem solving skills.
e) Attention to detail.
f) Conversant with standard Microsoft Office tools.
g) Some exposure to high performance computing.

This position offers a competitive salary plus a comprehensive benefits package.

Interested candidates should write with a full CV including current salary, detailing your skills, experience and personal aptitudes to The Human Resources Department, Aircraft Research Association Limited, Manton Lane, Bedford, MK41 7PF or e-mail the HR Administrator mcook@ara.co.uk.

Closing date for applications: 27th June 2008

Aircraft Research Association Limited is an Equal Opportunities Employer.

NO AGENCIES PLEASE

Bupa Care Homes www.bupa.com

Parkside - Bedford
Caddington Hall - Markyate, Luton

Team leaders - Residential

We are looking for dedicated carers with the skills and experience of working within a care home environment, to help maintain the exceptional standards in our homes for older people.

You'll need to be able to supervise, lead and develop staff, ensuring the individual needs of our residents are met as defined in our care planning process. Ideally qualified to NVQ Level 2 or equivalent, with experience within a care home environment, as well as managerial experience.

Care Assistants

We want caring and motivated individuals to join our friendly team. Experience is preferred, but is not essential for days, as training will be given. Day and night shifts are available.

Housekeepers

If you can help maintain the highest levels of cleanliness, hygiene and safety in our home - join the team. We'll train you, so you don't need experience.

To apply for the above or for more information on roles within other homes in other areas, please call Pat Laing, Home Manager at Parkside Residential Home, on 01234 359 084.

If successful, you must gain enhanced-level disclosure from the Criminal Records Bureau. www.disclosure.gov.uk

Bupa Care Services is an equal opportunities employer and appoints solely on the basis of ability.

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Bupa

Online Advertising Sales Executive

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Based at our attractive offices by Willen Lake you will benefit from a competitive starting salary plus excellent **bonus** potential.

To apply send your CV and a covering letter to: **job0408@mkweb.co.uk**
or for more information please contact: **Carla on 01908 357037**

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MK NEWS

North Hertfordshire Homes

HOUSING MATTERS! AND SO DO YOU.

North Hertfordshire Homes is one of the largest housing associations within Hertfordshire, with responsibility for over 8,700 homes and a turnover of more than £34 million. We are dedicated to providing high quality services and placing our tenants at the centre of everything we do - and you will play a vital part in our work.

Scheme Manager (Mobile)

Up to £19,487 pro rata pa plus essential car user allowance
Based in Hitchin and surrounding area
Part Time - 25 hours

Very much our public face, this is a pivotal and wide-ranging role that includes management of the building, support services to residents, co-ordination of maintenance repairs, liaison and effective co-ordination of external agency services including GPs, nurses and social services.

We are looking for someone who has first-class organisational and communication skills and can provide flexible cover of other local schemes in the absence of colleagues. You will also have experience of working with older people.

You will be required to participate in on-call (standby) rota duties for one week in every quarter and work one weekend in four/five with time off in lieu. On-call rota duty requires applicants to live within easy reach of Hitchin.

Interview date: 7 July 2008

Community Support Officer

Up to £17,704 pa, plus car user allowance
Based in Hitchin and surrounding area
Full Time - 37 hours

This is an opportunity to drive the growth of the Community Support Service within the Supported Housing Team of North Hertfordshire Homes.

You will be based within a sheltered housing scheme in Codicote and work mainly in this community and surrounding villages, visiting people aged 55+, supporting them in their own homes. You will need a good understanding of the needs of older people and feel confident in working independently and in your ability to promote the service. You will also need a flexible approach in terms of providing cover for other staff in the North Hertfordshire area.

Interview date: 4 July 2008

Care Assistants

Up to £17,138 pro rata pa
1 Full Time - 37 hours & 1 Part Time - 25 hours

With a good understanding of the care needs of the frail and elderly and preferably with experience of working with the elderly, you will need excellent communication skills and the ability to work on your own initiative as well as part of a team. An NVQ 2 in Care is preferred but not essential as training will be given. A willingness to work as part of a rota – including sleep in duties (which are paid as an additional payment) is essential.

Interview date: 2 July 2008

Bank Care Assistants

£7.55 - £8.88 hourly rate

We currently require Bank Care Assistants with excellent communication skills to work in our 'Extra Care' schemes. With a good understanding of the care needs of the frail and elderly and preferably with experience of working with the elderly, you will need the ability to work on your own initiative and as part of a team. A willingness to work on a rota basis including sleep in duties (which are paid as an additional payment) is essential.

Interview date: 3 July 2008

Mobile Cleaner

Up to £12,444 pa plus essential car user allowance
Based in Royston and surrounding area
Full Time - 37 hours

You will be conscientious, a good communicator and be able to work on your own initiative.

Previous experience of a similar role is desirable, though not essential.

Interview date: 8 July 2008
Closing date for all positions: 23 June 2008

In return we offer a competitive benefits package, 27 days annual leave, pension, health care cash plan, supportive working environment and flexible working hours.

For further information and an application form please apply online at www.nhh.org.uk/working-at-nhh/current-vacancies/ Alternatively please contact the Human Resources team on 01462 704187 or email: recruitment@nhh.org.uk

CRB checks will be made on successful applicants.

North Hertfordshire Homes is committed to equality of opportunity. We welcome applications from all sectors of the community.

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www.nhh.org.uk

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RECEPTIONIST/ADMINISTRATOR

Family run construction firm based in Maulden require; full time receptionist/administrator.

The right candidate must have previous experience in the role with a professional, committed attitude and be an advanced user of Microsoft packages to include, outlook, word and excel.

Duties to include; covering reception front desk on a daily basis, including answering, screening and transferring telephone calls, meeting and greeting visitors, creation and implementation of a central office diary and assisting departments in key business functions.

Excellent opportunity to be established as the voice and face of the company with full control of reception.

For further details please contact Katie Sharp on 01525 409 400

HILLSON

LEA MANOR HIGH SCHOOL PERFORMING ARTS COLLEGE

Northwell Drive, Luton, Beds, LU3 3TL
Telephone: 01582 652600 / Fax: 01582 652601

Headteacher: Christine Lenihan

Lea Manor High School Performing Arts College prides itself for the pastoral care, guidance and support given to all of our students. Within the workforce reform implementation the school has been at the forefront of developing innovative practices in pastoral care by creating roles for non-teaching staff. Working within a strong ethos which promotes students' wellbeing and inclusion you will have the opportunity to work with an experienced and committed team of staff.

We are currently seeking to recruit an individual with a passion for student care and achievement. If you are currently working within education and are looking to further develop your career or working within the private sector but know you could make a difference to a young person's education and life chances we would like to hear from you.

THE FOLLOWING POSITIONS ARE AVAILABLE FROM SEPTEMBER 2008:

KEY STAGE 3 INCLUSION CENTRE MANAGER

Salary: Level 7 pts 31-34 (£21,245 - £23,153) actual salary per annum

35 hours per week (8am to 3.30pm) term time only plus 5 days for INSET

The Inclusion Centre Manager plays a key role in supporting, guiding and motivating students to reach their full potential in Key Stage 3. Working with identified students with barriers to their learning you will be responsible for ensuring that targeted young people remain on track with their education. Working within the Behaviour Support team, led by our Lead Behaviour Professional, you will play a role in supporting young people to achieve high standards of achievement. You will also help to ensure that the care and education provided meets the needs and aspirations of all the students in the key stage.

LEARNING SUPPORT ASSISTANT

Salary: Level 3 pts 16-19 (£9,220 - £9,984) actual salary per annum
25 hours per week term time only

If you are interested in any of these positions please contact the school for an Application pack including Job Description and Person Specification.

Closing Date for completed application: 9am Friday 27th June 2008

Lea Manor High School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.
Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

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Experienced drivers required

For regular work within the Beds & Bucks area, we want to hear from HGV Class 1, Class 2 & 7.5 Tonne drivers for immediate starts in the above areas.
Demonstrable Tachograph experience essential

Please contact the recruitment team on
01767 316355/07771 864553

TAF

3 Victoria Place, Biggleswade, Beds

Redborne Upper School and Community College
Flitwick Road, Ampthill, Bedfordshire MK45 2NU
Telephone: 01525 404462

NOR: 1,400 (400 Sixth Form) 13 – 18 Mixed Comprehensive

BUSINESS STUDIES TEACHER

Required for September, 2008

MATERNITY LEAVE COVER (Part Time)

A part time Business Studies Teacher is required from September 2008 to cover a maternity leave. This is a part time teaching commitment (up to 0.5) but could be made up to full-time if additional subjects such as Law, PSHE or ICT can be offered.

The successful applicant will be required to undertake a Criminal Records Bureau Disclosure.

Please telephone Lou Ellis (Headteacher's P.A.) at the school for further details and an application form.

Closing Date: Tuesday 24th June, 2008

Redborne is an oversubscribed, successful school that achieves excellent examination results. The school is well regarded and popular, situated in a very pleasant area of Central Bedfordshire, within easy reach of London. About 80% of the Sixth Form go on to University. The school has had an excellent OFSTED Report and has received the Government Achievement Award, Sports College Status, Training College Status and the Arts Mark Gold Award.

Following our Summer 2007 examination results we have been recognized by the Government and awarded High Performing School Status. We have been invited to take up a third specialism which will be Science.

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NHS Direct is a 24 hour service. As we are at our busiest during the out of hours period, a commitment to working unsocial hours, including weekends and Bank Holidays, is essential.

To find out further information about the roles please visit our open day on the 18th June from 18.00 - 21.00 and 21st June from 10.00 - 14.00 at Woburn Court, 2 Railton Road, Woburn Industrial Estate, Kempston. Alternatively please contact a Clinical Team Leader on 01234 848518.

All successful applicants are required to undertake an induction programme which will be on a full time basis (for a fixed period).

To apply please visit www.jobs.nhs.uk

For queries regarding the recruitment process please contact 0845 6001855

Closing date: 26th June 2008.
Interview date: Week commencing 7th and 14th July 2008.

No agencies please. NHS Direct is committed to equal opportunities

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The determined admission arrangements for maintained schools in Bedfordshire are available for inspection at County Hall, Cauldwell Street, Bedford MK42 9AP. Any parent wishing to object to the admission arrangements should send their objection to The Secretary, The Office of the Schools Adjudicator, Mowden Hall, Staindrop Road, Darlington DL3 9BG, by no later than 31 July 2008.

Guidance for parents on how to lodge an objection can be found on the website of the Office of the Schools Adjudicator at www.schoolsadjudicator.gov.uk

Alternatively, you can obtain that information by contacting the Bedfordshire School Admissions Service on 01234 276327.

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Bedfordshire County Council

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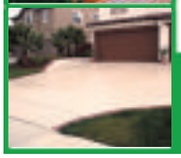

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SAM 35, black hair, green eyes, curvy, likes sport, meals out, red wine, seeks similar/older male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 228373**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0906 199 8100 Box No: 305342**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 298158**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0906 199 8100 Box No: 295212**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0906 199 8100 Box No: 288410**

45YR old female, 5ft 6ins, slim, blonde hair, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 236248** 📷

43YR old, blonde, blue eyes, looking for someone to cuddle up with. **Tel No: 0906 199 8100 Box No: 235633** 📷

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PROFESSIONAL female, 42, no ties, seeks similar male for friendship/companionship. **Tel No: 0906 199 8100 Box No: 262280**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 288282**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0906 199 8100 Box No: 271646** 📷

SHY female, likes music, nights in/out, seeks male to share happy times with. **Tel No: 0906 199 8100 Box No: 233058** 📷

FEMALE seeks presentable male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 246355** 📷

MKMOTORING

Honda juice up the Jazz range

WE'RE all agreed that Honda's Jazz is one of the best superminis you can buy.

It's well built, smartly styled and fun to drive.

The problem with the Jazz range has always been one of choice. Want a diesel engine? Tough. Want a quicker version? No dice.

These would seem to be the key areas Honda needed to address but instead of offering an oil burner and a pocket rocket, they decided to launch a junior sibling and give the remainder of the line up a wash and brush up.

Jazz buyers these days have two engine choices to consider, a 1.2-litre petrol variant as well as the 1.4 litre petrol. I

The 1.2-litre model is offered exclusively in entry-level S trim and comes with a CD stereo, electric front windows, split-fold rear seats and central locking.

The 1.4-litre car, which is available as either an SE or a Sport, gets 15-inch inch alloy wheels, door-mirror mounted LED indicators, rear electric windows, remote central locking, air-conditioning and a height adjustable driver's seat. Prices start from £9,167.

The Jazz interior is a master class in clever packaging. Moving the fuel tank from beneath the rear seats to a position under the front pair liberates the floor of the cabin and allows the seats to be folded into all sorts of permutations.

Granted, you don't get the option of removing the rear seats but they almost make up for this in their sheer versatility.

An innovative retraction system means that you're able to collapse the rear seats into the footwell with the headrests in place.

What's more impressive still is that this action doesn't involve scurrying around the car to manually slide the front seats forward, it can all be accomplished from the rear door thanks to a convenient set of levers.

The result is a perfectly flat load floor 1740mm in length.

Sports fans will appreciate the fact that if you then recline the front passenger seats, there's enough room inside the diminutive Jazz for a pair of 240cm long downhill skis.

Honda has focused on making this trick seating system as user friendly as possible.

Although the external dimensions only read 3,830mm long by 1,675mm wide, the Jazz is a good 1,525 mm tall. The driving position is fairly upright as a result and even those well over six feet tall should be able to find a comfortable position behind the wheel.

It seems that Honda has rather sidestepped the 'problem' concerning the Jazz. With no diesel-powered version and no really convincing sporting tot, the Jazz range looks a little two dimensional.

Even the 1.2-litre and 1.4-litre petrol engines are very capable supermini powerplants but two engines just don't make a mainstream supermini range.

Having said that, if the Jazz does fit your needs, you'll find one of the best cars in the class.

If only Honda would let the Jazz off the leash, it could do so much more.

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Audi A4 1.8 Turbo (190) S Line 6 spd 2004 (04) Reg.

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1 Owner 7,000 miles, full service history. Black black leather interior, air conditioning., electric windows, electric mirrors, , electric heated seats, Sat Nav DVD CD, remote central locking. 20" alloy wheels, airbag back/front. Immaculate condition, manufacturers warranty. £37,995

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Mercedes Benz CLK 320 Coupe auto Elegance 2003 (03) Reg.
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Land Rover Discovery 2.5 TD5 Metropolis S/Edition, automatic 7 Seater 2003 (03) Reg.
2 Owners, 62,000 miles, full service history, Black black leather interior, Sat-Nav, S/Step, R/C/Locking, Air conditioning, Electric Heated seats twin Electric sun roofs, Alloys, Electric windows, electric mirrors, CD, excellent condition, 12 months MOT, 12 months warranty 2/3 years optional. £12,995

Volkswagen Golf 2.0 GTI TDI 3dr Hatchback 2005 (05) Reg.
2 Owners 52,000 miles full service history. Silver/Black interior, Air conditioning, alloys, Electric Windows, Electric Mirrors, Remote Central Locking, CD. Excellent condition, 12 months MOT and 12 months Warranty 2/3 years optional. £10,995

Hyundai Tucson 2.0 CDX 2WD Auto 2006 (56) Reg.
2 Owners, 20,000 miles with full service history. Black with black leather. Air conditioning, full electrics, alloys, remote locking, CD and Clim/control. Immaculate condition. 2 years manufacturing warranty to run with 2/3 years optional. £11,995

Saab 9.3 1.9 TID Vector (150) BHP 4dr Saloon 2006 (56) Reg.
48,00 miles with full service history. Silver with Grey leather beige interior. Air conditioning, cruise control, electric windows, electric mirrors, remote central locking, Sport seats, CD, alloy wheels. Immaculate condition. Warranty till October 2009. £10,995

Jaguar X Type 2.0 Diesel SE Est 2005 (05) Reg.
1 owner with 78,000 miles full service history. Silver with black leather interior. Air conditioning, electric windows, electric mirrors, electric heated seats. Remote central locking, 6 disc CD player and alloy wheels. Excellent condition, 12 months MOT and 12 months warranty 2/3 years optional. £10,995

Audi A4 1.9 TDI 130 BHP SE 6speed Saloon 2004 (54) Reg.
1 Owner with 70,000 miles and full service history. Atlas grey interiors. Air conditioning, electric windows, electric mirrors, remote central locking, CD and alloy wheels. Excellent condition. 12 Months MOT, 12 months warranty 2/3 years optional. £10,995

Ford Focus 1.8 TDCI Ghia 5dr hatch 2003 (03) Reg.
2 Owners 79,000 miles and full service history. Ice blue metallic with grey interior, Air conditioning, electric windows, electric mirrors, central locking, alloy wheels. Excellent condition, 12 months MOT, 12 months warranty 2/3 years optional. £5,995

Vauxhall Corsa 1.7 Diesel Club 5dr Hatch 2002 (52) Reg.
2 Owners with 40,000 miles and full service history, spearmint blue fbetallic with grey interior electric windows, power steering, radio cassette, remote central locking, Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. £3,995

SALOONS & HATCHES

Mazda 6 1.8 Saloon 2004 (04) Reg.
1 Owner with 60,000 miles full service history, Silver with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD player and alloys wheels. Excellent condition, 12 months mot, 12 months warranty 2/3 years optional. £6,995

Toyota Yaris 1.0 vvti colour Collection 5dr hatch 2005 (05) Reg.
2 Owners with 34,000 miles and Full service history. Twilight blue metallic. Electric windows, power steering, remote central locking and a CD player. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. SOLD

Peugeot 206 1.4 SE 3dr hatch 2003 (03) Reg (NEW MODEL).
25,000 miles with full service history, black with navy suede interior, digital air conditioning, electric windows, electric mirrors auto headlamps function, CD player, remote central locking, Excellent condition with 12 months MOT, 12 months warranty 2/3 optional. £4,995

Vauxhall Omega 2.2 Saloon Automatic 2002 (51) Reg.
62,000 miles with full service history. Silver and black interior. Air conditioning, Electric windows, electric mirrors, central locking, CD and alloy wheels. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. £3,995

Ford KA 1.3 70 BHP 2006 (06) Reg.
37,000 miles with service history red with grey interior lady owner radio/cassette power steering air bags. Excellent condition with 12 months warranty. SOLD

Vauxhall Omega 2.0 GLS Automatic 2000 (W) Reg.
44,000 Miles with full service history dark red with grey interior, air conditioning, electric windows, electric mirrors, CD player, remote central locking, alloy wheels, excellent condition with 12 months MOT and 12 months warranty 2/3 years warranty optional. £2,995

Ford Mondeo 2.0 Zetec 5dr HATCH 2001 (Y) reg.
2 owners 102,000 miles with full service history. Silver with black interior, air conditioning, electric windows, electric mirrors, remote central locking a CD player and alloy wheels. Very good condition 12 months MOT. £1,995

Renault Clio 1.2 Dynamic RN, 3dr Hatchback 1999 (V) Reg.
Blue metallic Grey interior, Alloys, CD, Taxed and MOT'D very good condition. £1,995

Vauxhall Omega 2.0 16valve GLS Saloon Manual 1997 (P) Reg.
Silver/Grey interior, Alloys, Electric Sunroof, Remote Central locking very good condition, Taxed and MOT'D. £795

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	FORD	PRICE
06 (06)	**Mondeo 2.0 TDCi Zetec Diesel 5dr Hatch,** Silver, Alloys, Front Fogs	£9,200
06 (55)	**Mondeo 2.0 LX TDCi Diesel Hatch,** Metallic Black, Full Spec, Full Service History	£8,600
06 (06)	**Mondeo 1.8 LX 5dr Hatch,** Metallic Blue, Full Spec, Full Service History	£7,995
05 (05)	**Focus 1.6 Ghia 5dr Hatch,** Tonic Blue, Auto Lights, Auto Wipers, Keyless Entry	£9,225
05 (05)	**Focus 2.0 Ghia 5dr Hatch,** Metallic Blue, Air Con	£8,750
06 (06)	**Focus 1.6 Zetec Climate 5dr Hatch,** Metallic Red, Air Con, Alloys	£8,495
05 (55)	**Focus 1.6 Zetec Climate 5dr Hatch,** Silver, 18 Months Warranty	£8,300
04 (04)	**Focus ST170 2.0 3dr Hatch,** Metallic Blue, Air Con	£7,175
99 (T)	**Focus 1.6 LX 5dr Hatch,** Silver, Low Mileage	£2,875
05 (05)	**Ka 1.3 Collection 3dr Hatch,** Black, Air Con, Low Mileage	£4,975

	OTHER MAKES	PRICE
02 (51)	**Audi A4 1.9 TDi Diesel 4dr Saloon,** Blue	£7,350
05 (05)	**Hyundai 1.6 Coupe S 3dr,** Metallic Silver, Air Con	£6,995
00 (W)	**BMW 323i 2.5 4dr Saloon,** Silver, Automatic, Leather Trim	£6,975
05 (05)	**Kia Cerato GS 1.6 5dr Hatch,** Metallic Blue, Air Con, Low Mileage	£5,825
04 (04)	**Vauxhall Vectra 1.8 LS, 5dr Hatch,** Silver, Air Con, Cruise Control	£5,225
03 (03)	**Seat Ibiza 1.4 3dr Hatch,** Black, Air Con, CD Player	£4,750
01 (Y)	**Fiat Punto 16v Sporting 1.3 3dr Hatch,** Blue, Sunroof, Alloys	£4,375
02 (02)	**Renault Clio 1.1 Dynamique 16v 3dr Hatch,** Blue, CD, Sunroof, Electric Windows	£3,325

	COMMERCIALS	PRICE
05 (05)	**Transit 350 LWB HighRoof Van 2.5 Diesel,** White, 1 Owner, Full Ply-Line, FSH, 12 mths MOT, Warranty	£7,800+VAT
05 (05)	**Transit 350 LWB HighRoof Van 2.5 Diesel,** White, 1 Owner, Full Ply-Line, FSH, 10 mths MOT, Warranty	£7,700+VAT
05 (55)	**Transit 260 SWB Panel Van 2.0 Diesel,** White, 1 Owner, Full Ply-Line, FSH, Warranty	£5,795+VAT
04 (04)	**Transit Connect 200 1.8 Diesel,** White, New Ply-lining, Ladder Rack	£4,365+VAT

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SPORTS/PRESTIGE CARS

2005 (05) Porsche Cayenne 3.2 V6 S, Black with Black Leather, Sunroof, Xenon, Sat Nav, 29,000 Miles, Full Porsche History, 1 Owner ..... SOLD £22,995

2001 (Y) Mercedes CLK 320 Elegance Cabriolet, Auto, Blue, Aircon Climate Control, Electric Seats, Heated Seats + Much More, 51,000 Miles £10,495

2004 (54) Audi A6 Quattro 2.0 TDI SE, 5 Dr, Blue, Sat Nav, Aircon, Climate Control, Airbags, Alloy Wheels, Radio CD, 1 Owner £19,995

2002 (52) Jaguar S-Type R Supercharged, Automatic, 5 Dr, Black with Red and Black Leather Interior, Climate Control, Alloys, Airbags, Spoiler £8,695

2001 (Y) Mercedes CL500 2dr, Metallic Silver, Automatic, Alloy Wheels, Aircon, Electrically Adjustable Seats, Remote Central Locking £8,995

2005 (55) Jaguar X-Type 2.0 Diesel Sport, Black, Black Leather, Alloy Wheels, Aircon, 89,000 Miles £7,995

2001 (51) Volvo C70 2.0 T Convertible Automatic, Black, Leather Interior, Aircon, Airbags, Radio CD, Electric Windows, 66,000 Miles £6,950

1999 (V) BMW 328i Convertible, Blue, Aircon Climate Control, Electric Roof, Airbags, Immobiliser, Remote Locking £5,995

2002 (52) Audi A4 2.0 Se, 5 Dr, Topaz Blue, Aircon, Airbags, Remote Locking, Radio CD, Electric Windows, 65,000 Miles £5,695

2001 (Y) Saab 9-3 2.0 T SE, Convertible, Blue, Electric Roof/Windows/Mirrors, Aircon, Airbags, Remote Central Locking £5,295

2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio CD Player, 1 Owner, 60,000 Miles, Full Service History £4,895

2005 (05) Renault Megane Sport Tourer 1.5 DCI Expression, Aircon, Electric Windows, Central Locking, 1 Owner, 67,000 Miles £4,795

1999 (T) Volkswagen Golf 2.0 Cabriolet, Colour concept Limited Edition with two tone leather Recaro seats, Aztec Orange Metallic, looks stunning £3,595

1999 (V) Volkswagen Golf 2.0 GTI, 3Dr, Red, 17' Alloys, Aircon, Airbags, Power Steering, remote Locking, Full Service History £3,595

2004 (04) Proton Satria 1.5 Auto Sport, 3Dr, Racing Red, Alloy Wheels, Power Steering, 30,000 Miles, Airbags £3,495

2001 (51) Subaru Impreza Sport AWD, 5dr, Silver, Alloy Wheels, Central Locking, Airbags, Power Steering £2,795

1999 (T) Audi A6 1.8 T SE, 5 Dr, Blue, Aircon, Climate Control, Airbags, Alloys, Remote Central Locking, Electric Windows £2,495

1999 (T) BMW 318 TDS 3dr, Diesel, Black, Remote Central Locking, Alloy Wheels, Alarm/Immobiliser, Electric Windows/Mirrors ..... SOLD £2,250

1998 (V) Saab 9-3 2.0T S 5dr, Metallic Blue, Alloys Aircon, EWS, Parking Aid, Full Service History £1,495

2000 (X) Volvo C70 2.0T, Red, Electric Windows/Mirrors, Aircon, Airbags, Power Steering, Alarm/Immobiliser, Radio/CD ..... £

1999 (V) Volkswagen Golf 2.0 GTI, Blue, Aircon, Radio CD, Electric Windows, Remote Locking, Immobiliser, Airbags ..... £

SMALL CARS

2006 (05) Renault Clio 1.4 Dynamique, Red, Airbags, Power Steering, Radio CD, Immobiliser, Electric Windows, 13,714 Miles £5,895

2006 (05) Smart Forfour 1.1 Pureskyle, Black, Remote Central Locking, Power Steering, Immobiliser, 13,599 Miles £4,995

2006 (05) Vauxhall Corsa 1.0 12v Life 3dr, Silver, Power Steering, Alloy Wheels, Electric Windows, Remote locking, Radio CD, Airbags, 22,000 Miles, FSH ..... SOLD £4,695

2004 (04) Vauxhall Astra LS 1.6i, 5Dr Auto, Nordic Grey, Aircon, Airbags, Radio CD Player, Multi Function Steering Wheel £3,995

2004 (04) Renault Clio 1.2 Expression, 3Dr, Black, Airbags, Immobiliser, Electric Windows, Remote Locking, 50,000 Miles £3,795

2002 (02) Peugeot 206 1.4 Quicksilver with Full Grand Turismo Bodykit, only group 5 insurance, cheap tax, aircon, Alloys, Remote Locking ..... SOLD £3,695

2004 (53) Ford Fusion 2 16v 1.4, 5Dr, Sky Blue, Remote Central Locking, Air Con, Radio, Electric Windows, 33,000 Miles £3,895

2004 (04) Suzuki Ignis VVT-S 4Grip, Gunmetal Grey, 5Dr, Remote Central Locking, Power Steering, Radio CD, 22,000 Miles £3,695

2003 (03) Vauxhall Corsa 1.0 12v Active, Petrol, Ferrari Red, Radio CD player, Aircon, Power Steering, Central Locking £3,195

2002 (02) Citroen Saxo 1.4 Furio, 3 Dr, Jet Black, Radio CD Player, Airbags, Power Steering, 64,000 Miles £2,495

1996 (N) Mitsubishi Colt GLX 1.3, 3 Dr, Green, Power Steering, Airbag, Radio CD Player, Cloth Interior £1,295

FAMILY SIZED CARS

2002 (52) Audi A4 2.0 Se, 5Dr, Topaz Blue, Aircon, Airbags, Remote Locking, Radio CD, Electric Windows, 65,000 Miles £5,695

2004 (04) Peugeot 307 SE 1.6 HDi SW 7 Seater, Black, Aircon, Alloy Wheels, Remote central Locking, Radio CD, Airbags £5,295

2004 (04) Volvo S60 2.4 D5 S, 5 Dr, Metallic Grey, Diesel, Aircon, Electric Windows/Mirrors, Full service History £4,995

2004 (54) Vauxhall Astra 1.7 CDTi Club Est, Silver, Aircon, Power Steering, Alarm/Immobiliser, Remote Central Locking £4,995

2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio CD Player, 1 Owner, 60,000 Miles, Full Service History £4,895

2005 (55) Ford Focus 1.8 TDCi 100 Ghia, 5 Dr, Silver, Aircon, Radio CD Player, Electric Windows, Airbags, Cruise Control £4,695

2006 (54) Renault Scenic VVT Dynamique 5dr, Petrol, Manual, Central Locking, Airbags, Immobiliser £4,695

2004 (04) Renault Scenic 1.9 Dynamique DCI, Blue, Aircon, Electric Windows, Radio, power steering, 90,000 Miles £4,295

2002 (52) Ford Focus 1.6, 3 Dr, Gun Metal Grey, Leather Interior, Airbags, Alloy Wheels, Electric Windows, Radio CD £3,995

2003 (53) Vauxhall Signum 2.2 Elite, 5 Dr, Grey, Leather Interior, Aircon, Climate Control, Alloy Wheels, 4 Disc CD Changer £3,995

2004 (04) Vauxhall Astra LS 1.6i, 5 Dr Auto, Nordic Grey, Aircon, Airbags, Radio CD Player, Multi Function Steering Wheel £3,795

2004 (04) Vauxhall Astra Envoy Estate 1.6i, 5 Dr, Bordeaux Red, Aircon, Airbags, Power Steering, Remote Locking, immobiliser £3,495

2002 (03) Renault Megane Rx4 1.9 DCI, Green, Half Leather Interior, 4 Wheel Drive, Alloy Wheels, Aircon, Power Steering £3,495

2003 (53) Vauxhall Vectra 1.8 SXi, 5 Dr, Grey, Aircon, Climate Control, Radio CD Player, Alloy Wheels, Airbags, Full Service History £3,295

2001 (Y) Vauxhall Zafira Comfort, Auto, 5Dr, Silver, Power Steering, Aircon, Remote Central Locking, Alloy Wheels, 51,000 Miles £3,295

2003 (53) Ford Mondeo 1.8 LX, Silver, Aircon, Radio CD Player, Remote Central locking, Aircon, Power Steering, Airbags £3,295

2002 (02) Peugeot 307 XSi 2.0, Yellow, Power Steering, Aircon, Remote Central Locking, Alloy Wheels, 49,000 Miles, Full Service History £2,995

2002 (52) Ford Mondeo Zetec TDCi, Green, Remote Central locking, Aircon, Radio CD Player, Electric Windows £2,895

2001 (Y) Vauxhall Omega 2.2 CDX Estate, Green, Aircon, Climate Control, Automatic, Remote Central Locking, Immobiliser, Alloys £2,595

1999 (V) Ford Galaxy LX 2.3, 5 Dr, Blue, Aircon, Central Locking, Electric Windows, Radio, Power Steering £2,495

2000 (V) Volkswagen Bora 2.0 SE, 5 Dr, Petrol, Blue, Power Steering, Aircon, Airbags, Immobiliser £2,495

2001 (Y) Kia Magentis 2.5 V6 LX, Burgundy, Auto, Aircon, Alloy Wheels, Electric Windows/Mirrors, Remote Locking £1,995

2000 (X) Hyundai XG 30 3.0 V6 Auto, Silver, Leather Interior, Alloy Wheels, Climate Control, Cruise Control, Airbags + Much More £1,795

2000 (W) Ford Mondeo 1.8 Zetec, Alloy Wheels, Aircon, Remote Central locking, Electric Windows, Stereo, Power Steering £1,495

DIESELS

2004 (54) Audi A6 Quattro 2.0 TDi SE, 5dr Blue, Sat Nav, Aircon, Climate Control, Airbags, Alloy Wheels, Radio CD £9,995

2005 (55) Jaguar X-Type 2.0 Diesel Sport, Black, Black Leather, Alloy Wheels, Aircon, 89,000 Miles £8,695

2004 (54) Volvo V50 2.0D S, 5 Dr, willow green, air con, alloy wheels, power steering, full service history £6,295

2005 (05) Peugeot 307 HDi SE 1.6, Blue, Glass Roof, Alloy Wheels, Full Service History, 70,000 Miles, Aircon, Airbags £5,995

2004 (04) Peugeot 307 SE 1.6 HDi SW 7 Seater, Black, Aircon, Alloy Wheels, Remote central Locking, Radio CD, Airbags £5,295

2002 (52) Ford Ranger Crew Cab Pickup, Diesel 4x4, Blue, Aircon, Alloy Wheels, Electric Windows, Central locking £4,995

2004 (04) Volvo S60 2.4 D5 S, 5 Dr, Metallic Grey, Diesel, Aircon, Electric Windows/Mirrors, Full service History £4,995

2005 (05) Renault Laguna 1.9 Dci 120 Expression, Twilight Blue Metallic, Alloys, Radio CD Player, 1 Owner, 60,000 Miles, Full Service History £4,895

2005 (05) Renault Megane Sport Tourer 1.5 DCI Expression, Aircon, Electric Windows, Central Locking, 1 Owner, 67,000 Miles £4,795

2005 (55) Ford Focus 1.8 TDCi 100 Ghia, 5 Dr, Silver, Aircon, Radio CD Player, Electric Windows, Airbags, Cruise Control £4,695

2004 (04) Renault Scenic 1.9 Dynamique DCI, Blue, Aircon, Electric Windows, Radio, power steering, 90,000 Miles £4,295

1999 (T) BMW 318 TDS 3 Dr, Diesel, Black, Remote Central Locking, Alloy Wheels, Alarm/Immobiliser, Electric Windows/Mirrors £2,595

ESTATES, 4X4s & 7 SEATERS

2006 (55) Kia Sorento SX 3.5 V6 Auto, Atlantic Blue, Aircon, Alloy Wheels, Remote Central Locking, Electric Windows/Mirrors £8,995

2002 (52) Honda CR-V 2.0i-Vtec SE Sport, 5 Dr, Blue, Aircon, Alloy Wheels, Sat Nav, Airbags, Remote Locking, Radio CD, 55,486 Miles £5,995

2001 (Y) Landrover Discovery 2.5 TDS ES, 7 Seater Automatic, Oxford Blue Metallic, Alloys, Radio CD Player, 1 Owner, Full History £5,995

2004 (54) Volvo V50 2.0D S, 5 Dr, willow green, air con, alloy wheels, power steering, full service history £6,295

2005 (05) Peugeot 307 HDi SE 1.6, Blue, Glass Roof, Alloy Wheels, Full Service History, 70,000 Miles, Aircon, Airbags £5,795

2005 (05) Ford Focus C-Max 1.6 Zetec, 5 Dr, Silver, ABS Brakes, Electric Mirrors/Windows, Full Service History, 24,500 Miles £5,795

2004 (04) Peugeot 307 SE 1.6 HDi SW 7 Seater, Black, Aircon, Alloy Wheels, Remote central Locking, Radio CD, Airbags £5,495

2002 (52) Ford Ranger Crew Cab Pickup, Diesel 4x4, Blue, Aircon, Alloy Wheels, Electric Windows, Central locking £4,995

2005 (05) Renault Megane Sport Tourer 1.5 DCI Expression, Aircon, Electric Windows, Central Locking, 1 Owner, 67,000 Miles £4,795

2003 (53) Vauxhall Signum 2.2 Elite, 5 Dr, Grey, Leather Interior, Aircon, Climate Control, Alloy Wheels, 4 Disc CD Changer £3,995

2001 (Y) BMW 520i SE Touring Automatic/Tiptronic, British Racing Green, Aircon/Climate Control, Alloy Wheels, Cruise Control £3,995

2000 (W) Mitsubishi L200 2.5TD GL 4WD, Green, Manual, Power Steering, Airbags, Central Locking, Stereo, Full Service History £3,995

2003 (03) Ford Maverick 2.0 XLT, Forrest Green, Aircon, Alloy Wheels, Electric Windows, 29,000 Miles, Full Service History £3,995

2001 (51) Vauxhall Zafira 106 Comfort, Black, 7 Seater, Immobiliser, Power Steering, Electric Windows, Airbags, Radio CD £3,495

2004 (54) Ford Focus 1.8 TDi Lx, 5 Dr, Diesel, White, Alloy Wheels, Aircon, Radio/CD Player, Full Service History £3,495

2004 (04) Vauxhall Astra Envoy Estate 1.6i, 5 Dr, Bordeaux Red, Aircon, Airbags, Power Steering, Remote Locking, immobiliser £3,495

2001 (Y) Vauxhall Zafira Elegance, Auto, 5 Dr, Silver, Power Steering, Aircon, Remote Central Locking, Alloy Wheels, 51,000 Miles £3,495

2001 (Y) Hyundai Santa Fe 2.4, 5 Dr, Silver, Remote Central Locking, Aircon, Alloy Wheels, Radio/CD Changer, Power Steering £2,995

2001 (Y) Vauxhall Omega 2.2 CDX Estate, Green, Aircon, Climate Control, Automatic, Remote Central Locking, Immobiliser, Alloys £2,595

1996 (M) Mitsubishi Shogun 2.8 GLS TD, Green, Manual, Immobiliser, Aircon, Power Steering, Radio, Electric Windows £2,295

1992 (J) Isuzu Trooper, 4x4, 5 Dr, Green, Automatic, Aircon, Radio/CD, Electric Windows £1,695

ROVER/MG

2003 (03) MG ZR 1.8 160, 3 Dr, Yellow, Manual, Remote Central Locking, Alloy Wheels, Aircon, Immobiliser, 52,000 Miles £3,795

2004 (53) Rover 25 SE 1.4, Metallic Silver, Petrol, Aircon, Alloy Wheels, Airbags, Power Steering, Electric Windows £3,695

2002 (02) MG ZT 2.5 160 +, 5 Dr, Black, Remote Central Locking, Aircon, Power Steering, Alloy Wheels, Airbags £3,495

2002 (02) Rover 25 Impression S2, 5 Dr, Blue, Aircon, Alloy Wheels, Power Steering, Radio/CD, Electric Windows £2,695

2003 (52) MG ZS 2.5 180 5dr, Metallic Silver, Petrol, Manual, Aircon, Power Steering, Electric Windows, Remote Locking £2,295

2001 (51) Rover 25 1.4 Impression, 5 Dr, Silver, Radio/CD Player, Aircon, Power Steering, Alloy Wheels, 2 Owners £1,995

2001 (Y) Rover 45 Classic 16v 1.6, 5 dr, silver, power steering, air con, heated seats, airbags, 61,000 miles £1,995

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1997 (R) Vauxhall Calibre 2.0i 16V, Electric Blue, Radio CD, Airbags, Alloy Wheels, Central Locking £1,195

1996 (P) Saab 900 S, 5 Dr, black, air con, remote central locking, electric windows/mirrors, power steering ..... SOLD £695

1995 (N) BMW 520 Touring Burgundy metallic ..... SOLD £647

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99 (S) **NISSAN PRIMERA 5dr AUTO,** met green, PAS, e/w, c/l, a/c, stereo, MoT tax, vgc ... £995
99 (S) **OMEGA 2.5 ELITE,** met green, PAS, e/w, c/l, a/c, e/seats, MoT, vgc ... £1,395
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99 (S) **MEGANE SCENIC TD,** red, PAS, e/w, c/l, e/rs, stereo, MoT, vgc ... £1,595
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07885 797350 (T)

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07900 912402
01234 767671

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2001, 50,000 miles, met silver, full MoT, RAC warranty included, A1
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1998 S Reg, silver, mot oct, tax june, VGC
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07886 497810

VECTRA 2.2L 16V
2001, AUTO, MoT 03/09, P/S, R/C/L, CD, E/W, ABS, AIRCON, new T/BELT & H/GAS, 104K, FSH, 1 OWNER
£1650
07979 472584 (T)

CORSA
1.7, diesel, W/2000, colour coded, alloy wheels, just spent £700 on mechanicals, many extras
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01234 358145
07860 388898 (T)

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1997, taxed- tested, service history, bargain for someone at only
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07860 388898 (T)

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£695

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07712 834969

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07948 290366

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1.2 Merit, N Reg 95, 3dr, 12 mnths MoT, VGC
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078469 06586

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075066 88949

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1.4, automatic, 1997, 5 door, power steering, 74,000 miles, service history, CD, years MoT, 6 months tax
£1195
01234 358145
07860 388898 (T)

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07748 284212

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01234 767671

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MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316910**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 317168**

ATTRACTIVE female seeking smart, attractive male to practice some dance moves on. **Tel No: 0911 374 0222 Box No: 316296**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0911 374 0222 Box No: 306492**

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310774**

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0911 374 0222 Box No: 307180**

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. **Tel No: 0911 374 0222 Box No: 243583**

24YR old easygoing female, seeks male with similar interests. **Tel No: 0911 374 0222 Box No: 237939**

FEMALE seeks male to love her. **Tel No: 0911 374 0222 Box No: 237517**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

GORGEOUS long legged blonde, enjoys life to the full, WLTM real male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 316310**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0911 374 0222 Box No: 299302**

ATTRACTIVE single lady, 41, seeks genuine male, 38-48, for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 236066**

SAM 35, black hair, green eyes, curvy, likes sport, meals out, red wine, seeks similar/older male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 228373**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

45YR old female, 5ft 6ins, slim, blonde hair, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 236248**

43YR old, blonde, blue eyes, looking for someone to cuddle up with. **Tel No: 0911 374 0222 Box No: 235633**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

FRIENDLY cuddly brunette, 35, beautiful blue eyes, seeks similar male who's looking for fun and thrills. **Tel No: 0911 374 0222 Box No: 316318**

MIKHAILA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036**

ATTRACTIVE blonde, early 40's, seeks funny, romantic, caring male, 38-48 to make her laugh and her day shine again. **Tel No: 0911 374 0222 Box No: 287388**

ROSE 52, 5ft 4ins, Caribbean origin, likes nights in, conversation, TV, seeks tall male, 50's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 269034**

ATTRACTIVE genuine, 40yr old lady, voluptuous, GSOH, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263026**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 251238**

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. **Tel No: 0911 374 0222 Box No: 221747**

LOOKING for love? Easygoing widow, fun to be with, lovely curves, would love to meet a tall, well built male. **Tel No: 0911 374 0222 Box No: 316320**

FEMALE 40's, honest, genuine, loving, shy, seeks similar guy for nice times and company. **Tel No: 0911 374 0222 Box No: 282512**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

PROFESSIONAL female, 42, no ties, seeks similar male for friendship/companionship. **Tel No: 0911 374 0222 Box No: 262280**

SHY female, likes music, nights in/out, seeks male to share happy times with. **Tel No: 0911 374 0222 Box No: 233058**

FEMALE seeks presentable male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246355**

22 year old girl with GSOH, enjoys drinking, socialising, nights in and having a laugh, seeks similar. **Tel No: 0911 374 0222 Box No: 243540**

ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259271**

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AUBURN haired beauty, lives life in the fast lane, WLTM outgoing male for wild fun times. **Tel No: 0911 374 0222 Box No: 316324**

BUSTY bubbly, outgoing girl, 24, seeks male, any age, for no strings naughtiness. **Tel No: 0911 374 0222 Box No: 316328**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0911 374 0222 Box No: 257879**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0911 374 0222 Box No: 257085**

ATTRACTIVE 42yr old blonde female, likes keep fit, interior design, meals out, seeks attractive, slim male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263661**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

ATTRACTIVE lady 49, warm, loving, likes nights out, cuddles, seeks kind, loving male for happy relationship. **Tel No: 0911 374 0222 Box No: 263451**

BUSTY brunette 25, single mum, likes music, comedy, films, seeks male, 28-40 for new adventures and LTR. **Tel No: 0911 374 0222 Box No: 256518**

GEORGIANA 60, widow, active, 5ft 4ins, slim, likes sports, music, meals out, walks, seeks gent, 67-74 with GSOH and similar interests. **Tel No: 0911 374 0222 Box No: 255405**

KIND caring female, 49, attractive, medium build, fun, affectionate, many interests, seeks loving male. **Tel No: 0911 374 0222 Box No: 239911**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

31YR old female, brown hair, blue eyes, curvy, likes most things, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 231706**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0911 374 0222 Box No: 260545**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0911 374 0222 Box No: 309882**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

21YR old female, seeks male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 293312**

36YR old divorced female, GSOH, likes motor bikes, clubs, meals out, seeks male, 29-59 for romance and relationship. **Tel No: 0911 374 0222 Box No: 293228**

ATTRACTIVE 41yr old female, GSOH, likes meals out, cinema, nights in, pubs, seeks honest, caring male, 33-40 for possible LTR. **Tel No: 0911 374 0222 Box No: 291750**

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 287210**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

32YR old single mum, seeks male, 28-34 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 285374**

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

MATURE black female, 48, seeks intelligent, mature English gent for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 282880**

63YR old divorced female, 5ft 7ins, likes cooking, music, meals out, seeks honest, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 281828**

46YR old mum, 5ft 4ins, chatty, attractive, size 12, brown hair/eyes, likes days out, cinema, walks, dancing, seeks caring, honest male, 40-48. **Tel No: 0911 374 0222 Box No: 280652**

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 279460**

FEMALE 51, 5ft 3ins, medium build, brown eyes, smoker, seeks romantic male with GSOH. **Tel No: 0911 374 0222 Box No: 276576**

FEMALE 37, 5ft 7ins, medium build, black hair, blue eyes, GSOH, fun loving, seeks male, 37-45 for nights in/out, possible romance. **Tel No: 0911 374 0222 Box No: 272774**

SINGLE mum, 34, 5ft 2ins, medium build, loyal, caring, considerate, honest, likes country walks, seeks similar male, 34-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 270122**

ATTRACTIVE 45yr old female, 5ft 5ins, seeks tall male, 45-52 with GSOH for friendship, possible romance. **Tel No: 0911 374 0222 Box No: 263361**

MEL Afro Caribbean, 30, slim, petite, laidback, likes meals out, gym, seeks professional, white male, 30-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263021**

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KIRSTY 26, gun loving, bubbly, seeks similar male for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 262349**

FEMALE seeks fun loving male for romantic times and nights out. **Tel No: 0911 374 0222 Box No: 261267**

JANE 47, petite, brunette, smoker, many interests, seeks kind, loving, caring, solvent, handsome male, 40-55 with GSOH. **Tel No: 0911 374 0222 Box No: 261122**

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STEVE 33, likes music, gigs, cinema, sports, days out, travel, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 317872**

PHIL 47, 5ft 8ins, N/S, slim, GSOH, easygoing, romantic, seeks slim female, 38-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316972**

MALE 55, 5ft 8ins, smoker, honest, caring, trustworthy, solvent, likes nights in/out, holidays, seeks female 40-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316934**

MALE 33, 5ft 10ins, medium build, brown eyes, dark hair, trustworthy, honest, seeks elegant, mature female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310324**

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 314194**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

YOUNG looking 52yr old male, N/S, genuine and loving, seeks a special female for friendship and more. **Tel No: 0911 374 0222 Box No: 309634**

MALE 32, tall, dark hair, blue eyes, honest, caring, loving, seeks fun, easygoing female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298524**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. **Tel No: 0911 374 0222 Box No: 305564**

MARK 48, widow, 6ft 4ins, likes reading, walks, music, seeks female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304310**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. **Tel No: 0911 374 0222 Box No: 251515**

MALE 45, likes meals out, nights in, sports, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 264744**

HANDSOME divorced, 6ft male, 59, slim, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 259351**

59YR old male, divorced, solvent, retired, likes gardening, walks, nights in, seeks honest female of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258030**

36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

FED up single dad, OHAC, slim, 5ft 11ins, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 251807**

MALE 39, 5ft 11ins, blue eyes, handsome, kind, considerate, seeks female for love and romance. Single mum welcome. **Tel No: 0911 374 0222 Box No: 245223**

MALE 42, seeks adventurous, curvy, uninhibited female for discreet fun times. **Tel No: 0911 374 0222 Box No: 316818**

MALE 47, N/S, placid, easygoing, likes country walks, seeks similar minded female for friendship and more. **Tel No: 0911 374 0222 Box No: 262351**

ANDY 48, faithful, honest, romantic, passionate, seeks soul mate. **Tel No: 0911 374 0222 Box No: 316464**

MALE 57, medium build, seeks homely female for days out and nights in. **Tel No: 0911 374 0222 Box No: 314656**

GARETH 6ft 3ins, slim, athletic, likes pubs, clubs, nights out, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 313606**

27YR old male, lots of love, seeks female for fun and happiness. **Tel No: 0911 374 0222 Box No: 312858**

DAVID white, 40, likes nights out, sports, films, seeks slim, young, black female, 20-40. **Tel No: 0911 374 0222 Box No: 312660**

NICK 48, likes pubs, clubs, theatre, cinema, music, travel, seeks similar female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311422**

PROFESSIONAL male, 43, 5ft 9ins, average build, GSOH, seeks loyal, considerate female, 30-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311360**

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MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, any age to enjoy life and what the world has to offer. **Tel No: 0911 374 0222 Box No: 311066**

GENUINE easygoing male, 44, brown hair, 5ft 11ins, slim, likes socialising, sports, seeks female, 35-45 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311422**

PROFESSIONAL male, 43, 5ft 9ins, average build, GSOH, seeks loyal, considerate female, 30-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311360**

MALE 40, likes pubs, clubs, theatre, cinema, music, travel, seeks similar female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 296732**

GENUINE honest male, 32, seeks petite female for LTR. **Tel No: 0911 374 0222 Box No: 257861**

MALE 38, likes outdoor life, seeks female, 30-42 for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 311002**

47YR old divorced biker, fed up, honest, genuine, faithful, likes nights in/out, holding hands, cuddles, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 310548**

MALE 5ft 7ins, medium build, brown hair/eyes, likes pubs, meals out, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316830**

MALE 38, seeks female, 29-43 for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 316796**

5FT 10ins, blonde male, hair dresser, 20, seeks older male for fun. **Tel No: 0911 374 0222 Box No: 282554**

60YR old gay male, quiet, professional, fit, loving, caring, solvent, seeks male, 25-65 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 300070**

GOOD looking male, 38, own home, brown hair, straight acting, likes life, seeks similar for fun. **Tel No: 0911 374 0222 Box No:**

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Canaries in Carling Cup

NORWICH City stand in the way of MK Dons and the second round of the Carling Cup.

The Dons were handed the Championship side in the first round when the draw took place on Friday.

Glenn Roeder's Canaries will come to stadiummk in the week commencing August, 11, just days after the first match of the football season.

It is the fourth season in a row the Dons have been drawn against a fellow team from East Anglia in the first round of the competition having faced Ipswich, Colchester and Norwich in the last three seasons.

Last year the Dons knocked out Championship side Ipswich Town in a dramatic penalty shoot-out before falling to Sheffield Wednesday in extra-time.

The Dons will be hoping they can have a longer run in the competition this time round.

In round one and two the competition takes place between the sides in the Championship, League One and League Two.

The third round is the time every team wants to be in the Carling Cup as it is when the Premier League sides are involved in the draw.

Ince is country's top boss - official

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

IT is official Paul Ince is the best manager in England.

The MK Dons supremo topped the Newfound Resorts LMA Managers' Performance Awards - beating the 91 other bosses in the Football League and Premier League.

The award comes just a month after Ince was the only manager to win his league and not receive the League Manager of the Year accolade.

Ince topped the Mangers' Performance table which was devised to allow managers from every level of the League football to test themselves against one another.

Every competitive game counts towards a manager's individual score in the League.

Points were awarded for victories and draws, with results away from home scoring higher.

Points for clean sheets and goals-scored accumulated throughout the season, while a team's winning margin also contributed towards the total.

And with a record equalling 17 wins on the road to go along side the League Two Championship and Johnstone's Paint Trophy, Ince was always going to stand a healthy chance of winning.

The best: Paul Ince

He beat off three managers from the Barclay's Premier League; Avram Grant, Sir Alex Ferguson and Rafa Benitez who finished second, third and fourth respectively.

Ince said: "I am delighted to receive such a prestigious reward. We have enjoyed a marvellous season at MK Dons and this award is testimony to the commitment and endeavour of the staff and group of players we have here."

Richard Bevan, Chief Executive of the League Managers' Association, said: "Paul's success is richly deserved. He has enjoyed a phenomenal season and we should note that no fewer than 12 of the top 15 places in this quarter awards are filled by managers from outside the Premier League.

"This reflects to wealth of managerial talent we have in this country throughout all levels of the professional game."

As well as a new gong for his cabinet Ince also received a top of the line golf driver and a luxury holiday to Newfound's all-season Humber Valley Resort in Canada.

MK DONS FIXTURES

MK Dons will travel to Leicester City on the opening day of their 2008/09 League One season.

It is one way to start the season with a bang after Leicester City had hoped to appoint Paul Ince as their boss until the Dons denied them access.

A trip to Hereford United for the final day of the season, on Saturday, May 2, awaits the Dons.

Derby day comes early for them with Northampton Town coming to stadiummk for the first home game on Saturday, August 16 although the return fixture as Sixfields is not until Tuesday, March 3.

With no New Years Day match this season the Christmas timetable looks a little less congested.

But it is yet another away day for Dons fans on Boxing Day as they will travel to Bristol Rovers, while the much anticipated visit of Leeds United takes place on Saturday, December 20.

August
9 Leicester A
16 Northampton H
23 Huddersfield A
30 Swindon H

September
6 Yeovil H
13 Oldham A
20 Colchester A
27 Peterborough H

October
4 Millwall A
11 Carlisle H
18 Crewe A
21 Stockport H
25 Cheltenham H
28 Leyton Orient A

November
1 Tranmere H
15 Hartlepool A
22 Walsall A
25 Hereford H

December
6 Scunthorpe H
13 Brighton A
20 Leeds H
26 Bristol Rovers A
28 Southend H

January
3 Peterborough A
10 Colchester H
17 Carlisle A
24 Millwall H
27 Leyton Orient H
31 Cheltenham A

February
3 Stockport A
7 Crewe H
14 Hartlepool H
21 Tranmere A
28 Leicester H

March
3 Northampton A
7 Swindon A
10 Huddersfield H
14 Oldham H
21 Yeovil A
28 Leeds A

April
4 Brighton H
11 Southend A
13 Bristol RoversH
18 Scunthorpe A
25 Walsall H

May
2 Hereford A

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Gigi Buffon, Italy's World Cup winning goalkeeper.

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MK SPORT

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NORTHANTS CRICKET

Northants Andy Hall hits out over mid wicket

Above: Craig Spearman is hit in the head by a ball from Johannes van der Wath
Right: Neil O'Brien is given out LBW to Steve Kirby

MKSPORTSSHORTS

Macauley still boss

MK Lions have confirmed Vince Macauley will once again be at the helm next year.

After guiding his side in their most successful season Macauley has decided he is ready to do it all again in the 2008/09 campaign.

They claimed their first ever piece of silverware with the BBL Cup and reached the final of the BBL play-offs last year.

Macauley has also admitted he is hoping to make some new additions to his squad.

Open and shut for Poulter

IAN Poulter walked out of the US Open at the second round last week due to a wrist injury, ending his miserable tournament early.

Poulter started the second day on seven over par after a first round of 78.

Last year he finished tied in 36th place at Oakmont but this time round it was an embarrassing exit for the Englishman on the 15th.

It took him three attempts to putt, first he missed a six foot putt for par, then another from six inches, before tapping in and leaving the course.

He finished seven-over that day and 14-over for the tournament.

Poulter has just one top-20 finish in five starts in the season's second major.

Blowing hot and cold

A RECREATIONAL ice hockey side are continuing to scrap away in the John Cleighton-Hills Memorial Cup.

Two weeks ago they recorded a 6-2 victory over Solent Scorpions, their first of the campaign, but the next day lost to Cardiff Titans.

But the Hurricanes are back on track after another win over the Scorpions.

Hurricanes came from two goals down to win the game 10-3.

For more details log on to www.mk-news.co.uk

Where did you get that hat?

TOWCESTER Racecourse hosts its first ever Ladies' Evening tomorrow.

The meeting coincides with Ladies' Day at Royal Ascot and hopes are high that the ladies attending will dress to impress in a similar fashion.

As an extra incentive there will be a prize of £1,000 for the 'Best Dressed Lady' as well as second and third place prizes.

Admission is free of charge and the first race is scheduled to start at 6.40pm, with gates opening two hours prior to the off.

LOCAL CRICKET

MORRANTS FOUR COUNTIES LEAGUE

DIVISION ONE

CUBLINGTON's downwards spiral continued this weekend when they lost by 17 runs to Aspley Guise.

Guise reached 215 at the end of their innings, with the loss of only four wickets and it was a totally that proved too much as Cublington fell all out for 198, they are now fourth in the league.

Top-of-the-table Eaton Bray lost to second placed New Bradwell by six wickets.

Stewart Chapman took 4-38 to restrict Eaton Bray to 152, a target New Bradwell matched thanks to Teemor Alam (61) and Zaheer Ahmed (61no).

Milton Keynes won their first game of the season but remain at the bottom.

MK City (142) lost by 20 runs as they failed to reach MK's 162-8.

Newport Pagnell Town took 30 points after beating Winslow Town by 58 runs while Olney Town lost by four wickets to North Crawley.

DIVISION TWO

ESTOW's lead at the top was cut to ten points following their frustrating draw with the Open University.

Despite reaching 227-5 Estow did not take all the points as the OU batted through their innings to 179-6 to ensure the points were shared.

An unbeaten century from David Morris (106no) helped Biddenham to an eight wicket win over Edlesborough, who are in second place.

Aston Clinton stay at the bottom of the pile, despite an all round performance from Greg Poulter (40no and 3-20), following their six wicket defeat to Old Bradwell.

Stewkley moved into third place after beating Studham by 61 runs.

DIVISION THREE

MILTON Bryan (196-5) drew with New Bradwell 2nds (191-1) but stay at the top of the table.

Whitchurch beat North Crawley 2nds by 109 runs thanks to Qas Siddique's 116 with the bat and 6-18 with the ball.

Anton De Beer's knock of 104 could not help Shenley Church end to victory as they reached 228-5 but Caddington managed to battle through to 148-8 for a draw.

DIVISION FOUR

HARLINGTON went ten points clear at the top after a comprehensive nine wicket win over Old Bradwell 2nds, but they have played one more game than their rivals.

Stoke Hammond kept on their tails with an eight wicket win over Cranfield University.

Hammond eased to the 118 target set by Cranfield.

Meanwhile, Steve George's unbeaten 56 helped Willen to a 34 run victory against Totternhoe.

DIVISION FIVE

JAMES Wesley's unbeaten 88 proved vital to Milton Bryan 2nds' innings as they beat Olney Town 2nds by 62 runs.

Bryan reached 215-8 but Olney were all out for 153.

Wing are still looking for their first win after they lost to Stewkley 2nds by seven wickets.

The points were shared in the match between Turvey 2nds (188-6) and Newport Pagnell Town 2nds (188-8).

DIVISION SIX NORTH

ESTOW 2nds are continuing to lead the way in the division.

They record their fifth victory at the expense of MK Park 3rds, who fell 24 runs short of Estow's 168-9 total.

Stony Stratford 4th (103-7) drew with North Crawley 3rds (124-8) while Wolverton Town 3rds were condemned to their third defeat of the season by Great Brickhill 3rds.

CHERWELL LEAGUE

DIVISION TWO

MK Park lost their second successive match.

But this time it was by an agonising three runs.

Challow and Childrey set a relatively low target of 129, with Ghufran Mohammed taking 3-33.

However, Park are finding runs hard to come by and they could only manage 126 in reply.

Despite the defeat MK Park still remain top with 111 points.

NORTHANTS PREMIER LEAGUE

ONCE again Dion Ebrahim put in a skippers performance as Stony Stratford recorded a draw with Desborough Town.

It started brightly for Stony as Ali Khan claimed the first wicket leaving Desborough 10-1 but opening batsman Gurjeet Sapal went on to make 92.

The knock helped Desborough to reach 310.

A difficult total for Stony to reach was made even harder when only three of the ten batsman made double figures.

Luckily Ebrahim was in form with eleven fours helping him to 108 and guiding Stony to a draw.

MK SPORT

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There's a welcome on the hillside

NORTHAMPTON Steelbacks entertained thousands of fans in Milton Keynes last night when they beat Gloucestershire Gladiators in a Twenty20 Cup match at Campbell Park.

Gloucestershire were put in to bat and made 170-7 off their 20 overs with Johann Law taking 2 for 28.

Northampton won by six wickets with ten balls to spare. Rob White scored 94 not out including eight fours and three sixes.

Northampton have now won all four Mid/West/Wales division games.

Cricket fans can look forward to another fast paced game tomorrow night (Thursday) when Northants host Warwickshire Bears at the same venue.

More pictures page 71

Ince favourite for Blackburn job

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

HOPES of Paul Ince remaining MK Dons manager are looking bleak.

Yesterday he was red hot favourite to take over at Blackburn Rovers.

He is thought to be in a three-way battle with former-England boss Steve McLaren and Sam Allardyce, but the bookies make Ince even money for the job.

Blackburn chairman John Williams says he hopes to appoint a new manager by the end of the week.

MK Dons chairman Pete Winkelman fears Ince will be on his way if Rovers come calling.

The Premier League team have not yet made an official approach to the Dons but it is believed behind the scenes talks have been in process.

Speaking to MK NEWS Winkelman admitted he cannot say for certain that Ince will be in charge for the Dons' new season.

He said: "I have great respect for what Paul has been able to achieve and therefore all of our supporters would understand that if in the future he went to a Premiership club.

"Whether this is the moment you can never know that and there's absolutely nothing to confirm in that direction whatsoever.

"At some point something pretty special is going to come up because he's a pretty special manager - so I don't want to begrudge him that.

"At the moment it's just mounting and increasing speculation. There has been rumours for months about Paul - that's the burden of success.

"If it becomes something it can happen very quickly. Do I expect to hold on to Paul if a Premiership side comes along and offer it's services? I know that football is about opportunities and with my relationship with Paul he would go with my blessing."

Last week the Dons denied Leicester City access to Ince, but the club know they are powerless in preventing talks between their boss and Rovers.

Winkelman added: "Paul has got us our first pieces of silverware and has created a history so I think whether he stays or goes he's already done a massive amount and he'll be a long term friend of Milton Keynes."

The Dons chairman has always described the former England captain as the 'hottest property' in football, but MK Dons are discovering their managerial seat is also in high demand.

MK NEWS understands the Dons have been bombarded by agents putting forward possible replacements if Ince goes.

Ince was unavailable for comment.

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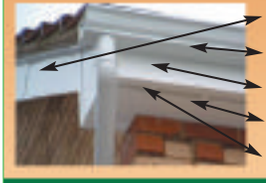
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